



Monday February 5th 2018

Benson Website

Please be sure to visit our website at www.bensonhs.net and check out our calendar to stay up to date on all things happening here at Benson Tech.

Advanced Placement (AP) Exam Information

The window to register for an Advanced Placement (AP) exam is open from now until March 12. Here is the link to register: <https://aptestservice.com/pps/>

In their AP class, your student received, or will receive soon, an instruction sheet on how to register, and where to go on exam day. Except for the AP Japanese and AP Chinese exams, all AP exams will be hosted at the Oregon Convention Center: 777 NE Martin Luther King Jr Blvd, Portland, OR 97232.

Students also received the Bulletin for AP Students and Parents from the College Board detailing test administration policies, a student checklist, getting ready for exam day, and the 2018 exam schedule.

Please contact Megan Hill at mhill2@pps.net if you have any questions.

Megan Hill/AP Exam Coordinator

Advanced Placement (AP) Parent Meeting

There will be an Advanced Placement (AP) parent informational session in the band room at Benson on February 15 from 6:00-7:00. The session is for families wanting to learn more about what taking an AP class entails. Teachers and students will talk about AP at Benson to provide a better idea of what an AP class is like.

Please contact Megan Hill at mhill2@pps.net if you have any questions.

Megan Hill/AP Exam Coordinator

A Message from Benson's AVID/College Counselor Sherree Thomas-Colman

Spring Financial Aid Night

Attention Seniors and Parents: Tuesday February 13th 2018

Scholarships and application deadlines are quickly approaching. Don't miss out on financial opportunities. Get your FAFSA/ORSAA, Oregon Promise and OSAC applications done. Join us in the Counseling Center from 6:00-7:00pm for a hands on workshop and pizza! Don't forget your 2016 tax documents. Please see the attached document for specific details.

Sherree Thomas-Coleman

Career News Information from Miranda Ryan (Benson's Career Coordinator)

Please be sure to read the attached Career Newsletter flyer from Ms. Ryan.

Athletics:

Girls Basketball

Tuesday Feb. 6th vs Cleveland

JV2 at 4pm; JV at 5:30pm

Varsity at 7:15pm

Thursday Feb. 8th at Wilson

JV2 at 4pm; JV 5:30pm;

Varsity 7:15pm

Boys Basketball

Tuesday Feb. 6th at Cleveland

Thursday Feb. 8th vs Wilson

Friday Feb. 9th at Franklin

Frosh at 4:00pm; JV at 5:30pm

Varsity at 7:15pm

Flex Days

Thursday Feb. 8th

Tutorial

(2:23pm to 3:15pm)

Friday Feb. 9th

Morning Assembly Schedule

Anti-Bullying Assembly

A Message From Randa BenAziz (Benson's AVID/Spanish Instructor)

Attention Seniors! Are you interested in being a tutor for our AVID class tutorial sessions here at Benson?

We have openings during 2nd, 5th, or 6th period.

Hours could count toward community service. Others options such as compensation may be available depending on applicant.

See Ms. BenAziz or Dr. Coleman for more information

Hosting a Foreign Exchange Student

If you are on the lookout for some international fun and activity, why not think about volunteer hosting a foreign exchange student for the 2018-2019 school year? You, your family, and your friends could enjoy cultural exchange and the lasting bonds of a new friendship! Northwest Student Exchange has partnered with Portland Public Schools for over 15 years. Our students come from Asia, Spain, Brazil, Europe, and Scandinavia. Year-long and semester-long exchanges are possible. For more information, contact Patricia Rimmer. Phone: 503-740-2754

Email: primmer@pps.net rimmer9492@comcast.net

A Message from Steve Naganuma (Benson's Radio Instructor)

Friday February 9th at 7:15pm, KBPS Radio will be broadcasting from the Benson vs. Franklin Girls basketball ball game. Listen live on AM-1450 and streaming on the internet at kpbs.am.

Students interested in basketball sportscasting should see Mr. Flink in the KBPS building.

Steve Naganuma

A Message from Benson's Athletic Director Scott Archer

Athletic Clearance now online:

To register your student for a Benson sport, please find all necessary paperwork, forms, etc. at the link below:

<https://www.familyid.com/organizations/benson-high-school>

Softball Coach:

Also, please welcome Linda McLellan as the new head softball coach at Benson High School.

Spring sports start on Monday, February 26:

Please register your student online through FamilyID (link above), or if they played a sport previously this academic year, have your student stop by the athletic office to express interest in a spring sport.

Go Tech!

Volunteer Opportunity for students at Benson High School from OHSU:

Please Read Below and See Attached Flyer

My name is Wallace Chan and I work with OHSU ThinkFirst Oregon. We are an injury Prevention Program located at Oregon Health and Science University (OHSU). We primarily talk about brain and spinal cord injury prevention. We have an exciting volunteer opportunity for students at an event happening on the weekend of February 17th and 18th. This is a great opportunity for students who may need to gain some volunteer hours.

Volunteers at the Kid Fest Event (Portland Expo Center) will be helping our program educate event attendees about brain and spinal cord injury prevention. They will be using our anatomy models to talk about anatomy and function of the brain, run fun and interactive activities which help people at the event understand how brain injuries can affect their everyday lives as well as help kids at the event with making a brain out of modeling clay that will be available at the event and making fun brain hats out of felt and paper where volunteers can help explain about brain function. Volunteers must be at least 15 years of age and older.

Attached, I have a flyer that can be distributed to students and has a link to our Survey Monkey sign up.

If students are interested in volunteering with us, they can find the link to sign up for a volunteer shift here: https://www.surveymonkey.com/r/ThinkFirst_2018_Kid_Fest_Volunteer

Shifts start at 9 AM on both Saturday, February 17th and Sunday February 18th

Wallace Chan

OHSU ThinkFirst Oregon

Education Presenter

Office: 503-494-7801

Cell: 503:715-7539

Messages from our Counselors

Juniors: Oregon Episcopal School (OES) is offering an SAT prep class that begins February 10 and they have some spaces available.

If you are interested, email Mrs. Henry at amyhenry@pps.net and she will forward you the information from OES.

They will have more classes later in the spring (SAT and ACT) and they may have space in those as well.

Need to recover credit from first semester or last year? Pre-registration for night school (Evening Scholars) starts Tuesday, January 30th and classes start on February 20th. You need to see your counselor to pre-register. For more information about Evening Scholars, please visit the website at: <https://www.pps.net/Domain/92>.

Amy Henry

FLU SHOTS:

The Benson Wellness Center has Flu Shots! Come schedule an appointment now! OHSU Providers are here Mondays, 1-4 and Tuesdays & Thursdays, 8-12. Our medical assistant Reva is a shot MASTER—you'll barely feel a thing, and you'll protect yourself and your friends and families from getting the flu!

As always, we welcome your feedback, questions, and concerns! Call or email any time:

503--916-5151, ext. 77981 or email cbleckmann@pps.net

Caroline Bleckmann, LCSW

Need Practice for Important Tests? Go to Learning Express...

Is your student taking the ACT, PSAT, or SAT this year? The Benson Library has **Learning Express**, courtesy of the Oregon State Library, that gives students access to online practice tests and strategies on how to solve test problems. Please see the instructions on how to access **Learning Express** from home. If you are using PPS internet, no login or password is needed, but from home networks, please use

Login: port, Password: oslis

[Learning Express Instructions](#)---Please start on step 3. (Julie Morris)

Outdoor School

"Are you interested in being a Student Leader for Outdoor School? Improve your leadership skills by coming to the Outdoor School Student Leader workshop on the weekend of April 6th. Sign up on the MESD Outdoor School website or through a paper sign up card in the counseling center. Contact Abigail Kindall or Thyme Masters for assistance."

Thanks,

Abigail

A Message from the AVID/College Coordinator Sherree Thomas-Coleman

02/05 PSU Final Instant Viking Event at Benson (sign up for appt. at <http://www.signupgenius.com/go/5080b4da9ab22a5fd0-final>)

02/06 PCC and Future Connect Workshop (1PM-3PM sign up at <http://www.signupgenius.com/go/5080b4da9ab22a5fd0-pccand>)

02/15 AVID Seniors to Pacific University

02/16 ACT Practice Test (limited seats – sign up at <http://www.signupgenius.com/go/5080b4da9ab22a5fd0-psat>)

02/23 AVID Juniors to Oregon State University

Financial Aid

02/13 **Family Financial Aid Night** (6-7PM) – FAFSA/ORSAA, OSAC, and pizza!

02/18 **FAFSA/ORSAA, Oregon Promise, and OSAC Workshop** during “flex” (2:30-3:15PM) in the Counseling Center

Testing

04/114 Official ACT Test (Registration Deadline March 9th) Visit <http://www.act.org/content/act/en/products-and-services/the-act/registration.html>

03/10 Official SAT Test (Registration Deadline February 9th) Visit <https://collegereadiness.collegeboard.org/sat/register/dates-deadlines>

Note: PPS will be administering the ACT examination to all juniors on February 27th free of charge. Students will complete registration at Benson.

For *free* test prep resources visit **Benson’s Library**, the **Khan Academy** website at <https://www.khanacademy.org/sat> , **Multnomah County Library** website at <https://multcolib.org/resource/learningexpress-library> and/or Number2.com

Continued Information from Sherree Thomas-Coleman

OSAC/Oregon Promise Scholarship online application **Now Open!** <https://oregonstudentaid.gov/scholarships-instructions.aspx>

The Seneca Scholarship (Seniors) visit www.senecasawmill.com

Oregon PSR's Greenfield Peace Writing Scholarship (Juniors and Seniors). Deadline March 5th. Visit http://www.oregonpsr.org/2017_greenfield_peace_writing_scholarship

Fastweb: For cultural, merit, and need-based scholarships visit: <https://www.fastweb.com/college-scholarships>

Sallie Mae Scholarship search too includes a variety of scholarship opportunities. Visit <https://www.salliemae.com/college-planning/tools/scholarship-search/>

Athletes: *BigSun Scholarship* \$500 any sport! Deadline June 19th. Visit <http://www.bigsunathletics.com>

Seniors: Help finding additional scholarships is simple. Use your CIS account (found in your Google classroom) and/or visit the Counseling Center TODAY!

Juniors: Oregon State School of Business may have a scholarship just for you! Visit https://oregonstate.qualtrics.com/jfe/form/SV_9FAD6zZT9Eb26JT for details.

Al Forthan Memorial 10K Scholarship: Deadline February 5th. Visit <https://www.voar.org/al-forthan-memorial-scholarship> for more information.

Teacher Education Scholarship: Oregon PTA. Deadline March 30th. Visit http://www.oregonpta.org/assets/pages/files/2018-TEES_Application-Info1.pdf for more details.

Humanist Essay Contest: Deadline April 16th. Visit scholarship@portlandhumanists.org for details.

Lighthouse Guild Scholarships for students who are visually impaired. Deadline March 31st. Visit <https://www.lighthouseguild.org/programs-services/scholarships/> for details.

Oregon Tech Foundation Scholarships: Deadline March 1st. Visit <http://www.oit.edu/college-costs/scholarships/all-students/otf> for more information.

The Links, Inc. 2018 Academic and Arts Scholarship for African American students. Deadline February 23rd. Visit <https://portlandlinksinc.org/scholarships/2018-scholarship/> for details.

Oregon Collectors Association Hasson/Newman Memorial Scholarships: Deadline March 1st. Visit www.orcascholarshipfund.com for more information.

The Sussman Fund of the Jewish Federation of Greater Portland Scholarship: Deadline March 1st. Visit <https://www.jewishportland.org/ourcommunity/youth> for details.

Evergreen Aviation and Space Museum Scholarships: Two scholarship awards available. Visit <http://www.evergreenmuseum.org/scholarships> for application and deadline information.

iQ Credit Union Scholarships: Deadline March 10th. Visit <https://iqcu.com/form/scholarship-application> for details.

Oregon Jaycee Foundation Scholarship: Deadline April 18th. Visit the Counseling Center for applications.

Brezos Scholars Program for Juniors: Deadline February 9th. Visit <https://bezosolars.org/> for online application.

Abbott and Fenner Scholarship: Deadline June 14th. Visit <http://www.abbottandfenner.com/scholarships.php> for more information.

Sherree Thomas-Coleman, PhD

Program Coordinator (AVID)

College Counselor

Benson Polytechnic High School

Office: 503-916-5100 Ext 77261

Fax: 503-916-2690

A Message from Sherree Thomas-Coleman

AVID Coordinator/College Counselor

Tips for Benson's College-Bounders

Meet with your high school counselor: Your guidance and college counselors will have the resources and guidelines that can make the whole college application process a lot easier.

Review your transcript: Semester grades will be posted soon. Check transcript carefully for errors. If you happen to find a mistake, politely bring it to the attention of your counselor.

Go to college presentations: Don't miss opportunities to meet with college reps on visiting our campus. This is an excellent way to learn more about the schools and to ask questions you may have.

Make a list of application deadlines and supporting materials needed: Read through all your applications thoroughly to find out what supporting materials they require and what their deadlines are. Post the list somewhere and/or add set notifications on your electronic device, so you remember what needs to be done.

Ask for teacher recommendations: If you are applying to a private college, chances are when you checked the application for other materials you need, you discovered that you would need at least one recommendation from a teacher or community member. *Be sure to ask your recommender well in advance and give them everything they ask for.*

Get started on applications: Create an account for the school you will be applying. Make sure you write down your username and password somewhere you won't lose it. Make a point of setting aside time every week to start filling out the general information asked for on the applications.

Begin thinking about your essays if the application requires an essay: When applicable, look over prompts and begin jotting down ideas for the essays.

Complete the FAFSA/ORSAA: Sign up for FAFSA PIN if you plan to apply for financial aid. You will need your completed 2016 tax documents.

Sign up for the NCAA Clearinghouse, if you are a student athlete: You must sign up for the NCAA Clearinghouse and send them your SAT or ACT scores if you plan on playing collegiate sports at a Division I or Division II institution.

ASK QUESTIONS! When in doubt, visit the counseling center and get help. Waiting until the last minute can make the process overwhelming.