



September 6th 2016

Benson Tech Parents/Guardians

The first week of school is officially over and now we are up and running with the start of the 2016-17 school year. Here are a few things to know as we move into the second week of school.

Webpage: A lot of information regarding Benson Tech can be found on our student run webpage at www.bensonhs.net. Please be sure to access this page to find the most current information regarding Benson Tech. You can also access the Benson Tech school wide Calendar on this webpage as well.

Tardies: Please note that last week students were given a “grace period” to get acclimated to their classes and thus tardy slips were not given out to students who were late to class. This week we will begin the initiation of our tardy policy in that if a student is late to class he/she will need to go to the main office and pick up a tardy slip in order to gain access to that class. Parents please help us in encouraging our students to get to class on time as many of our teachers begin teaching their lesson once the tardy bell rings.

Stay Informed: PPS is shifting family, student and staff communication to a new tool that gives schools the ability to send texts about emergencies, closures, delays and other important news. To receive text notifications, you must opt in to the service. **You opt in by texting YES to 68453.** Parents and students should confirm their cell numbers are listed in the student information system. Staff should confirm their cell numbers are the “primary” number in the PeopleSoft system. For more info about texting, go to www.pps.net and click on the “Mobile First” button.

A Message from the Freshman Academy Team

Welcome Freshmen Parents;

Please take a moment and ask to see your child's daily planner. In the planner you will find daily class activities and homework necessary for each class.

So, when they say they don't have homework... you can double check

using that resource. Best wishes for a great year.

Freshmen Academy Team

Flex Schedule:

No School Monday, Sept 5th
No Flex schedule this week

Tuesday, Sept. 6th

-Boys Soccer @ Tualatin: JV
4pm/Varsity 7pm

Wednesday, Sept. 7th

-Cross Country @ PIL Preview @
Fernhill Park 4pm

Thursday, Sept. 8th

-JV2 Football @ Parkrose
4:30pm
-Boys Soccer at Dallas HS: JV &
Varsity 4pm
-Girls Soccer @ Hudson's Bay HS:
4pm
-Volleyball @ Home vs Madison:
JV 4:30pm/ Varsity 6:30pm

Friday, Sept. 9th

-Varsity Football @ Parkrose
7pm

Saturday, Sept. 10th

-JV Volleyball @ St.Helen's
Tournament 8am
- Cross Country @ Saxon Invite
(Salem)

Greetings from the Benson Wellness Center!

We are so happy to see your kids back here. We've had a chance to say hi to students as they have trickled in for sports physicals, band-aids, and visits to our new school nurse, Patty Locke. Everyone seems pretty happy to be back, but they ALL are staying up too late as they adjust to the new schedule (same here, frankly)!

I'd like to re-introduce you to our staff and services. We have a lot to offer your kids! We now have a full-time nurse, Patty Locke. She came over from Cleveland and is a seasoned professional. Our OHSU providers are here Mondays, 1-5 and Tuesdays and Thursdays, 8-12. Our therapists (mental health professionals) will be back soon. I'm the clinic Wellness Coordinator and School Social Worker, and will be here full time very soon-
-for this week I'm here three days.

Our mission at this clinic is to keep students physically, mentally, and emotionally healthy. We welcome communication with parents and important family members. In the coming weeks I'll be sharing more information about how students access health care, especially what Oregon law says about consenting to services and confidentiality.

In the meantime, I love feedback, and I believe care for students is enhanced by home-school communication. Please contact me at cbleckmann@pps.net, or call 503-916-5151, ext 77983.

Warmly,

Caroline Bleckmann, LCSW
Social Worker/Wellness Coordinator

PS. We also wanted to let you know that students between the ages of 12 and 19 who visit the Benson Wellness Center (BWC) may be asked to complete an anonymous survey after their visit. The survey asks about the student's satisfaction and experience at the BWC, as well as some general questions about their physical and mental health status. Students can refuse to take the survey and this will not affect their ability to get care at the BWC. To see a copy of the survey, please go to the "SBHC Data Requirements" link on <http://healthoregon.org/sbhc>. If you have questions about the survey, please contact the SBHC State Program Office at sbhc.program@state.or.us

En español:

A los estudiantes de entre 12 y 19 años que visitan el Centro de Salud en la Escuela (School-Based Health Center o SBHC) se les puede pedir que contesten una encuesta anónima después de su visita. La encuesta hace preguntas sobre la satisfacción y la experiencia del estudiante en el SBHC y otras preguntas generales sobre su estado de salud física y mental. Los estudiantes pueden negarse a participar en la encuesta y esto no afectará su capacidad de recibir atención médica en el SBHC. Para ver una copia de la encuesta, por favor vaya al enlace "SBHC data requirements" en <http://healthoregon.org/sbhc>. Si tiene alguna pregunta sobre la encuesta, póngase en contacto con la Oficina estatal del Programa SBHC en sbhc.program@state.or.us

Kind Regards,

Caroline Bleckmann, LCSW
Wellness Coordinator/Social Worker

PPS Evening Scholars:

Need to recover credit? PPS Evening Scholars offers night school classes during the week first semester if you did not pass your classes. You must see your counselor to pre-register before registration on Sept. 7 and 8th! For more information regarding the Evening Scholar semester schedule, classes that will be offered, etc. please visit their website at <http://www.pps.k12.or.us/schools/portland-evening-scholars/>.

Portland Evening Scholars Fall registration events will be September 7th and 8th, 4:30-7:00pm in the Benson Library. To pay online and not attend a registration event, pre-registration forms must be turned into counselors or faxed to 503-916-2691. Check the PESS website [pe.ss.pps.net](http://www.pps.net) for more information or call our office at 503-916-5720.

Adrienne Mulumba

Senior Data Clerk
Portland Summer/Evening Scholars
Direct:503-916-2000 x77110
Office:503-916-5720
Fax: 503-916-2691

SLIP/STAMP Test

Do you speak another language fluently and want to get world language credit? Please see your counselor to register for the SLIP/STAMP test. The STAMP test is at Benson in September and spots fill up quickly so see your counselor ASAP.

A Message form our AVID/College Coordinator Sherree Thomas-Coleman

Upcoming College Visits

SEPTEMBER 12th - 16th

9/12 Warner Pacific College (Lunch - Cafeteria))
9/12 Pacific University (Lunch - Cafeteria))
9/14 Oregon Tech (Lunch - Cafeteria)
9/15 Northwestern Salem University (Lunch - Cafeteria)

Sherree Thomas-Coleman, PhD
AVID Coordinator
College Counselor
Benson Polytechnic High School
Office: 503-916-5100 Ext 77261
Fax: 503-916-2690
Email: sthascoleman@pps.net

A Message from the Career Coordinator Miranda Ryan:

Career Days and Other Opportunities:

ZGF Architects Day (October 4th):

Simple Career Day (October 6th)

Manufacturing Day (October 7th): around 50 students will attend

Mercy Corps (October 13th)

Multnomah IT Career Day (October 20th)

Disaster Academy (October 20th): 100 students)

Puppet Labs (November 17th):

ACE Applications are now open:

Special Events:

Dress for Success- ACEY's Closet Sale

Where: Dress For Success Oregon Store

1532 NE 37th AVE. Portland, OR

When: Friday, Saturday, Sunday September 16-18th

Contact Dress for Success for more information: 503-249-7300

Volunteer Opportunities:

LifeWorks Northwest is seeking volunteers to work with children in the Therapeutic and Respite classrooms.

For more information, Contact Marita Allinson marita.allinson@lifeworksnw.org *503-984-6748

Youth Leadership and Life Saving: Search & Rescue Starts in September. Youth officers are highly trained, and lead teams on full scale missions for missing and injured people in the wilderness. We are excited to announce that the 2016/2017 training year is about to begin, and invite you to share this extraordinary opportunity with your students and colleagues.

We have two orientation nights coming up, Sept 14th, and Sept 21st at Menlo Park Elementary at 7PM.

Multnomah County Sheriff's Office Search and Rescue

12240 NE Glisan St. Portland, OR 97230

<http://www.mcsosar.org>

Kaiser Permanente Interstate Medical Office (located at 3600 N. Interstate Ave.) has started a volunteer program. We are seeking volunteers to help ensure that KP members (patients) have the greatest experience possible while on the Interstate campus. Volunteers must be at least 16 years old. Interstate will work with volunteers to determine the best fit for them. If students have a specific area or department that interests them, they should be sure to indicate this when applying so Interstate can do their best to accommodate the request (no guarantees of course). This is an excellent opportunity to impact patient comfort while also learning about a large medical office campus and meeting KP employees. To request more information or an application, email Faye Stanton at Faye.Stanton@kp.org or look up this volunteering opportunity at Volunteermatch.org and connect through the system.

Career Coordinator Information Continued:

Now Hiring:

16 and Up:

Subway

Buffalo Wild Wings

Taco Bell

Papa John's

18 and Up:

Winco Foods

Kaiser Permanente

Providence Health

UPS

Coca-Cola

Fred Meyer

For updates of upcoming career events Text the message @ccinfo to the number 81010.

Make It a Great Week!

Curtis Wilson Jr., Principal

Benson Polytechnic High School