



Monday October 30th 2017

Parent Teacher Conferences

Please note that Parent Teacher Conferences will be happening on Wednesday and Thursday November 8th and 9th in the Benson main gym. Please be sure to review the schedule below and we hope to see you during the conferences.

Wednesday November 8th

8:00am-11:15am

1:00pm-3:00pm

5:00pm-8:00pm

Thursday November 9th

8:00am-11:15am

1:00pm-3:00pm

5:00pm-8:00pm

A Message from Amy Henry (Benson Counselor)

Sophomores Interested in NTHS (National Technical Honor Society): Applications/ payment for new members for NTHS are due on Thursday, Nov. 2 by 3:30 pm. Please remember to first pay the \$35 membership fee to the bookkeeper (she takes cash, check or you can pay online) and bring your receipt of payment/application to Ms. Henry. If you have any questions, please see Ms. Henry or Mr. Williams.

A Message Caroline Bleckmann (Benson Wellness Center)

The Benson Wellness Center has Flu Shots! Come schedule an appointment now! OHSU Providers are here Mondays, 1-4 and Tuesdays & Thursdays, 8-12. Our medical assistant Reva is a shot MASTER—you'll barely feel a thing, and you'll protect yourself and your friends and families from getting the flu!

The Benson Wellness Center

Flex Schedule:

No Flex Schedule This Week

End of the First Quarter Grading Period

Thursday November 2nd

Teacher Planning Day

Friday November 3rd (No School for Students)

Veteran's Day

Friday November 10th (No School for Staff/Students)

Athletics:

State Cross Country

Championships

Lane Community College

Saturday November 4th

Good Luck to our own

**Joseph Justice who qualified
for this State Meet.**

A Message from Scott Archer (Benson's Athletic Director)

Benson's Fall athletic season wrapped-up this week with Joseph Justice representing Benson at the 2017 OSAA State Cross Country Championship meet in Eugene, Oregon.

Fall Sports Banquet is Thursday, November 16 at 6PM starting in the auditorium, then moving to individual team recognition meetings.

Winter Sports are on deck. All athletes MUST be cleared by **Friday, November 10** by the athletic department before being allowed to Try-Out.

Athletes must have the following on file at Benson:

1. Current Physical (valid for two years)
2. If physical completed last year, please turn in an update Blue Card.
3. Student-Athlete policies form
4. Sports Fees to be paid
5. In good academic standing

Wrestling, Boys and Girls Basketball all begin Monday, November 13. All forms due to room 104.

Questions about clearance? Please email Kayte Tompkins, Benson Athletic Assistant: ktompkins1@pps.net

Scott Archer

A Message from the Benson Counselors

Letters of Recommendations for seniors from Benson staff must be requested in a timely manner (approximately 2 weeks or more in advance of your deadline) through Naviance in order to get a timely response. See your counselor for assistance if needed.

Thanks

Benson Counseling Office

A Message from the AVID/College Coordinator Sherree Thomas-Coleman

Lunch Time College Visits/Events

10/30 AVID to Portland National College Fair (Oregon Convention Center 8:30-11:30)

11/02 University of Hawaii (Cafeteria during lunch)

10/02 Eastern Oregon University (Cafeteria during lunch)

Get College and Scholarship Information on Your Phone!

Parents and students don't miss out on important scholarship deadlines and college information. Subscribe to "**Remind**" today! Simply send a text from your mobile device today to start receiving up-to-date information.

Text the following:

To: 81010

Message: @urcollege

Testing

12/09 Official ACT Test (Deadline to register Nov. 3rd)

12/02 Official SAT Test (Deadline to register Dec. 2nd)

For free test prep resources visit the Khan Academy website at <https://www.khanacademy.org/sat>, Multnomah County Library website at <https://multcolib.org/resource/learningexpress-library> and/or Number2.com

Upcoming Scholarship Deadlines

Act Six Scholarship - Full Tuition - *Deadline November 7, 2017*. Visit <http://www.actsix.org/nw/portland/> to

For cultural, merit, and need-based scholarships visit: <https://www.fastweb.com/college-scholarships>

Dell Scholars Program - *Deadline November 1, 2017*. For details visit www.dellscholars.org

Ron Brown Scholarship - *Deadline November 1, 2017* (Black/AA students) www.ronbrown.org/section/apply/application-timeline

Seniors: For help finding additional scholarships is your CIS account (found in your Google classroom) visit the Counseling Center TODAY!

Juniors: Oregon State School of Business may have a scholarship just for you! Visit https://oregonstate.qualtrics.com/jfe/form/SV_9FAD6zZT9Eb26JT for details.

Sherree Thomas-Coleman, PhD

Program Coordinator (AVID)

College Counselor

Benson Polytechnic High School

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A Message from Miranda Ryan (Benson's Career Coordinator): Please see attached Career Newsletter

Career Opportunity Updates:

To get the most current information, text @ccinfo to 81010

Check out the Career News Website: <https://sites.google.com/a/apps4pps.net/benson-polytechnic-career-news/career-opportunity-updates>

Also please check out the Current Career Opportunities Newsletter that is attached. In it you will find:

- Career Day opportunities for your students
- Workshops for students to build job skills

Message's from Benson's Athletic Director Scott Archer

A. Winter Clearance forms are due Friday, November 10 in the athletics office (Room 104). All required forms must be on file at Benson Tech with complete signatures before any winter athlete can try-out for a winter sport. The start date for winter sports is Monday November 13.

There are instructions about the required paperwork on the Benson Athletic Website:

<http://www.bensonathletics.com/>

B. Athletics is currently searching for a Westling coach and Swimming coach as well. If interested please be sure to contact Mr. Archer (sarcher1@pps.net) in the Benson Athletic office.

C. Please be sure to remind your students that backpacks and large bags per PPS Policy will not be allowed into Football or Basketball games this school year.

Benson's Athletic Director

A Message from the Benson Tech Librarian

Change to Flex/Tutorial

The Benson Library has become an extremely popular place for students to congregate during the flex/tutorial times that occur twice a week after the last period of the day. Unfortunately, this means that the space becomes very overcrowded, noisy, etc. and is no longer a place that students can come to work or read. To honor the original purpose of flex/tutorial time, I have decided to implement the policy that some of the other high school libraries have been using for the last few years. This new policy started on Thursday, October 19th. The new policy can be read on the Benson Library webpage or here: [Policies](#) .

Need Practice for Important Tests? Go to Learning Express...

Is your student taking the ACT, PSAT, or SAT this year? The Benson Library has **Learning Express**, courtesy of the Oregon State Library, that gives students access to online practice tests and strategies on how to solve test problems. Please see the instructions on how to access **Learning Express** from home. If you are using PPS internet, no login or password is needed, but from home networks, please use

Login: port, Password: oslis

[Learning Express Instructions](#)---Please start on step 3.

Julie Morris