

Please be sure to follow me on Twitter

@BensonTechPride

Stay up to date with school wide events by visiting our School Calendar at www.bensonhs.net

#### **Athletics**

Please be sure to read the attached Athletic Schedule for athletic events happening this week.

### Flex Schedule This Week

A Flex Tutorial Day on Thursday November 8th 2:23pm-3:15pm

B Flex Day on Friday

November 9th 2:23pm-3:15pm

Freshman Success Teams Meet

**Academic Instructors: Tutorial** 

CTE Instructors: Academic Support for students

### November 6th 2018

Do you have Internet access at home? If not, please call the Benson Secretary Norma Lawson in the main office at 503-916-5100 extension 77103. We are working with PPS and Sprint in an attempt to get Internet access into some of our student homes and we have a great opportunity in partnering with Sprint to make this happen. Please call Ms. Lawson if you are interested in this endeavor.

Thanks.

Norma L. Lawson

**School Secretary** 

Benson Polytechnic High School

Please see Miranda Ryan's attachment on information regarding the Benson Tech Career Newsletter.



**Career Coordinator** 

Benson Polytechnic High School

Cell: 503-312-2774

Office: 503-916-5100 X:77201

Career Website: https://goo.gl/VSsNpW

### **Last Year's Yearbooks:**

If you purchased a yearbook during the last school year and was not able to pick it up due to the untimely yearbook shortage please be sure to come and meet with the Benson Tech bookkeeper Hazel Knox in the bookkeeper's office in order to pick up your purchased yearbook from last year. The yearbooks are here and ready to be picked up.

Ms. Knox

### **Parent Teacher Conferences Are Coming:**

More Information to follow in next week's newsletter.

**Principal Wilson** 

#### **Veterans Day:**

Sunday November 11th is Veterans Day and thus there will be no school on Monday November 12th for students or staff.

**Principal Wilson** 

## A Message from Scott Archer: Benson's Athletic Director

### **Winter Sports Start November 12:**

Yes, Monday, November 12 is a holiday, and there is no school, but Basketball and Wrestling will begin their winter sport try-outs/practices.

## Before your student is eligible to try out, two things need to happen:

Current physical (good for two years from date of doctor clearance) on file at Benson, or uploaded via FamilyID. There are copies of physicals outside the athletic office (room 105).

A complete FamilyID registration completed through: <a href="https://www.familyid.com/">https://www.familyid.com/</a> organizations/benson-tech-high-school/

Even if you completed a registration for a fall sport, we ask that you please go back into your account, and list a winter sport to transfer/update your information.

## **Swimming Coach Wanted:**

We have the opportunity to add swim programming to our athletic offerings here at Benson Tech.

We are looking for someone to take on a leadership role for the emerging swim program. Without a point person it, we won't get very far.

If you know if someone interested in helping out this season, please email Scott Archer: sarcher1@pps.net with any info/questions.

# **Benson Wrestling:**

Benson Wrestling has Pre-Season Practice on Monday-Wednesday-Friday from 3:30pm-5:00pm in the Benson Mat Room

Please come and join if interested.

#### Scott Archer

**Athletic Director** 

**Benson High School** 

503.916.5100 x 77108

### **Rose Festival:**

The Portland Rose Festival Interest Meeting!

Friday Nov. 9th in the Band Room during lunch

We invite all eligible female juniors and seniors to attend. A representative from the Rose Festival Foundation will be there to discuss the process and benefits of this unique program. The mission of the Rose Festival court is to provide scholarship for higher education, promote community outreach and volunteerism.

Please see Ms. Melissa in the VP's office for more info or call extension 77105

## TAG Update (Pease See Attached Flyer)

Hello Benson Families,

I am Nicole Kennedy, Benson's TAG (Talented and Gifted) Facilitator, this is my 3rd year in this role. Please feel free to contact me with any question you may have.

Here is this months TAG News:

OMSI TAG Night is November 5th with free admission and parking for TAG Families (see attached flyer)

TAG applications are open and available until November 15th!

If you would like to have your student tested for TAG identification please see the link below or grab a form from the counseling office. TAG nominations for students is open and the forms are available on the TAG website https://www.pps.net/doman/396

Forms are due by November 15th and you can turn them into the main office addressed to Ms. Kennedy.

Please be sure to keep an eye out for the TAG Fall Newsletter!

K. Nicole Kennedy, LPN

503-916-5100

PPS ext. 77192 (kkennedy@pps.net)

# A Message from the AVID/College Coordinator Sherree Thomas-Coleman

# **Upcoming College Visits/Events**

11/01 OSAC Scholarships (Online applications now open!)

11/08 FAFSA/ORSAA Workshop (Open lab: Counseling Center)

11/13 University of Oregon: Duck Express at Benson (Counseling Center)

11/15 Benson's Annual College and Career Fair (10:00AM -12Noon All grade levels)

## **Class of 2019**

College Prep Tips

Congratulations! It's your Senior year! Here are a few tips to help you be successful.

- Prepare to take/retake the official SAT/ACT
- Start narrowing your college choices (research admissions requirements and tuition costs)
- Start your college admissions application(s)
- Create your academic resume (i.e., high school awards, honors, clubs, athletics, activities, community service, work experience)
- Begin framing your essay for possible scholarship requirements
- Start applying for scholarships now
- Complete your FAFSA/ORSAA

Complete the Oregon Promise (2 yr) and/or OSAC (4 yr) application

# **More Information from Sherree Thomas-Coleman**

### **Testing**

Official ACT Test: To register visit: <a href="http://www.act.org/content/act/en/products-and-services/the-act/registration.html">http://www.act.org/content/act/en/products-and-services/the-act/registration.html</a>

Official SAT Test: To register visit: <a href="https://collegereadiness.collegeboard.org/sat/register/dates-deadlines">https://collegereadiness.collegeboard.org/sat/register/dates-deadlines</a>

For *free* test prep resources visit the Khan Academy website at <a href="https://www.khanacademy.org/sat">https://www.khanacademy.org/sat</a>, Multnomah County Library website at <a href="https://multcolib.org/resource/learningexpress-library">https://multcolib.org/resource/learningexpress-library</a> and/or Number2.com

website at <a href="http://www.number2.com/">http://www.number2.com/</a>

## Get College and Scholarship Information on Your Phone!

Parents and students don't miss out on important scholarship deadlines and college information. Subscribe to "**Remind**" today! Simply send a text from your mobile device today to start receiving up-to-date information.

Text the following:

**To**: 81010

Message: @urcollege

For more information on college visits, scholarships and more, visit our website: BPHS College News at <a href="https://sites.google.com/apps4pps.net/bphscollegenews/home">https://sites.google.com/apps4pps.net/bphscollegenews/home</a>

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## **Sherree Thomas-Coleman, PhD**

College Counselor

Program Coordinator (AVID)

**Testing Coordinator** 

**Benson Polytechnic High School** 

Office: 503-916-5100 Ext 77261

Fax: 503-916-2690

Email: sthomascoleman@pps.net