



Monday January 29th 2018

Benson Winter Formal Dance

Benson's Winter Formal, Winter in Paris, is coming soon. February 3rd, here at Benson from 7-10 pm. Tickets are now on sale before and after school and during lunch. Ticket costs, if purchased before the dance, will be \$12/individual \$22/duo & \$50 for a squad of 5. Tickets will be \$15 at the door, individual sales only.

Jessica Murchison

6th Annual Free Sealant Day

6th Annual Free Sealant Day is Saturday, February 3rd at the Portland Family Dentistry located at 6439 NE Sandy Blvd. The Dental Clinic will provide FREE dental exams, sealants and fluoride for children ages 6 to 15. You must schedule an appointment. Please call the Portland Family Dentistry at 503-284-3588 or email info@portlandfamilydentistry.com to schedule your appointment.

Benson Website

Please be sure to visit our website at www.bensonhs.net and check out our calendar to stay up on all things happening here at Benson Tech.

Advancement Placement (AP) Exam Information

The window to register for an Advanced Placement (AP) exam is open from now until March 12. Here is the link to register: <https://aptestservice.com/pps/>

In their AP class, your student received, or will receive soon, an instruction sheet on how to register, and where to go on exam day. Except for the AP Japanese and AP Chinese exams, all AP exams will be hosted at the Oregon Convention Center: 777 NE Martin Luther King Jr Blvd, Portland, OR 97232.

Students also received the Bulletin for AP Students and Parents from the College Board detailing test administration policies, a student checklist, getting ready for exam day, and the 2018 exam schedule.

Please contact Megan Hill at mhill2@pps.net if you have any questions.

Megan Hill/AP Exam Coordinator

Advancement Placement (AP) Parent Meeting

There will be an Advanced Placement (AP) parent informational session in the band room at Benson on February 15 from 6:00-7:00. The session is for families wanting to learn more about what taking an AP class entails. Teachers and students will talk about AP at Benson to provide a better idea of what an AP class is like.

Please contact Megan Hill at mhill2@pps.net if you have any questions.

Megan Hill/AP Exam Coordinator

Career News Information from Miranda Ryan (Benson's Career Coordinator)

Please be sure to read the attached Career Newsletter flyer from Ms. Ryan.

Athletics:

Girls Basketball

Tuesday Jan. 30th vs Roosevelt

JV2 at 4pm; JV at 5:30pm

Varsity at 7:15pm

Friday Feb. 2nd at Jefferson

JV 5:30pm; Varsity 7:15pm

Boys Basketball

Tuesday Jan. 30th at Roosevelt

Friday Feb. 2nd vs Jefferson

Frosh at 4:00pm; JV at 5:30pm

Varsity at 7:15pm

Wrestling

Monday Jan. 29th at 3pm

PIL Frosh/Novice Tournament

PIL District Championships at

Grant High School

Friday Feb. 2nd at 3pm &

Saturday Feb. 3rd at 9:30am

Dance Team

Dance Competition at Canby

High School 9am

Saturday Feb. 3rd

Flex Days

No Flex Days This Week

A Message from Benson's Athletic Director Scott Archer

Athletic Registration now online!

We are excited to announce that we are now offering the convenience of online athletic registration through FamilyID (www.familyid.com).

Benson Athletics will have a live link to share next week.

For now, please note that the athletic clearance process will move online, where it will be housed at FamilyID.com. For those already cleared, please have your student stop by the athletic office to express interest in a spring sport. If athletics is unaware of your student's interest in a spring sport, we won't have them cleared even if they played a fall or winter sport. Your student must come in to be added to the spring sports clearance list.

At FamilyID, you will upload your student's physical, pay athletic fees, designate which sports your student is playing, and learn about the academic requirements to be OSAA, and PIL eligible for participation.

FamilyID is a secure registration platform that provides you with an easy, user-friendly way to register for our programs, and helps us to be more administratively efficient and environmentally responsible.

When you register through FamilyID, the system keeps track of your information in your FamilyID profile. You enter your information only once for each family member for multiple uses and multiple programs.

Once we go live this week, the following must be completed:

INFORMATION NEEDED TO REGISTER:

It will be helpful to have the following information handy to allow for accurate completion of your online registration.

Doctor information, Health Insurance Information, Student ID, payment method

REGISTRATION PROCESS:

Follow these steps:

To find your program, click on the link provided (coming soon!), and select the registration form under the word ***Programs***.

Next click on the green ***Register Now*** button and scroll, if necessary, to the ***Create Account/Log In*** green buttons. If this is your first time using FamilyID, click ***Create Account***. Click ***Log In***, if you already have a FamilyID account.

Create your secure FamilyID account by entering the account owner First and Last names (parent/guardian), E-mail address and password. Select ***I Agree*** to the FamilyID Terms of Service. Click ***Create Account***.

You will receive an email with a link to activate your new account. (If you don't see the email, check your E-mail filters (spam, junk, etc.).

Click on the link in your activation E-mail, which will log you in to FamilyID.com

Once in the registration form, complete the information requested. All fields with a red* are required to have an answer.

Click the ***Continue*** button when your form is complete.

Review your registration summary.

We will have a live link next week.

A Couple of Messages From Amy Henry (Benson Counselor)

National Technical Honor Society (NTHS) News: We will be holding our induction ceremony for new NTHS sophomore members on Friday, February 2 during lunch (11:24am-11:59am) in the Band Room (Room 125). Dessert and drinks provided. New and current NTHS members and their parents/guardians are all welcome. If you have any questions, please contact Amy Henry, counselor, at amyhenry@pps.net.

Thanks! **Amy Henry**

Need to recover credit from first semester or last year? Pre-registration for night school (Evening Scholars) starts Tuesday, January 30th and classes start on February 20th. You need to see your counselor to pre-register. For more information about Evening Scholars, please visit the website at: <https://www.pps.net/Domain/92>.

Amy Henry

Outdoor School

“Are you interested in being a Student Leader for Outdoor School? Improve your leadership skills by coming to the Outdoor School Student Leader workshop on the weekend of April 6th. Sign up on the MESD Outdoor School website or through a paper sign up card in the counseling center. Contact Abigail Kindall or Thyme Masters for assistance.”

Thanks,
Abigail

FLU SHOTS:

The Benson Wellness Center has Flu Shots! Come schedule an appointment now! OHSU Providers are here Mondays, 1-4 and Tuesdays & Thursdays, 8-12. Our medical assistant Reva is a shot MASTER—you'll barely feel a thing, and you'll protect yourself and your friends and families from getting the flu!

As always, we welcome your feedback, questions, and concerns! Call or email any time: 503--916-5151, ext. 77981 or email cbleckmann@pps.net

Caroline Bleckmann, LCSW

Need Practice for Important Tests? Go to Learning Express...

Is your student taking the ACT, PSAT, or SAT this year? The Benson Library has **Learning Express**, courtesy of the Oregon State Library, that gives students access to online practice tests and strategies on how to solve test problems. Please see the instructions on how to access **Learning Express** from home. If you are using PPS internet, no login or password is needed, but from home networks, please use

Login: port, Password: oslis

[Learning Express Instructions](#)---Please start on step 3. (Julie Morris)

A Message from the AVID/College Coordinator Sherree Thomas-Coleman

Upcoming College Visits/Events

02/05 PSU Final Instant Viking Event at Benson (sign up for appt. at <http://www.signupgenius.com/go/5080b4da9ab22a5fd0-final>)

02/06 PCC and Future Connect Workshop (1PM-3PM sign up at <http://www.signupgenius.com/go/5080b4da9ab22a5fd0-pccand>)

02/15 AVID Seniors to Pacific University

02/16 ACT Practice Test (limited seats – sign up at <http://www.signupgenius.com/go/5080b4da9ab22a5fd0-psat>)

02/23 AVID Juniors to Oregon State University

Financial Aid

For FAFSA/ORSA help, visit the Counseling Center. Remember you will need your 2016 Tax documents.

02/18 **FAFSA/ORSA, Oregon Promise, and OSAC Workshop** during “flex” (2:30-3:15PM) in the Counseling Center

Testing

02/10 Official ACT Test (Standby Deadline February 2nd) Visit <http://www.act.org/content/act/en/products-and-services/the-act/registration.html>

03/10 Official SAT Test (Registration Deadline February 9th) Visit <https://collegereadiness.collegeboard.org/sat/register/dates-deadlines>

Note: PPS will be administering the ACT examination to all juniors on February 27th free of charge. Students will complete registration at Benson.

For *free* test prep resources visit **Benson’s Library**, the **Khan Academy** website at <https://www.khanacademy.org/sat> , **Multnomah County Library** website

OSAC/Oregon Promise Scholarship online application **Now Open!** <https://oregonstudentaid.gov/scholarships-instructions.aspx>

The Seneca Scholarship (Seniors) visit www.senecasawmill.com

Oregon PSR’s Greenfield Peace Writing Scholarship (Juniors and Seniors). Deadline March 5th. Visit http://www.oregonpsr.org/2017_greenfield_peace_writing_scholarship

Fastweb: For cultural, merit, and need-based scholarships visit: <https://www.fastweb.com/college-scholarships>

Sallie Mae Scholarship search too includes a variety of scholarship opportunities. Visit <https://www.salliemae.com/college-planning/tools/scholarship-search/>

Athletes: *BigSun Scholarship* \$500 any sport! Deadline June 19th. Visit <http://www.bigsunathletics.com>

Seniors: Help finding additional scholarships is simple. Use your CIS account (found in your Google classroom) and/or visit the Counseling Center TODAY!

Juniors: Oregon State School of Business may have a scholarship just for you! Visit https://oregonstate.qualtrics.com/jfe/form/SV_9FAD6zZT9Eb26JT for details.

Oregon Latino Scholarship Fund: Deadline January 31. Visit <http://hmccoregon.com/scholarship/> for more details.

Continued Information from Sherree Thomas-Coleman

Black United Fund Access: African Am/African Descent, Latino, Native American students. Deadline February 4th. Visit <http://bufor.org/index.php/site/programs-and-services/black-united-fund-scholarships> for details.

Al Forthan Memorial 10K Scholarship: Deadline February 5th. Visit <https://www.voar.org/al-forthan-memorial-scholarship> for more information.

Teacher Education Scholarship: Oregon PTA. Deadline March 30th. Visit http://www.oregonpta.org/assets/pages/files/2018-TE_Scholarship-Info1.pdf for more details.

Humanist Essay Contest: Deadline April 16th. Visit scholarship@portlandhumanists.org for details.

Lighthouse Guild Scholarships for students who are visually impaired. Deadline March 31st. Visit <https://www.lighthouseguild.org/programs-services/scholarships/> for details.

Oregon Tech Foundation Scholarships: Deadline March 1st. Visit <http://www.oit.edu/college-costs/scholarships/all-students/otf> for more information.

The Links, Inc. 2018 Academic and Arts Scholarship for African American students. Deadline February 23rd. Visit <https://portlandlinksinc.org/scholarships/2018-scholarship/> for details.

Oregon Collectors Association Hasson/Newman Memorial Scholarships: Deadline March 1st. Visit www.orcascholarshipfund.com for more information.

The Sussman Fund of the Jewish Federation of Greater Portland Scholarship: Deadline March 1st. Visit <https://www.jewishportland.org/ourcommunity/youth> for details.

Evergreen Aviation and Space Museum Scholarships: Two scholarship awards available. Visit <http://www.evergreenmuseum.org/scholarships> for application and deadline information.

iQ Credit Union Scholarships: Deadline March 10th. Visit <https://iqcu.com/form/scholarship-application> for details.

Brezos Scholars Program for Juniors: Deadline February 9th. Visit <https://bezoscholars.org/> for online application.

Abbott and Fenner Scholarship: Deadline June 14th. Visit <http://www.abbottandfenner.com/scholarships.php> for more information.

Sherree Thomas-Coleman, PhD

Program Coordinator (AVID)

College Counselor

Benson Polytechnic High School

Office: 503-916-5100 Ext 77261

Fax: 503-916-2690

Email: sthumascoleman@pps.net

A Message from Sherree Thomas-Coleman

AVID Coordinator/College Counselor

Tips for Benson's College-Bounders

Meet with your high school counselor: Your guidance and college counselors will have the resources and guidelines that can make the whole college application process a lot easier.

Review your transcript: Semester grades will be posted soon. Check transcript carefully for errors. If you happen to find a mistake, politely bring it to the attention of your counselor.

Go to college presentations: Don't miss opportunities to meet with college reps on visiting our campus. This is an excellent way to learn more about the schools and to ask questions you may have.

Make a list of application deadlines and supporting materials needed: Read through all your applications thoroughly to find out what supporting materials they require and what their deadlines are. Post the list somewhere and/or add set notifications on your electronic device, so you remember what needs to be done.

Ask for teacher recommendations: If you are applying to a private college, chances are when you checked the application for other materials you need, you discovered that you would need at least one recommendation from a teacher or community member. *Be sure to ask your recommender well in advance and give them everything they ask for.*

Get started on applications: Create an account for the school you will be applying. Make sure you write down your username and password somewhere you won't lose it. Make a point of setting aside time every week to start filling out the general information asked for on the applications.

Begin thinking about your essays if the application requires an essay: When applicable, look over prompts and begin jotting down ideas for the essays.

Complete the FAFSA/ORSAA: Sign up for FAFSA PIN if you plan to apply for financial aid. You will need your completed 2016 tax documents.

Sign up for the NCAA Clearinghouse, if you are a student athlete: You must sign up for the NCAA Clearinghouse and send them your SAT or ACT scores if you plan on playing collegiate sports at a Division I or Division II institution.

ASK QUESTIONS! When in doubt, visit the counseling center and get help. Waiting until the last minute can make the process overwhelming.