

Flex Schedule:

No flex schedule this week

Athletic Schedule

Monday, Oct. 10th

Volleyball @ Home vs Jefferson (*Senior Night) JV 4:30pm/ Varsity 6:30pm

Wednesday, Oct. 12th

Girls Soccer vs Roosevelt @ Columbia Park 4:15pm Volleyball @ Cleveland: JV 4:30pm/ Varsity 6:30pm

Thursday, Oct. 13th

JV2 Football @ Glencoe (Hare Field) 3:30pm Varsity Football @ Glencoe (Hare Field) 7pm Boys JV Soccer @ Home vs Roosevelt 4:00pm Boys Varsity Soccer @ Home vs Roosevelt 6pm (*Senior Night)

Friday, Oct. 14th

NO SCHOOL, Statewide Inservice Practice as scheduled by programs

Saturday, October 15th

Cross Country @ George Fox Invitational

October 10th 2016

Benson Tech Parents/Guardians

No School This Coming Friday

Please note that Friday October 14th will be an In-Service Day for teachers and thus there will be No School for students on Friday.

Site Council

Please note that Benson's Site Council Team will be meeting next Tuesday on October 18th from 3:30pm to 5:00pm in the Library classroom.

PSAT Day

Sophomore students and some Junior students will be taking the PSAT here at Benson Tech on Wednesday October 19th from 8am-1pm (including lunch). Freshmen, Juniors and Senior students not participating in the PSAT exam will have activities planned for them here at the school from 8am-1pm (including lunch). Please be sure that your test taking students get plenty of rest the night before the exam and have a hearty breakfast the day of the PSAT exam.

SLIMP/STAMP Test

Does your child speak another language fluently and want to get the world language credit? Please have your child see their counselor to register for the SLIP/STAMP test. The STAMP test is at Benson in September and spots fill up quickly so please have your child see their counselor ASAP.

National Technical Honor Society Update:

For current members (Juniors/Seniors):

We have a current member meeting on Tuesday, October 11 during lunch in the auditorium.

For new members (Sophomores and any Juniors who didn't apply last year): NTHS is a career technical society for students who have a minimum of a 3.0 GPA overall and a 3.25 GPA in their CTE classes. As a member, you will have an opportunity to apply for scholarships, participate in volunteer activities (great for your resume) and be recognized at graduation. We will have an informational meeting for new members on Wednesday, Oct. 12th during lunch in the auditorium.

If you have any questions, please see Ms. Henry in counseling (amyhenry@pps.net).

A Message from Nicole Kennedy: Health Occ. Instructor and BSU Advisor

Benson's Black Student Union allows students of all races to rejoice in African American culture, lifestyle, history, and activities. Our mission is to strive to make a difference in our community by focusing on leadership, education, and community service. We provide opportunities for students to express their views concerning current events, academics, and cultural arts. Please let your students know that we meet every Friday in room 236 during lunch.

Thank you,

K. Nicole Kennedy

A Message from Dave Mylet: English Instructor and Yearbook Advisor

Senior parents, the yearbook is now accepting your student's senior portraits! You can e-mail high resolution digital copies to bensonyearbook2017@gmail.com. You can also include your student's senior quote if they have one. Contact Dave Mylet (dmylet@pps.net) with any questions.

A Message from the AVID/College Coordinator Sherree Thomas-Coleman

Upcoming College Visits

October 1-15

10/11 Pacific Lutheran University (Counseling Center 9AM - Sign up on Naviance)

10/12 Portland State University (Lunch – Cafeteria)

10/12 University of Oregon (Lunch - Cafeteria)

FAFSA/ORSAA(Financial Aid) Events

10/12 FAFSA/ORSAA (Family Night) 5:30-6:30 in the Library

Parents it's time to fill out your FAFSA/ORSAA to find out how much financial assistance your student may qualify for! Don't miss our FAFSA/ORSAA presentation to learn more.

Presented by: Jen Satilino of "The College Place"

(Se habla español)

Get College and Scholarship Information on Your Phone!

Parents and students, don't miss out on important scholarship deadlines and college information. Subscribe to "**Remind**" today! Simply send a text from your mobile device today to start receiving up-to-date information.

Text the following:

To: 81010

Message: @urcollege

Act Six Leadership Scholarship Deadline: November 8th

Register at <u>warnerpacific.regfox.com/path-to-scholarship</u>

Sherree Thomas-Coleman, PhD

AVID Coordinator

College Counselor

Benson Polytechnic High School

Office: 503-916-5100 Ext 77261

Fax: 503-916-2690

Email: sthomascoleman@pps.net

Career Days in October:

<u>Mercy Corps</u> (Oct. 13th, 8:45-2). Learn about careers, community development practices, engage in team activities, and design a program.

<u>Aviation Career Day</u> (Oct. 18, 9:30-12:15). Visit the Troutdale Airport and meet professionals in the aviation industry and learn about career opportunities.

Disaster Academy (Oct. 20th, 8-3:30)

Umpqua Bank (Oct. 21, time TBD)

Other Career Related Opportunities:

<u>ACE</u> (Architecture, Construction and Engineering) Program Applications are now open. Information Sessions: Oct. 13 or Nov. 8, 5:00 pm - 6:30 pm, GBD Architects, 1120 NW Couch St # 300, Portland, OR 97209.

OregonAEYC Fall Conference (Oct. 14 & 15, 8:40-noon, Clackamas High School).

Oaeyc@oregonaeyc.com for more information.

<u>ChickTech:</u> Free yearlong program for high school girls to engage with technology and the local tech community. It kicks off November 5th and 6th and then continues with events around different careers, technologies, and companies throughout the school year. Interested students stop by the Counseling Center and talk to the Career Coordinator.

Volunteer Opportunities:

Wordstock (Nov 5, 9-6pm). Literary Arts is seeking 300 volunteers to fill various roles including book fair aid, book signing assistance, house and line control, box office support, registration attendant and Wordstock Rovers. The event is at the Portland Art Museum. Volunteering provides free entrance to Portland's Book Festival. To volunteer please visit: www.literary-arts.org/wordstock-volunteer or email Wordstock's Volunteer Speacilaist, Denver Olmstead at Volunteer@literary-arts.org.

LifeWorks Northwest is seeking volunteers to work with children in the Therapeutic and Respite classrooms. For more information, Contact Marita Allinson marita.allinson@lifeworksnw.org 503-984-6748.

Kaiser Permanente Interstate Medical Office (located at 3600 N. Interstate Ave.). Volunteers must be at least 16 years old. Interstate will work with volunteers to determine the best fit for them. If students have a specific area or department of interest, they should be sure to indicate this when applying (no guarantees of course). This is an excellent opportunity to impact patient comfort while also learning about a large medical office campus and meeting KP employees. To request more information or an application, email Faye Stanton at Faye.Stanton@kp.org or look up this volunteering opportunity at Volunteermatch.org.

Volunteer Opportunities:

Kaiser Permanente Interstate Medical Office (located at 3600 N. Interstate Ave.) has started a volunteer program. We are seeking volunteers to help ensure that KP members (patients) have the greatest experience possible while on the Interstate campus. Volunteers must be at least 16 years old. Interstate will work with volunteers to determine the best fit for them. If students have a specific area or department that interests them, they should be sure to indicate this when applying so Interstate can do their best to accommodate the request (no guarantees of course). This is an excellent opportunity to impact patient comfort while also learning about a large medical office campus and meeting KP employees. To request more information or an application, email Faye Stanton at Faye.Stanton@kp.org or look up this volunteering opportunity at Volunteermatch.org and connect through the system.

Affordable Internet Program:

Comcast has an affordable internet program (\$9.95) for families with children who receive free or reduced lunches through the National School Lunch Program (NSLP). Parents will need to submit documentation to verify their child receives free/reduced lunch. Link to Comcast's program: https://internetessentials.com

Let's Make It A Great Week—Principal Wilson