



Please be sure to follow me
on Twitter

@BensonTechPride

Stay up to date with school
wide events by visiting our
School Calendar at
www.bensonhs.net

Athletics

Please be sure to read the
attached Athletic Schedule for
athletic events happening this
week.

Flex Schedule This Week

Thursday October 18th

Tutorial 2:23pm-3:15pm

Friday October 19th

Homecoming Assembly Schedule

Assembly: 11:09am-11:51am

October 15th 2018

PPS Youth Disaster Academy

Please note that the PPS Youth Disaster Academy will be happening here at Benson Tech on Thursday October 18th. In conjunction with PPS and the Portland Police and Fire Department certain classes will be learning about fire suppression, emergency situations and how to handle disastrous situations. We will have police, fire and medical vehicles here at the building throughout the day for this simulated event.

Principal Wilson

Financial Aid Night

Please be sure to read the attached flyer regarding Financial Aid Night for Benson Tech students and families happening on Wednesday October 17th from 6pm-7:30pm. More information is available on the attached flyer.

Sherree Thomas-Coleman, PhD

Office: 503-916-5100 Ext 77261

Fax: 503-916-2690

Email: stthomascoleman@pps.net

TAG Update (Pease See Attached Flyer)

Hello Benson Families,

I am Nicole Kennedy, Benson's TAG (Talented and Gifted) Facilitator, this is my 3rd year in this role. Please feel free to contact me with any question you may have.

Here is this months TAG News:

OMSI TAG Night is November 5th with free admission and parking for TAG Families (see attached flyer)

TAG applications are open and available until November 15th!

If you would like to have your student tested for TAG identification please see the link below or grab a form from the counseling office. TAG nominations for students is open and the forms are available on the TAG website <https://www.pps.net/doman/396>

Forms are due by November 15th and you can turn them into the main office addressed to Ms. Kennedy.

Please be sure to keep an eye out for the TAG Fall Newsletter!

K. Nicole Kennedy, LPN

503-916-5100

PPS ext. 77192 (kkennedy@pps.net)

Employment Opportunities for English Language Learners (ELL)

PCC ELL Job Fair: Please See Attached Flyer

A Message from Benson Tech Counselor Amy Henry:

Sophomores: Just a reminder that NTHS applications are due this Friday, Oct. 19 at 3:00 pm. You need to pay the bookkeeper and then bring your receipt/application to Ms. Henry in counseling. See Ms. Henry or Mr. Williams (DMP) if you have any questions.

Ms. Henry

A Message from Benson's Wellness Center Coordinator Caroline Bleckmann

The Benson Wellness Center has Flu Shots! Students need to register as patients with OHSU if they have not already by calling 503-494-8505. From there, they can come in during OHSU provider hours: Mondays, 12-4 or Tuesday/Wednesday/Thursday 8-12:00. Questions? Contact Caroline Bleckmann at cbleckmann@pps.net.

Ms. Bleckmann

Attention Students Interested in Skiing:

Please be sure to read the attached informational flyer regarding skiing for Benson Tech.

Shawn Mick

A Message from Activities Director/Leadership Instructor Jessica Murchison

Homecoming Week is October 15th-19th

We have Spirit Days planned for each day

Monday is 90s

Tuesday is Dynamic Duo

Wednesday is Pink Out - Dress all in Pink

Thursday is Sports

Friday is Colors Wars - Wear your class colors.

Freshman wear white,

Sophomores wear blue,

Juniors wear orange,

Seniors Black with all colors.

Homecoming Assembly is October 19th. We will be on a Morning Assembly Schedule with the assembly happening from 11:09am-11:51am.

Wear your class colors to the assembly.

Before the game. There will be a snow cone truck, and concessions on the field. Leadership students will also have Spirit tables set up for face painting and Spirit gear for the game. Weather dependent there will be games on the field and a movie in the Band room.

Homecoming Game is at 5:30pm on Buckman Field

Homecoming Dance begins at 7pm in the Small Gym. Dance is from 7-10pm. Dance tickets are \$5 before the game, beginning October 8th before school, at lunch and after school and \$7 at the door.

Benson Bucks

Benson Buck Store is open! Students may start redeeming Benson Bucks during Tutorial and Flex ONLY in the main hallway.

A Message from Scott Archer: Benson's Athletic Director

Fall Sports:

Time flies! Fall sports are wrapping-up the next two weeks. This week, we see our last volleyball, and soccer matches of the season.

Next week, Cross Country, and Football wrap-up their seasons.

Each program has decided to do their own respective sports night. Those coaches should be in touch about time, date, location in the very near future. Dates are not yet currently set.

Winter Sports On Deck:

Winter sports begin on Monday, November 12.

Please have your athlete cleared in our athletic office before coming out to practice/try-outs. Turning in late paperwork may mean your student misses the try-out period.

To get cleared, register online at: <https://www.familyid.com/organizations/benson-tech-high-school/>

We will need a current physical uploaded to the above website, or on file here at Benson High School. Physical forms are outside the athletic office here at Benson (room 105).

Physicals can be done at the Benson Wellness Center on campus. Here's their website: <https://www.pps.net/Page/5953>

Also, if you played a fall sport, please pay our outstanding sports fee before turning-out for a winter sport. Sports fees are capped at two sports per year (a student can participate all three seasons).

If your student has registered on FamilyID in the past, please log-in and select the winter sport your student is interested in.

Swimming:

Benson will offer swimming in some capacity. This is good news.

However, in order for this to happen we do need a volunteer coach to step-up.

Once we have numbers of those interested, we will get creative in finding pools to practice in, and we will work to enter into some swim meets. If this goes well this season, athletics feels confident we can offer a full-range varsity program in 2019-2020 season.

In the meantime, we are looking to build this program back-up, and will offer some options if your son or daughter has an interest in swimming.

Do you know of someone interested in volunteering to help get swimming back in the mix? Have them contact Benson Athletics (sarcher1@pps.net).

A Message from the AVID/College Coordinator Sherree Thomas-Coleman

Upcoming College Visits/Events

10/01 FAFSA/ORSAA Opens

10/15-19 College Week @ Benson HS

10/17 Benson's Financial Aid Workshop Night

College Week Line Up

10/15 **Western Oregon University** - Lunch time visit

10/16 **Portland State University** - Instant Admissions Workshop (1:30-3:15 Counseling Center) Sign up here: <https://www.signupgenius.com/go/5080B4DA9AB22A5FD0-psuinstant>

10/17 **Oregon Tech (OIT)** - Instant Admissions Workshop (1:30-3:15 Counseling Center) Sign up here: <https://www.signupgenius.com/go/5080B4DA9AB22A5FD0-oitinstant>

10/18 **Oregon State University** - Application Workshop (1:30-3:15 Counseling Center) Sign up here: <https://www.signupgenius.com/go/5080B4DA9AB22A5FD0-oregon>

10/19 **Portland Community College** Application Workshop (1:30-3:15 Counseling Center) Sign up here: <https://www.signupgenius.com/go/5080B4DA9AB22A5FD0-pccand1>

Class of 2019

College Prep Tips

Congratulations! It's your Senior year! Here are a few tips to help you be successful.

- Prepare to take/retake the official SAT/ACT
- Start narrowing your college choices (research admissions requirements and tuition costs)
- Start your college admissions application(s)
- Create your academic resume (i.e., high school awards, honors, clubs, athletics, activities, community service, work experience)
- Begin framing your essay for possible scholarship requirements
- Start applying for scholarships now
- Complete your FAFSA/ORSAA

Complete the Oregon Promise (2 yr) and/or OSAC (4 yr) application

More Information from Sherree Thomas-Coleman

Testing

10/27 Official ACT Test (Late Registration Oct. 14th) <http://www.act.org/content/act/en/products-and-services/the-act/registration.html>

11/05 Official SAT Test (Late Registration Oct. 24th) <https://collegereadiness.collegeboard.org/sat/register/dates-deadlines>

For *free* test prep resources visit the Khan Academy website at <https://www.khanacademy.org/sat>, Multnomah County Library website at <https://multcolib.org/resource/learningexpress-library> and/or [Number2.com](http://www.number2.com)

website at <http://www.number2.com/>

Get College and Scholarship Information on Your Phone!

Parents and students don't miss out on important scholarship deadlines and college information. Subscribe to "**Remind**" today! Simply send a text from your mobile device today to start receiving up-to-date information.

Text the following:

To: 81010

Message: @urcollege

For more information on college visits, scholarships and more, visit our website: BPHS College News at <https://sites.google.com/apps4pps.net/bphscollegenews/home>

Sherree Thomas-Coleman, PhD

College Counselor

Program Coordinator (AVID)

Testing Coordinator

Benson Polytechnic High School

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ParentVUE and StudentVUE;

An On-line Parent & Student Tracking Tool

ParentVUE is an EdBox tool that helps families stay informed about their student's progress. ParentVUE gives families the ability to: a. View their student's current course grades; b. Send e-mail to teachers; c. Set up alerts for student progress changes. As a result, grading and attendance information entered by teachers will now be available to our families through Synergy ParentVUE. ParentVUE will be available in multiple languages and also as a free mobile app. Families will receive log-in instructions to Synergy ParentVUE and StudentVUE also and links to online support materials.

Set Up Procedures:

ParentVUE: Please email Melissa Brabham at mbrabham@pps.net with ParentVUE Request in the subject line. Then she will email you back with an activation code and instructions on how to get Synergy ParentVUE set up.

StudentVUE: All student user names are first initial/last name/last 4 digits of the student id number. Ex: mbrabham23456. Student passwords are Pps##### (# = 6-digit ID number)

Melissa Brabham

VP Secretary

Counseling and Guidance Reminders

COUNSELOR INFO

A-G

Amy Henry

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H-O

Peg Schoettle

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P-Z

Steve Wren

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Sherree Thomas-Coleman

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