

<u>Athletics:</u> <u>Girls Basketball</u> Monday Jan. 22nd vs Lincoln JV2 at 4pm; JV at 5:30pm Varsity at 7:15pm Saturday Jan. 27th at Grant

JV 2 at Benson 11:30am JV 4pm; Varsity 7:15pm At Grant

<u>Boys Basketball</u> Monday Jan. 22nd at Lincoln Frosh at 4:00pm; JV at 5:30pm Varsity at 7:15pm

Thursday Jan. 25th at Lincoln JV at 6:30pm; Varsity at 7:30pm

Wrestling

Flex Days

Flex Days are incorporated into the Finals Schedule for this week.

Please note that the PPS School Board will be holding its weekly meeting at Benson Tech in the Benson Tech Cafeteria on Tuesday January 23rd starting at 7pm.

Monday January 22nd 2018

Benson's Final Schedule Wednesday January 24th 8:15am-9:46am Period 1 Final 9:53am-11:24am Period 2 Final 11:24am-11:59am Lunch 12:06pm-1:37pm Period 3 Final 1:44pm-3:15pm Flex

Thursday January 25th

8:15am-9:46am Period 5 Final 9:53am-11:24am Period 6 Final 11:24am-11:59am Lunch 12:06pm-1:37pm Period 7 Final 1:44pm-3:15pm Flex

Friday January 26th

8:15am-9:46am Period 4 Final 9:53am-11:24am Period 8 Final 11:24am-11:59am Lunch 12:06pm-1:37pm Flex 1:44pm-3:15pm Flex

Benson Winter Formal

Benson's Winter Formal, Winter in Paris, is coming soon. February 3rd, here at Benson from 7-10 pm. Tickets will go on sale starting January 22nd, before and after school and during lunch. Ticket costs, if purchased before the dance, will be \$12/individual \$22/duo & \$50 for a squad of 5. Tickets will be \$15 at the door, individual sales only.

Jessica Murchison

6th Annual Free Sealant Day

6th Annual Free Sealant Day is Saturday, February 3rd at the Portland Family Dentistry located at 6439 NE Sandy Blvd. The Dental Clinic will provide FREE dental exams, sealants and fluoride for children ages 6 to 15. You must schedule an appointment. Please call the Portland Family Dentistry at 503-284-3588 or email info@portlandfamilydentistry.com to schedule your appointment.

Benson Website

Please be sure to visit our website at <u>www.bensonhs.net</u> and check out our calendar to stay up on all things happening here at Benson Tech.

A Message From Amy Henry (Benson Counselor)

National Technical Honor Society (NTHS) News: We will be holding our induction ceremony for new NTHS sophomore members on Friday, February 2 during lunch (11:24am-11:59am) in the Band Room (Room 125). Dessert and drinks provided. New and current NTHS members and their parents/guardians are all welcome. If you have any questions, please contact Amy Henry, counselor, at <u>amyhenry@pps.net</u>.

Thanks! Amy Henry

Advancement Placement (AP) Exam Information

The window to register for an Advanced Placement (AP) exam is open from now until March 12. Here is the link to register: <u>https://aptestservice.com/pps/</u>

In their AP class, your student received, or will receive soon, an instruction sheet on how to register, and where to go on exam day. Except for the AP Japanese and AP Chinese exams, all AP exams will be hosted at the Oregon Convention Center: 777 NE Martin Luther King Jr Blvd, Portland, OR 97232.

Students also received the Bulletin for AP Students and Parents from the College Board detailing test administration policies, a student checklist, getting ready for exam day, and the 2018 exam schedule.

Please contact Megan Hill at <u>mhill2@pps.net</u> if you have any questions.

Megan Hill/AP Exam Coordinator

Advancement Placement (AP) Parent Meeting

There will be an Advanced Placement (AP) parent informational session in the band room at Benson on February 15 from 6:00-7:00. The session is for families wanting to learn more about what taking an AP class entails. Teachers and students will talk about AP at Benson to provide a better idea of what an AP class is like.

Please contact Megan Hill at <u>mhill2@pps.net</u> if you have any questions.

Megan Hill/AP Exam Coordinator

A Message form the Latino Network (Please See Attached Flyers)

Attached please find flyers for AILA's DACA renewal event on Saturday January 27 at the Mexican Consulate in Portland. Info also available on their <u>Facebook</u>.

Attorneys have also organized a low-no fee renewal event this Saturday January 20 @ Rockwood CDC.

LatinoNetwork Mónica Falcón Family Engagement Specialist Office: 503-283-6881 ext. 123 Cell: 503-860-4663 Email: Monica@latnet.org www.latnet.org

A Second Message from the Latino Network (Please See Attached Flyer)

Colegio de Padres will be hosting a Spanish only informational workshop next Wednesday at David Douglas High School. It is open the public.

LatinoNetwork Mónica Falcón Family Engagement Specialist Office: 503-283-6881 ext. 123 Cell: 503-860-4663 Email: Monica@latnet.org www.latnet.org

Career News Information from Miranda Ryan (Benson's Career Coordinator)

Please be sure to read the attached Career Newsletter flyer from Ms. Ryan.

Accreditation Survey

Please take a few minutes to complete a survey for the Parents/Guardians of Benson Tech students. This year Benson is being reviewed through an Accreditation process so that your student's high school transcript credits will continue to be accepted by colleges, universities and for Oregon graduation requirements. Please note this survey was made by our <u>National Accreditation Team</u> and will be used in our Accreditation process.

Your thoughtful response is appreciated as this important survey will only be available for the next two weeks.

http://eprovesurveys.advanc-ed.org/surveys/#/action/43896/31873

FLU SHOTS:

The Benson Wellness Center has Flu Shots! Come schedule an appointment now! OHSU Providers are here Mondays, 1-4 and Tuesdays & Thursdays, 8-12. Our medical assistant Reva is a shot MASTER—you'll barely feel a thing, and you'll protect yourself and your friends and families from getting the flu!

As always, we welcome your feedback, questions, and concerns! Call or email any time:

503--916-5151, ext. 77981 or email cbleckmann@pps.net

Caroline Bleckmann, LCSW

Need Practice for Important Tests? Go to Learning Express...

Is your student taking the ACT, PSAT, or SAT this year? The Benson Library has Learning Express, courtesy of the Oregon State Library, that gives students access to online practice tests and strategies on how to solve test problems. Please see the instructions on how to access Learning Express from home. If you are using PPS internet, no login or password is needed, but from home networks, please use

Login: port, Password: oslis

Learning Express Instructions---Please start on step 3. (Julie Morris)

Athletic Update From Our Athletic Director Scott Archer

Spring Clearance:

Please have your student stop by the athletic office to express interest in a spring sport. Additionally, the athletic office will tell your son or daughter what they need to fill-out to be cleared to participate on Monday, February 26.

Deadline to complete spring paperwork is Thursday, February 22.

Softball Coach Wanted:

Benson is in search of a softball coach. Please help spread the word that Benson is actively seeking a Softball coach. This is for the spring season (February 26-mid-May). Please send anyone interested to athletics: sarcher1@pps.net

The application is online at pps.net

Schedule Changes:

There have a been a couple game location/time changes for boys' and girls' basketball.

For the latest schedule, please go to: <u>http://www.osaa.org/activities/winter</u>

Click on your preferred sport, and then click on Teams and Leagues.

Click Benson, and then you can toggle between Varsity/JV/JVII schedules.

Backpacks:

It is **PPS policy** that backpacks are not allowed in the gym during evening games. There are adults staffing a bag check for students. We simply ask that your student 'bag-check' their backpack much like a coat-check. The bag-check is being staffed by the Benson Dance program, please consider a donation to Benson Dance when you see them at the game. Thank you for reminding your student to leave their backpack somewhere else, and for helping us keep our athletic events safe and enjoyable.

A Message from Sherree Thomas-Coleman AVID Coordinator/College Counselor

Tips for Benson's College-Bounders

<u>Meet with your high school counselor</u>: Your guidance and college counselors will have the resources and guidelines that can make the whole college application process a lot easier.

<u>Review your transcript</u>: Semester grades will be posted soon. Check transcript carefully for errors. If you happen to find a mistake, politely bring it the attention of your counselor.

<u>Go to college presentations</u>: Don't miss opportunities to meet with college reps on visiting our campus. This is an excellent way to learn more about the schools and to ask questions you may have.

<u>Make a list of application deadlines and supporting materials needed</u>: Read through all your applications thoroughly to find out what supporting materials they require and what their deadlines are. Post the list somewhere and/or add set notifications on your electronic device, so you remember what needs to be done.

<u>Ask for teacher recommendations</u>: If you are applying to a private college, chances are when you checked the application for other materials you need, you discovered that you would need at least one recommendation from a teacher or community member. *Be sure to ask your recommender well in advance and give them everything they ask for.*

<u>Get started on applications</u>: Create an account for the school you will be applying. Make sure you write down your username and password somewhere you won't lose it. Make a point of setting aside time every week to start filling out the general information asked for on the applications.

Begin thinking about your essays If the application requires an essay: When applicable, look over prompts and begin jotting down ideas for the essays.

<u>Complete the FAFSA/ORSAA</u>: Sign up for FAFSA PIN If you plan to apply for financial aid. You will need your completed 2016 tax documents.

<u>Sign up for the NCAA Clearinghouse, if you are a student athlete:</u> You must sign up for the NCAA Clearinghouse and send them your SAT or ACT scores if you plan on playing collegiate sports at a Division I or Division II institution.

ASK QUESTIONS! When in doubt, visit the counseling center and get help. Waiting until the last minute can make the process overwhelming.

A Message from the AVID/College Coordinator Sherree Thomas-Coleman

Financial Aid

For FAFSA/ORSAA help, visit the Counseling Center. Remember you will need your 2016 Tax documents.

Get College and Scholarship Information on Your Phone!

Parents and students don't miss out on important scholarship deadlines and college information. Subscribe to "Remind" today! Simply send a text from your mobile device today to start receiving up-to-date information.

Text the following: To: 81010 Message: @urcollege

Testing

02/10 Official ACT Test (Standby deadline February 2nd) Visit<u>http://www.act.org/content/act/en/products-and-services/the</u> <u>-act/registration.html</u>

03/10 Official SAT Test (Registration Deadline February 9th) Visit<u>https://collegereadiness.collegeboard.org/sat/register/dates</u> -deadlines

Note: PPS will be administering the ACT examination to all juniors on February 27th free of charge. Students will complete registration at Benson.

For *free* test prep resources visit **Benson's Library**, the **Khan Academy** website at <u>https://www.khanacademy.org/sat</u>, **Multnomah County Library** website at <u>https://multcolib.org/resource/learningexpress-library</u> and/or Number2.com

*Seniors don't miss the opportunity to get money for college. Apply for a scholarship TODAY!

Upcoming Scholarship Deadlines

OSAC/Oregon Promise Scholarship online application Now Open! <u>https://oregonstudentaid.gov/scholarships-</u> instructions.aspx

The Seneca Scholarship (Seniors) visit www.senecasawmill.com

Oregon PSR's Greenfield Peace Writing Scholarship (Juniors and Seniors). Visit <u>http://www.oregonpsr.org/2017_greenfield_peace_writing_scholarship</u>

Fastweb: For cultural, merit, and need-based scholarships visit: https://www.fastweb.com/college-scholarships

Sallie Mae Scholarship search too includes a variety of scholarship opportunities. Visit <u>https://www.salliemae.com/college-</u>planning/tools/scholarship-search/

Athletes: BigSun Scholarship \$500 any sport! Visit http://www.bigsunathletics.com

Seniors: Help finding additional scholarships is simple. Use your CIS account (found in your Google classroom) and/or visit the Counseling Center TODAY!

Juniors: Oregon State School of Business may have a scholarship just for you! Visit<u>https://oregonstate.qualtrics.com/jfe/form/</u> SV_9FAD6zZT9Eb26JT for details.

APIASF Scholarship Program: and Pacific Islanders Association. Deadline January 11th. Visit <u>http://www.apiasf.org/</u>scholarships.html for more details

Continued Information from Sherree Thomas-Coleman

Oregon Latino Scholarship Fund: Deadline January 31. Visit <u>http://hmccoregon.com/scholarship/</u> for more details.

Black United Fund Access: African Am/African Descent, Latino, Native American students. Visit <u>http://bufor.org/index.php/site/programs-and-services/black-united-fund-scholarships</u> for details.

Al Forthan Memorial 10K Scholarship: Deadline February 5th. Visit <u>https://www.voaor.org/al-forthan-</u> <u>memorial-scholarship</u> for more information.

Teacher Education Scholarship: Oregon PTA. Deadline March 30th. Visit <u>http://www.oregonpta.org/assets/pages/files/2018-TES_Application-Info1.pdf</u> for more details.

Humanist Essay Contest: Deadline April 16th. Visit <u>scholarship@portlandhumanists.org</u> for details.

Lighthouse Guild Scholarships for students who are visually impaired. Deadline March 31st. Visit <u>https://www.lighthouseguild.org/programs-services/scholarships/</u> for details.

Oregon Tech Foundation Scholarships: Deadline March 1st. Visit <u>http://www.oit.edu/college-costs/</u> <u>scholarships/all-students/otf</u> for more information.

The Links, Inc. 2018 Academic and Arts Scholarship for African American students. Deadline February 23rd. Visit <u>https://portlandlinksinc.org/scholarships/2018-scholarship/</u> for details.

Oregon Collectors Association Hasson/Newman Memorial Scholarships: Deadline March 1st. Visit <u>www.orcascholarshipfund.com</u> for more information.

The Sussman Fund of the Jewish Federation of Greater Portland Scholarship: Deadline March 1st. Visit <u>https://www.jewishportland.org/ourcommunity/youth</u> for details.

Evergreen Aviation and Space Museum Scholarships: Two scholarship awards available. Visit <u>http://www.evergreenmuseum.org/scholarships</u> for application and deadline information.

iQ Credit Union Scholarships: Deadline March 10th. Visit <u>https://iqcu.com/form/scholarship-application</u> for details.

Abott and Fenner Scholarship: Deadline June 14th. Visit <u>http://www.abbottandfenner.com/scholarships.php</u> for more information.

Sherree Thomas-Coleman, PhD

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