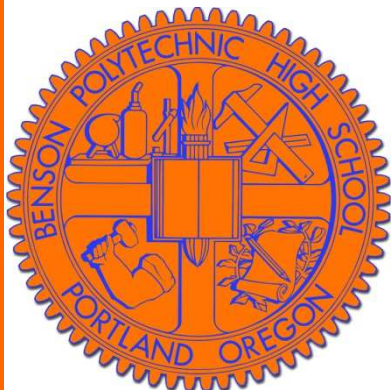


Benson Counseling Newsletter

April 4th, 2013

Amy Henry, Last Names A-L
Steve Wren, Last Names M-Z



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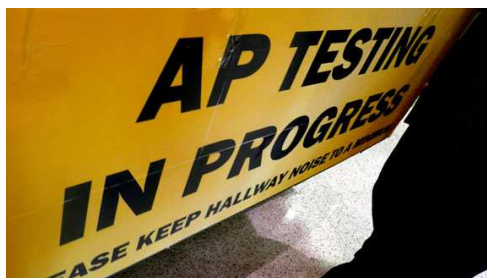
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Counseling News

FREE AP EXAM STUDY HELP!

The Oregon Department of Education has formed a partnership with Apex Learning to provide free access to online AP Exam Reviews to Oregon public school students. With the AP Exam Review, students have the opportunity to get expert, personalized preparation for 12 AP courses. With this online exam prep, diagnostics identify areas of weakness and create a study plan of online tutorials unique to each student. All the school needs to do is register the students. The DOE is maintaining a website with information about the reviews and the registration process.

More Information: <http://oregonk-12.net>
Registration: <http://oregonk-12.net/node/234>



60 DAY RULE FOR SENIORS!

Commencement Disqualification

Seniors may be disqualified from participation in commencement exercises and related activities if within 60 days of the last senior school day they are found to be in violation of District Drug and Alcohol policy or any Level 3 or greater violation resulting in a disciplinary action of suspension.

THE 60 DAY RULE BEGINS ON APRIL 6, 2013.

Please be mindful of this as we move into PROM season and SENIOR celebrations!

Dear Parents

FREE NELA WEBINARS

NELA, a local non-profit that mentors kids into college is offering a series of free webinars that you can tune into and learn about the College Finance process. One is listed below, though there's a variety.

Understanding and Comparing Financial Aid Packages

Wednesday, April 10
4PM PST

Register at: events.nela.net

live multimedia presentations using an internet-connected device and phone. Other webinar topics include:

- [College Financial Literacy: Stretching Student Aid Dollars](#)
- [Understanding & Comparing Financial Aid Packages](#)
- [Student Loans 101: Know Before You Borrow](#)
- [What Now?: Didn't Get In/Can't Afford It](#)

Anyone who wants to learn more about going to college can access these



COLLEGE VISITS

4/24--Marines @ 12:10

Sign up in the College & Career Center!

CAREER DAYS

4/17--Children's Developmental Health Institute- Speech Pathology Career Day

4/18--Adidas Career Day

4/23--McKinstry Career Day
McKinstry's innovative employees work on every aspect of operating the built environment, like development, engineering, creation and maintenance.

5/16-- High School Girls' Day
8:30 a.m. - 2:30 p.m.

5/17--Women in the Trades Career Fair
Hands-on workshops and exhibits from 8:30 a.m. - 2:30 p.m.

INTERNSHIPS & JOBS

Portland Parks and Rec is looking to hire people for summer employment. See Ms. Ryan in the Career Center for more information.

OMSI Rising Stars Youth Volunteer Program due- 4/15

OHSU Cure is an 8-10 week paid internship.
Applications are due April 5, 2013.



College and Career Center

PNACAC COLLEGE FAIR IS 4/21 @ UP

Please check out the details and find out more about registration on the last page of this newsletter!

OSU MULTICULTURAL PROGRAM

We've revamped the KCC program this year to provide specific outcomes for your students who attend. This program serves high school sophomores and juniors from underrepresented groups or others who might not consider college as an option. Some specific outcomes include:

- Understanding the admission process

and how colleges make decisions

- The role of scholarships, financial aid and the FAFSA
- Academic programs and the pathways to solid careers

Space is limited, so please register soon. We look forward to seeing you on campus April 27th!

Please check out the details on the last page of this newsletter!

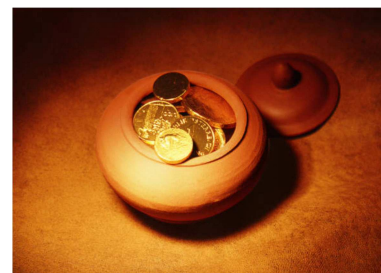
Scholarships Due

SCHOLARSHIPS IN APRIL

- OASSA Youth Scholarship: two \$1K awards. Due 4/4.
- Zman Scholarship Foundation: "The Talent Within." Due 4/5.
- Neil Kelly Memorial Scholarship: \$1K award. Due 4/19.
- 2013 Student-View: \$10,500 worth of scholarships. Due 4/21.
- Zeta Phi Sorority Oregon Dove scholarship for \$500. Due 4/29.
- Humanist of Greater Portland: \$2K scholarship. Due 4/30.

SCHOLARSHIPS IN JUNE

- Abbott & Fenner Scholarship for 1000 due 6/14
- Big sun Scholarship this scholarship is for athletes & will be awarded \$500 due- 6/21
- 2013 Careers that work Scholarship Program \$1,000 scholarship certificate due- 6/24
- Jessica Dolin Memorial Scholarship for 1000 due 6/30



Go find your pot of gold!

SCHOLARSHIPS IN MAY

- Private Pilot Scholarship for 2500 due 5/1
- Crafts and Arts Scholarship for 9000 due 5/4
- Sub Pop (Arts and Music) Scholarship for 6000 due 5/6
- Oregon Scottis Scholarship due 5/15
- Chinese Consolidated Benevolent association 20 scholarships ranging from \$500 to \$1,500 for seniors of Chinese descent due-5/17
- DPMA Scholarship for 1000 due 5/31

Opportunity Shout-Outs!

SOPHOMORE SCHOLARSHIP

The Eagle Program is a paid Internship program where you are also eligible to apply for a full ride scholarship to any Oregon university your senior year. Only sophomores are eligible to apply for this 2-year program. Find applications in the career center.

BENSON JOB FOR 2013-2014

The Benson Cafeteria is looking for student workers ASAP for the 2013-2014 school year. It is a twenty minute shift from 11:20-11:40. If you are interested, please contact the cafeteria staff as soon as possible.



2013 WOMEN IN TRADES CAREER FAIR

The largest non-traditional career fair of its kind, Oregon Tradeswomen, Inc. produces the interactive, 3-day Women in Trades Career Fair to increase the overall number of women working in the trades and to help fill the imminent gap in the labor force that will be created with record-levels of upcoming retirements of skilled trades people.

Produced annually since 1993, this unique, industry sponsored and volunteer powered event offers dozens of

hands-on activities designed to introduce women and girls to the possibility of a future career in the trades.

Click here for more information:

<http://www.tradeswomen.net/fair/>

Here's an overview of last year's fair:

http://www.tradeswomen.net/wp-content/uploads/2012/08/Review_Electronic_4_Page.pdf

May 17th is High School Girls' Day.

PNACAC COLLEGE FAIRS: Find out more about Private Catholic Schools

There's an upcoming Spring College Fair on April 21 from Noon to 3 pm at the University of Portland Chiles Center. Visit <http://www.pnacac.org/pnacac-fairs-info-and-registration>. Click on "2013 PNACAC College Fair Registrants" for a list of participating colleges.

important participants pre-register. The scanners will read mobile devices, so participants could register the day of on their smart phones but we should try to avoid that scenario if possible.

Much like the NACAC Fall Fair, the Spring Fair is shifting to a "paperless" process. Students will no longer have to fill out info card; however, they will need to register in advance at gotocollegefairs.com. There will be no onsite registration, so it's

OSU Program Supports Underserved and Diverse Communities!

Oregon State University is excited to share that we will be hosting our **Kaleidoscope of Colleges and Cultures (KCC)** program this spring on **Saturday, April 27th** at the Corvallis campus.

This program is designed to promote access to higher education for underserved and diverse communities. It is a perfect opportunity to introduce them to college through a visit to Oregon State and to plant vital seeds for their future. At this program your students will be able to:

- explore academic departments and majors
- learn how to prepare for and apply to college
- meet current Oregon State students from underserved communities
- find out about student activities, organizations and support systems available on campus

In all, they will be introduced to the student experience at Oregon State and encouraged to attend a college that is a good match for them as a key part of reaching their goals beyond high school.

This year's program is primarily for high school sophomores and juniors. Space is limited, so please register early. For an outline of the program schedule and to register online, please visit: <http://oregonstate.edu/visitosu/KCC>.