

Career Opportunities Newsletter

August 31, 2018

Volume 1, Number 1

Contact the Career Coordinator for more information.

Miranda Ryan

mryan1@pps.net

Upcoming Career

9/20/18 Match your personality to a career workshop

9/27/18 ZGF Career Day

10/4/18 Resume Workshop

Please see below for more events

How to Stay Informed

To get the most current career opportunities, text @CCINFO to 81010. You will receive a text message any time there is a job opening, or new career opportunity. Another way to get the most current information is to check out the Career Website: <https://goo.gl/VSSnpW>. The website has information about personal learning requirements, apprenticeship connection, as well as, job opportunities.

Personal Learning Requirements:

All students need to complete two Career Related Learning Experiences (CRLE). These are completed when students participate in a career exposure event and reflect on that experience. If your student needs to complete one, the links are available below:

Requirement 1: [CRLE Link #1 \(Google Form\)](#)

Requirement 2: [CRLE # 2 \(Google Form\)](#)

Requirement 3: Resume-

Students are also required to complete and submit a resume. This is usually completed in US History and submitted to the Google Classroom. There are several workshops throughout the year that help student prepare a resume and ace an interview.

Requirement 4: My Plan Response (Seniors Only)-

There are three questions that students will answer on a word or google document. Once finished, upload to the 2019 Google Classroom :

1. Explain your career aspirations and your educational plan to meet these goals. Clearly articulate both short and long term goals and describe the interests, skills, and experiences that helped you develop your post-high school plan.
2. Explain how you have helped your family or made your community a better place to live. Provide specific examples and include what you learned from these experiences. How did these experiences help to inform your post-high school plan?

3. Describe a personal accomplishment and the strengths and skills you used to achieve it. Consider your growth during your four years in high school. How will this experience serve you in your future?

Career Exposure Opportunities:

Medical professions mentorship Program

Who are we?

The American Medical Women's Association (AMWA) at Portland State University (PSU), are a group of individuals focused on the empowerment and improvement of women in medicine and healthcare related professions.

Program structure:

Students will be grouped in a cohort of 3-5 individuals and will be assigned an AMWA PSU mentor. They will meet once a month to discuss their personal and educational goals, aspirations and how to overcome any challenges. The meetings every month will be 2 hours, and will consist of a small lecture followed by an interactive session, and/or a workshop. Students will also be given mentors email, so that they will be able to answer any questions on week's that they do not meet. Each workshop will be age appropriate, and available for the school to view and confirm if required. The mentorship program is a school-year commitment for the mentors, and the students beginning in September and ending in May/June. Students who are not graduating that year are able to re-apply for the mentorship program for the next year. At the end of the year students will present a leadership project that they have been working on the last 9 months. This project is open to their choosing and they will have their PSU AMWA mentor to use for guidance.

Mentee requirements:

A high school student interested in the field of healthcare and medicine

Register Link: <https://tinyurl.com/y7ksoae4>

Career Days:

9/27/18 ZGF Architecture Career Day Learn about: architecture, interior design, urban design

Registration Link: http://bit.ly/zgfCD09_27_2018

10/5/18 Portland Fire and Rescue Career Day: Firefighting, emergency medical, agility test

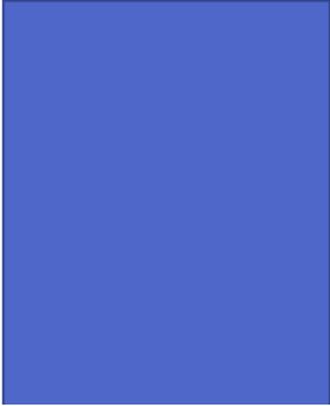
Registration Link: http://bit.ly/pfrCD10_05_2018

Oct. 18 Kaiser Permanente: Health care, nursing, simulations, technology

Registration Link: http://bit.ly/kpCD10_18_2018

Oct. 19 Future Educator Career Day career day: Aspiring teachers & educators

Registration Link: http://bit.ly/futureedCD10_19_2018



Career Preparation Workshops:

Career Workshops: Personality Type & Career Choice

Would you like to learn about your personality type and potential careers that may fit who you are? Come to this 3-part series to learn about your personality type, gain a better understanding of how personality type impacts major and career choices, identify your strengths and values and identify some potential careers. Students will receive their personal profile and have an opportunity to ask questions and seek clarification.

September 20, 2018 Registration Link: <https://tinyurl.com/y8hgz3hs>

Career Workshops: Writing Resumes

Get the latest information on how to effectively write and format job search documents, such as what information to include, how to create a targeted resume, and to illustrate how your qualifications "fit" with a position.

October 4th, 2018 Registration Link: <https://tinyurl.com/yb7r5xj6>

Career Workshops: Interview skills/Mock Interviews

Come to learn the basics of interviewing and strategies to develop and improve your interview skills. We will discuss how to prepare for an interview, what employers expect, and how to handle the most common interview questions.

November 30th, 2018 Registration Link: <https://tinyurl.com/y9etjucc>

Career Readiness Scholars Train:

This is a six-week training that builds work-related skills. After completion of this program, students will qualify to apply for Summer Works as well as get regular notices for job openings.

First Group -October 2th, 2018 Registration Link <https://tinyurl.com/y843s47l>



Miranda Ryan
Career Coordinator

mryanl@pps.net

Work Cell: 503-312-2774

Website: <https://goo.gl/VsSnpW>