



Please be sure to follow me
on Twitter

@BensonTechPride

Stay up to date with school
wide events by visiting our
School Calendar at
www.bensonhs.net

There Will Be No A/B Flex
Schedule This Week

Athletics

Please be sure to read the
attached Athletic Schedule for
athletic events happening this
week.

Picture re-takes will take place
Wednesday, October 3rd during
lunch in the Auditorium.

September 4th 2018

Parents/Guardians

You will always be able to get up to date information regarding Benson Tech by going to our website at www.bensonhs.net and looking through the website and also by viewing our school calendar that's located on the webpage as well. I will also be sending some information out throughout the school year through my Twitter page for Benson Tech. My Twitter handle is @BensonTechPride. Please be sure to follow me throughout the school year to get relevant information on events and happenings involving Benson Tech.

Go Tech

Principal Wilson

ParentVUE and StudentVUE;

An On-line Parent & Student Tracking Tool

ParentVUE is an EdBox tool that helps families stay informed about their student's progress. ParentVUE gives families the ability to: a. View their student's current course grades; b. Send e-mail to teachers; c. Set up alerts for student progress changes. As a result, grading and attendance information entered by teachers will now be available to our families through Synergy ParentVUE. ParentVUE will be available in multiple languages and also as a free mobile app. Families will receive log-in instructions to Synergy ParentVUE and StudentVUE also and links to online support materials.

Set Up Procedures:

ParentVUE: Please email Melissa Brabham at mbrabham@pps.net with ParentVUE Request in the subject line. Then she will email you back with an activation code and instructions on how to get Synergy ParentVUE set up.

StudentVUE: All student user names are first initial/last name/last 4 digits of the student id number. Ex: mbrabham23456. Student passwords are Pps##### (# = 6-digit ID number)

Melissa Brabham

VP Secretary

Back to School Night/Open House

Benson's Back to School Night will be happening on Tuesday September 18th. We will be starting at 6pm in the auditorium with a short message from Principal Wilson followed by Parents/Guardians being able to visit student classes up until 8pm.

Principal Wilson

Benson's Site Council Meeting

Want to have a voice in helping to shape the future of Benson Tech? Please come to our first Site Council meeting on Thursday September 27th from 3:30pm to 5:00pm in the Library Classroom.

Principal Wilson

A Message from KBPS Radio

KBPS Radio is getting ready for our football radio broadcast season. Any Portland Public Schools high school student is eligible to be on the KBPS Radio broadcast team. Email KBPS Operations Manager, Kevin Flink (kflink@pps.net) or stop by the KBPS Broadcast Center on the back of the Benson Campus for more information on being a KBPS Sportscaster.

Steve Naganuma—Benson's Radio Instructor

A Message from Benson's Career Coordinator Miranda Ryan

Please be sure to read the attached Career Newsletter

Miranda Ryan

Career Coordinator

Benson Polytechnic High School

Cell: 503-312-2774

Office: 503-916-5100 X:77201

Career Website: <https://goo.gl/VsSnpW>

A Message from Benson's Counselor Steve Wren

EXCHANGE STUDENT FROM THAILAND NEEDS HOST:

Meet Rachata from Thailand

Gender: Male

Age: 15 Years

Program length: One Year

Graduation Date: March 1, 2022

Religion: Buddhist

GPA: Outstanding

Rachata, nicknamed James, is enthusiastic, easy-going, and positive! He is close to his family and values the activities they do together. They always eat dinner together and often go hiking, play badminton, visit Thai festivals, and play board games. He's happy to help his younger sister with homework. He has several interests, which include photography, reading, playing games with friends, listening to American pop music, and watching foreign TV shows. He is an excellent student studying an AP math and science curriculum. He has even won several medals in math and science competitions! Service Ref: Good to Know Cats & dogs ok Student Audio Introduction To learn more about RACHATA in his own words, please go to // www.youtube.com/embed//QF-32BZnBtE.

If you can host an exchange student contact Steve Wren: swren@pps.net

PARENT/STUDENT COMMUNICATION & BENSON'S CELL PHONE/ELECTRONIC DEVICE POLICY

If parents need to reach students during the school day call the main office at (503)916-5100. Our offices will send an assistant to: a. deliver a private message; or b. bring the student down to the office speak with the parent/guardian, or call. Students who answer their phone in class will have consequences. Please help us and your student follow these important expectations to keep the classroom an optimal learning environment with minimal disruption.

A. Students may not use electronic devices in the classroom without teacher consent for classroom assignment learning purposes. All electronic devices should be out of sight and turned off in the classroom. Classrooms include shops, computer labs, the library and other instructional areas. Electronic devices include cell phones, headphones and ear buds, Air Pods, iPod, CD players, hand held games, and any other electronic distractions that have no place in the classroom.

B. Students may use electronic devices outside of the classroom during breaks and lunchtime. Teachers may confiscate any electronic device during their class period. Failure to turn over an electronic device when requested is insubordination and can result in detention or suspension. Teachers may turn electronic devices over to an administrator with a referral for further action. The administrator will:

1. First time –have the student recite the rule, assign the student three days detention **(*for the first couple of weeks of school the office will review the electronic policy and warn student violators the first offense)**
2. Second-third time- return the electronic device to the parent (the parent/guardian must come to the school and pick up).
3. More than three incidents then the student must turn in their phone daily to the V.P. office.

Benson Administration

A Message from Caroline Bleckmann: Benson's Wellness Center Coordinator

Greetings, Benson families!

It's so great to see your kids again and to welcome Freshmen to our community. Just a reminder that the Benson Wellness Center is here for your student. For more information, please check out our [website](#). Also, KATU recently featured us. Click on the link to hear more from our medical director, Dr. Nancy Zink:

<https://katu.com/news/local/portland-public-schools-take-bigger-focus-on-overall-wellness>

We are busy with sports physicals right now, and pretty soon it will be flu vaccine season. Remember: even if your child has an established provider, they can still be cared for here. We hope to see your child soon!

Kind Regards,

Caroline

Caroline Bleckmann, LCSW

She/her pronouns

Wellness Coordinator/Social Worker

[Benson Wellness Center](#)

503-916-5151 ext. 77981

A Message from Benson's Counselor Peg Schoettle/Evening Scholars

Pre-registration for Portland Evening Scholars is now open. If your student has failed a course and needs to repeat it at Evening Scholars, they need to meet with their counselor to complete the Pre-registration form. This is especially important if your student is a senior and not on track to graduate.

Portland Evening Scholars begins the week of September 24th.

Peg Schoettle

Benson Athletics

Interested in Swimming for Benson Tech?

Please stop by the athletic office (Room 105) on Tuesday at 3:30PM for a brief Benson swimming update? There's still much work to be done to bring back Benson swimming. It starts with those interested in attending our 3:30PM meeting in room 105 on Tuesday, September 4.

Fall Sports Turnout Deadline Approaching:

If your student is interested in coming out for a fall sport, we ask that your student get cleared by Friday, September 7th at the latest.

Fall Sports Is Underway

Before you can come out to practice (Cross-Country, Dance, Cheer, Volleyball, Soccer, and Football), you must be cleared in the athletic office.

Parent/Guardian registers on www.familyid.com/organizations/benson-high-school

After registering on FamilyID, upload, or bring in a hard copy of a current physical.

You can get a physical by connecting with the Wellness Center at Benson (Phone: 503-916-5151)

Fall Sports Schedules:

The Oregon School Activities Association provides a great resource for schedules, scores, standings, etc. All information pertaining to OSAA/Benson sports can be found at www.osaa.org

Benson Athletics will update school release times, and bus times on the OSAA website. Please refer to this website with dismissal, bus, or game times.

Volleyball: <http://www.osaa.org/activities/vbl/teams-leagues>

Boys Soccer: <http://www.osaa.org/activities/bsc/teams-leagues>

Girls' Soccer: <http://www.osaa.org/activities/gsc/teams-leagues> (under JV and JVII tabs)

Football: <http://www.osaa.org/activities/fbl/teams-leagues> (5A league)

Scott Archer—Benson's Athletic Director

A Message from the AVID/College Coordinator Sherree Thomas-Coleman

Upcoming College Visits/Events

09/10 Oregon Trades Women (11:20 – 12:00 Lunch Time in Cafeteria)
09/10 Portland State University (11:20 - 12:00 Lunch Time in Cafeteria)
09/17 Oregon Tech/OIT (11:20 – 12:00 Lunch Time in Cafeteria)
09/18 Washington State University (11:20 – 12:00 Lunch Time in Cafeteria)
09/18 Concordia University (11:20 - 12:00 Lunch Time in Cafeteria)
09/18 **AVID Family Information Night** (5:00 - 6:00PM Room 114)
09/19 Wellesley College (11:20 - 12:00 Lunch Time in Cafeteria)
09/24 George Fox University (11:2 - 12:00 Lunch Time in Cafeteria)
09/27 Portland Community College (12:00 - 12:30 Lunch Time in Cafeteria)

Class of 2019

College Prep Tips

Congratulations! It's your Senior year! Here are a few tips to help you be successful.

- Prepare to take/retake the official SAT/ACT
- Start narrowing your college choices (research admissions requirements and tuition costs)
- Create your academic resume (i.e., high school awards, honors, clubs, athletics, activities, community service, work experience)
- Begin framing your essay for possible scholarship requirements

Start applying for scholarships now (visit your College Counselor today)

Important: Seniors, if you are planning to attend a private college/university, you must attend the **Private School Application Workshop** on **September 20th** from 2:30-3:30PM in the counseling center. Counselors will be available to assist you with your Common Application.

Testing

10/27 Official ACT Test (Deadline to register Sept. 28th) <http://www.act.org/content/act/en/products-and-services/the-act/registration.html>

10/06 Official SAT Test (Deadline to register Sept. 7th) <https://collegereadiness.collegeboard.org/sat/register/dates-deadlines>

For free test prep resources visit the Khan Academy website at <https://www.khanacademy.org/sat>, Multnomah County Library website at <https://multcolib.org/resource/learningexpress-library> and/or [Number2.com](http://www.number2.com)

website at <http://www.number2.com/>

Get College and Scholarship Information on Your Phone!

Parents and students don't miss out on important scholarship deadlines and college information. Subscribe to "**Remind**" today! Simply send a text from your mobile device today to start receiving up-to-date information.

Text the following:

To: 81010

Message: @urcollege

Upcoming Scholarship Deadlines

Beat the Odds Scholarship. Deadline September 11th. (Eight \$4000 Renewable Awards). Visit <http://stand.org/oregon/beat-the-odds/apply> to apply.

The Gates Scholarship - Deadline September 18, 2018. Visit their website at <https://www.thegatesscholarship.org/scholarship> for more details about this scholarship.

AES Scholarship - Deadline October 06, 2018 (\$500.00). Visit their website at <http://www.aesengineers.com/scholarships.php> for more details about this scholarship.

Counseling and Guidance Reminders

Questions about student schedules can be directed to the counselors here at Benson Tech. Any course changes must be in writing and submitted to the counseling office prior to the first day of school. Schedules will be handed out during registration and again on the first day of school. The last day to change classes will be September 20th.

COUNSELOR INFO

A-G

Amy Henry

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H-O

Peg Schoettle

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P-Z

Steve Wren

swren@pps.net

Sherree Thomas-Coleman

AVID Coordinator/

College Career Counselor

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