



FIRST DAY OF SCHOOL

*Freshmen report to the New
Gym at 8:00 am*

*10th—12th Grade Students
arrive at 10:15am*

*All 8 class periods will happen
from 10:15am to 3:15pm
(Lunch will be at 12:24pm) as
we will be on a "Skinny 8
Period" class schedule with
classes being 28 minutes long
on this day.*

**Please be sure to follow me
on Twitter**

@BensonTechPride

**Stay up to date with school
wide events by visiting our
School Calendar at
www.bensonhs.net**

**There Will Be No A/B Flex
Schedule This Week**

August 27th 2018

Parents/Guardians,

Please remember that the purpose of this newsletter is to keep you informed on some of the major events that will be happening here at Benson Tech throughout the school year. You will always be able to get up to date information regarding Benson Tech by going to our website at www.bensonhs.net and looking through the website and also by viewing our school calendar that's located on the webpage as well. I will also be sending some information out throughout the school year through my Twitter page for Benson Tech. My Twitter handle is **@BensonTechPride**. Please be sure to follow me throughout the school year to get relevant information on events and happenings involving Benson Tech.

Go Tech

Principal Wilson

ParentVUE and StudentVUE;

An On-line Parent & Student Tracking Tool

ParentVUE is an EdBox tool that helps families stay informed about their student's progress. ParentVUE gives families the ability to: a. View their student's current course grades; b. Send e-mail to teachers; c. Set up alerts for student progress changes. As a result, grading and attendance information entered by teachers will now be available to our families through Synergy ParentVUE. ParentVUE will be available in multiple languages and also as a free mobile app. Families will receive log-in instructions to Synergy ParentVUE and StudentVUE and links to online support materials.

ID Cards and Bus Pass Info

Tri-Met Bus Pass: Student ID cards were produced for students during registration. Students are required to carry their Student ID card at all times during school hours and events. This card is required to check out books, attend dances, receive athletic event discounts, etc.

No School Monday September 3rd. (Labor Day)

First Day of School Special Schedule

Freshman Orientation 8:15-10:15

All Periods (1-8) Will Meet Today From 10:15-3:15

Period 1 10:15am-10:45am

Period 2 10:50am-11:18am

Period 3 11:23am-11:51am

Period 4 11:56am-12:24pm

Lunch 12:24pm-12:57pm

Period 5 1:02pm-1:36pm

Period 6 1:41pm-2:09pm

Period 7 2:14pm-2:42pm

Period 8 2:47pm-3:15pm

A Message from KBPS Radio

KBPS Radio is getting ready for our football radio broadcast season. Any Portland Public Schools high school student is eligible to be on the KBPS Radio broadcast team. Email KBPS Operations Manager, Kevin Flink (kflink@pps.net) or stop by the KBPS Broadcast Center on the back of the Benson Campus for more information on being a KBPS Sportscaster.

Steve Naganuma—Benson's Radio Instructor

PARENT/STUDENT COMMUNICATION & BENSON'S CELL PHONE/ELECTRONIC DEVICE POLICY

If parents need to reach students during the school day call the main office at (503)916-5100. Our offices will send an assistant to: a. deliver a private message; or b. bring the student down to the office speak with the parent/guardian, or call. Students who answer their phone in class will have consequences. Please help us and your student follow these important expectations to keep the classroom an optimal learning environment with minimal disruption.

A. Students may not use electronic devices in the classroom without teacher consent for classroom assignment learning purposes. All electronic devices should be out of sight and turned off in the classroom. Classrooms include shops, computer labs, the library and other instructional areas. Electronic devices include cell phones, headphones and ear buds, Air Pods, iPod, CD players, hand held games, and any other electronic distractions that have no place in the classroom.

B. Students may use electronic devices outside of the classroom during breaks and lunchtime. Teachers may confiscate any electronic device during their class period. Failure to turn over an electronic device when requested is insubordination and can result in detention or suspension. Teachers may turn electronic devices over to an administrator with a referral for further action. The administrator will:

1. First time –have the student recite the rule, assign the student three days detention **(*for the first couple of weeks of school the office will review the electronic policy and warn student violators the first offense)**
2. Second-third time- return the electronic device to the parent (the parent/guardian must come to the school and pick up).
3. More than three incidents then the student must turn in their phone daily to the V.P. office.

Benson Administration

A Message from Caroline Bleckmann: Benson's Wellness Center Coordinator

Dear Benson Tech Family Members,

Welcome back to the 2018-19 school year! Just a reminder that the Benson Wellness Center is here for your child. We see all students, regardless of ability to pay, or insurance status. Students can access the School Nurse, Social Worker, as well as primary care via OHSU. Mental Health Services are available to students on the Oregon Health Plan or who are uninsured.

Services include:

- Primary care/general wellness
- Illness evaluation
- Sports physicals
- Teenage growth and development information
- Help with mental health issues, including anxiety and depression
- Sexual health and education
- Vaccines

Questions? Contact Caroline Bleckmann at:

Caroline Bleckmann, LCSW

She/her pronouns

Wellness Coordinator/Social Worker

[Benson Wellness Center](#)

503-916-5151 ext. 77981

Benson Tech Wins Silver at SkillsUSA National Competition

During the last week of June, two Benson Polytechnic High School students traveled to the 2018 SkillsUSA National Leadership and Skills Conference in Louisville, Kentucky to compete against other high school students from around the country in their field of expertise; Samantha Wiegand in Architectural Drafting and Anthony Nguyen in Photography. Both are 2018 Benson graduates. In order to compete at the national level, Sam and Anthony placed 1st place at the SkillsUSA Oregon competition back in April.

After 3 days of competition, it was announced at the awards ceremony with over 10,000 people in attendance that Samantha Wiegand from Benson Polytechnic High School had won the Silver Medal in Architectural Drafting. Anthony did not place in Photography, but he had some very tough competition. Both students represented Benson Tech, Portland Public Schools and the State of Oregon admirably and with distinction.

Samantha is now headed off to Rensselaer Polytechnic Institute in New York to major in Engineering and Anthony will be going to Portland State University.

SkillsUSA is a partnership of students, teachers and industry working together to ensure America has a skilled workforce. The organization empowers its members to become world-class workers, leaders and responsible American citizens. SkillsUSA improves the quality of our nation's future skilled workforce through the development of Framework skills that include personal, workplace and technical skills grounded in academics. Its membership is over 360,000 divided into more than 19,000 local chapter in all 50 states and territorial associations.

Congratulations again to Sam Wiegand and Anthony Nguyen

Tammy Hite

Architecture and Drafting Instructor

Benson Auditorium Technical Staff (BATS) Adviser

Benson Polytechnic High School Alumni Association Representative

Benson Athletics

Fall Sports Is Underway

It is not too late to come out for a Fall Sport.

Before you can come out to practice (Cross-Country, Dance, Cheer, Volleyball, Soccer, and Football), you must be cleared in the athletic office.

Parent/Guardian registers on www.familyid.com/organizations/benson-high-school

After registering on FamilyID, upload, or bring in a hard copy of a current physical.

You can get a physical by connecting with the Wellness Center at Benson (Phone: 503-916-5151)

Concerned or nervous about Football safety? Come to an open house with Coach Mychal Gann

Benson Head Football Coach will be holding an open meeting for anyone with questions, reservations, and/or concerns about playing Football. This is open to all. Coach Gann will touch on the improvements made in player safety, why there's never been a safer time to play Football, and what the Benson Football program does to maintain a healthy, fun football experience. We invite anyone on the fence about Football to attend, and ask questions.

The meeting will be held **Tuesday, August 28, 6:30PM in the Band room.**

Fall Sports Schedules:

The Oregon School Activities Association provides a great resource for schedules, scores, standings, etc. All information pertaining to OSAA/Benson sports can be found at www.osaa.org

Benson Athletics will update school release times, and bus times on the OSAA website. Please refer to this website with dismissal, bus, or game times.

Volleyball: <http://www.osaa.org/activities/vbl/teams-leagues>

Boys Soccer: <http://www.osaa.org/activities/bsc/teams-leagues>

Girls' Soccer: <http://www.osaa.org/activities/gsc/teams-leagues> (under JV and JVII tabs)

Football: <http://www.osaa.org/activities/fbl/teams-leagues> (5A league)

Scott Archer—Benson's Athletic Director

A Message from the AVID/College Coordinator Sherree Thomas-Coleman

Upcoming College Visits/Events

09/10 Oregon Trades Women (11:20 – 12:00 Lunch Time in Counseling Center)

09/17 Oregon Tech/OIT (11:20 – 12:00 Lunch Time in Cafeteria)

09/18 Washington State University (11:20 – 12:00 Lunch Time in Cafeteria)

09/18 AVID Family Information Night (5:00 - 6:00PM Room 114)

Class of 2019

College Prep Tips

Congratulations! It's your Senior year! Here are a few tips to help you be successful.

- Prepare to take/retake the official SAT/ACT
- Start narrowing your college choices (research admissions requirements and tuition costs)
- Create your academic resume (i.e., high school awards, honors, clubs, athletics, activities, community service, work experience)
- Begin framing your essay for possible scholarship requirements

Start applying for scholarships now (visit your College Counselor today)

Testing

10/27 Official ACT Test (Deadline to register Sept. 28th) <http://www.act.org/content/act/en/products-and-services/the-act/registration.html>

10/06 Official SAT Test (Deadline to register Sept. 7th) <https://collegereadiness.collegeboard.org/sat/register/dates-deadlines>

For *free* test prep resources visit the Khan Academy website at <https://www.khanacademy.org/sat>, Multnomah County Library website at <https://multcolib.org/resource/learningexpress-library> and/or [Number2.com](http://www.number2.com)

website at <http://www.number2.com/>

Get College and Scholarship Information on Your Phone!

Parents and students don't miss out on important scholarship deadlines and college information. Subscribe to "**Remind**" today! Simply send a text from your mobile device today to start receiving up-to-date information.

Text the following:

To: 81010

Message: @urcollege

Upcoming Scholarship Deadlines

The Gates Scholarship - Deadline September 18, 2018. Visit their website at <https://www.thegatesscholarship.org/scholarship> for more details about this scholarship.

AES Scholarship - Deadline October 06, 2018 (\$500.00). Visit their website at <http://www.aesengineers.com/scholarships.php> for more details about this scholarship.

Sherree Thomas-Coleman, PhD

College Counselor

Program Coordinator (AVID)

Testing Coordinator

Benson Polytechnic High School

Office: 503-916-5100 Ext 77261

Fax: 503-916-2690

Email: sthumascoleman@pps.net

Student Yearbook and Individual Pictures may be purchased during registration, payable to **Lifetouch Studios**. Picture re-takes will take place Wednesday, **October 3rd** during lunch in the Auditorium.

Counseling and Guidance Reminders

Questions about student schedules can be directed to the counselors here at Benson Tech. Any course changes must be in writing and submitted to the counseling office prior to the first day of school. Schedules will be handed out during registration and again on the first day of school. The last day to change classes will be September 20th.

COUNSELOR INFO

A-G

Amy Henry

amyhenry@pps.net

H-O

Peg Schoettle

pschoettle@pps.net

P-Z

Steve Wren

swren@pps.net

Sherree Thomas-Coleman

AVID Coordinator/

College Career Counselor

stthomasc Coleman@pps.net

PPS Nutrition Services-Free and Reduced Meal Applications

Apply online for free or reduced-price school meals www.pps.k12.or.us/departments/nutrition

It's convenient, secure and better for the environment. Meal applications are also available from your school. Your application may also give you access to low-cost internet and other benefits. Meal benefits for new applications cannot start until an application is approved. Please provide a lunch or money for a paid lunch until you receive notice that the application is approved. Breakfast and Lunch Prices have increased this year. Breakfast: \$1.50 Lunch: \$3.40 Reduced Prices : Free (\$0.00) for both Breakfast and Lunch. Funding provided by the Oregon Legislature to eliminate the reduced price payment for school meals.

Questions or comments about the 2018-19 meal application procedures may be directed to Nutrition Services at 503-916-3247.