



Please be sure to follow me
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@BensonTechPride

Stay up to date with school
wide events by visiting our
School Calendar at
www.bensonhs.net

Athletics

Please see the attached Athletic
Calendar for this week's athletic
events.

Flex Schedule This Week

Thursday March 21st

A-Flex Schedule

(Tutorial 2:23pm-3:15pm)

Friday March 22nd

Regular B-Schedule

Periods 5-6-7-8

No Flex Period in the afternoon

March 18th 2019

Women's State Championship Basketball Team Celebration

Monday March 18th at 11:09am the 6A Benson Lady Techsters basketball team will be honored in an all school assembly in the main gym. This will be the time to recognize the fantastic journey that the Lady Techsters took in winning the 6A State Championships.

Please also note that the State Championship team will be recognized at the PPS School Board meeting on Tuesday March 19th at 6pm.

Congratulations Lady Techsters on making the school, the community and the State of Oregon proud of your fantastic accomplishment.

Principal Wilson

The 99th Annual Benson Tech Show

Congratulations to all who participated in the 99th Annual Benson Tech Show. It was an incredible two night display of all that makes Benson Tech so special and I was so proud to meet all the parents, alumni, students, teachers and many supporters who came out to view the incredible showcase that is the Tech Show. A huge kudos goes out to the Benson staff and students for making this event a fantastic two night endeavor and a special thanks goes out to Brett Anderson and Linda McLellan for spearheading this event. Looking forward to the 100th annual Tech Show next year.

Principal Wilson

A Message from Vice Principal Tonya Mjelde (Pease See Attached AP Contracts)

Attention Parents: Missing AP Contracts:

Please check the attachment to see if your student still has an outstanding AP contract to submit. The deadline has passed but has been extended to Tuesday, March 19th. If we do not get a signed contract by the guardian/parent and student, your student will be removed from the AP class with no guarantee of re-enrolling. Classes are built on students' requests and the obligation to return the signed AP contracts.

Thank you for your attention to this matter.

Tonya Mjelde

Vice Principal

(she/her pronouns)

Benson Polytechnic High School

(503) 916-5100 x77126

Northwest Career Expo: Tuesday March 18th

Please note that some of our Benson Tech students will be participating in the Northwest Career Youth Expo on Tuesday March 18th. Students will be visiting the Convention Center between 7:30am and 2:00pm on Tuesday to participate in this endeavor.

Rose Festival Announcement

Wednesday at 11:09am in the Benson Auditorium.

Please come and see who will be crowned the Rose Festival Ambassador for Benson Tech. This will be happening during our Morning Assembly Schedule on Wednesday March 20th.

Site Council Meeting

The Benson Tech Site Council Team will be meeting on Thursday March 21st at 3:30pm in the Library classroom.

A Message from the Benson Tech Pride Volunteer Community Group

Tech Pride Volunteer Community is hosting monthly meetings through the end of the school year! Please join us as we work on growing efforts in building Benson advocacy, establishing Athletic Boosters, supporting our amazing Faculty, and promoting Student Life. We plan to meet the 3rd Wednesday of the month through June!

- *March 20th 7-8:30 Location TBD*
- *April 17th 7-8:30 Location TBD*
- *May 15th 7-8:30 Location TBD*
- *June 19th 7-8:30 Location TBD*

Contact email: techpridevolunteers@gmail.com

A Message from Benson's Career Coordinator Miranda Ryan

Please be sure to open up the attached link to access this week's Career Newsletter

Miranda Ryan

A Message from Benson's Counselor Amy Henry

Summer STEM Camps focusing on Transportation will be held at Oregon Tech in Klamath Falls, and two at Portland State (PSU). **There is no cost to attend.** Applications are due April 1st, and students must have at least a 2.0 GPA and a letter of recommendation from a teacher or counselor. Applications can be found here:

<https://trec.pdx.edu/education/k-12-education>

Each STEM-based camp will educate the students about careers in transportation such as engineering and planning, many students are unaware of the opportunities that exist within the transportation field. Students will be fully immersed in the college experience living in residence halls, eating in campus dining halls, attending lectures with college faculty, and working hands-on in state of the art labs and classrooms. They will learn how to conduct research, learn college prep and study skills, build self-awareness, learn healthy life skills, gain exposure to community-based organizations, explore philanthropic endeavors and more.

Mostly, these camps are FUN! Students at the OIT camp will go on bike rides, visit Crater Lake National Park and travel to WaterWorks Park in Redding, California. Students that attend the PSU camps can expect bike tours, scavenger hunts, jet boat rides and field trips to Multnomah Falls, OMSI and other sites.

The dates are as follows:

OIT Camp (Girls) – June 23-29

PSU Camp (COED) – June 23-29

PSU Camp (Girls) – July 14-20

Amy Henry

BHS Counselor

A Message from our Career Coordinator Miranda Ryan

Youth Expo Career Day Tuesday March 19, 2019

Career Expo is Tuesday, March 19th, 2019 at the Oregon Convention Center from 9:00 am to 2:00 pm. There will be more demos this year and more exhibitors than ever. Also, there is an area for mock interviews, as well as other career readiness workshops. The Expo is a great chance to learn about possible careers and talk to actual employers about smart next steps after graduation. But the Expo is BIG, so planning ahead will help you make the most of it. Here's some quick advice for students. <https://www.youtube.com/watch?v=X4cgSr73DNI&feature=youtu.be>

Schedule:

Teachers and students (10th and 12th graders) will meet in their 1st-period class. The teacher will take attendance and leave around 8:45 to the Convention Center. All students will depart from the Convention Center at 11:05 for lunch and are expected to attend their 3rd-period class.

Sign up Now to take the Food Handler's Test April 3rd 2:30

As part of Career Success Week (April 1-5), students will have the opportunity to take the Food Handler's Test and receive their cards. The food handler's card training and test will help students to prepare to enter the workforce by providing the required food safety information as specified by regulations of the workers' state, county, or local government.

The test will be administered at Benson Polytechnic High School on April 3rd, 2019 at 2:30 in the Career Center.

Sign up Link: <http://bit.ly/bensonfoodhandlers>

Sign-up to attend Lunch and Learn Career Talks:

4/1/19 OHSU Programs

4/1/19 Job Opening Information

4/2/19 Internships Information with the City of Portland

4/2/19 Bassett Architect Career Talk

4/3/19 Carpenter Apprenticeship Career Talk

Sign-up Link: <http://bit.ly/Lunchandlearnconversations>

Miranda Ryan

Career Coordinator

Benson Polytechnic High School

Cell: 503-312-2774

Office: 503-916-5100 X:77201

Career Website: <http://bit.ly/bensoncareers>

A Message from Benson's Athletic Director Scott Archer

What a week it was for Benson Tech athletics.

If winning the 2018-19 6A OSAA Women's Basketball State Tournament in spectacular fashion wasn't enough, we had two other masterful athletic accomplishments this week to remind folks just how many talented students, and student-athletes we have here at Benson Tech.

Welcome Back, Benson VARSITY Softball:

Benson Softball last played a varsity softball game on May 2, 2017. The program was touch-and-go for a while before Benson Tech teacher Linda McLellan stepped-up to lead the Benson Softball program through a **JV schedule** during the **2018 season**.

Fast-forward a year, and new (and former) Head Coach Katie Meyer has assumed control of the program with Coach McLellan serving in an assistant coach role for the 2019 season.

On Thursday, Benson Softball not only played its first varsity softball game since May 2, 2017, the Techsters got off to a quick start vs. Beaverton High School, scoring 5 runs before Beaverton recorded its first out.

The Techsters went on to win 13-3 in 5 innings, 10-run "ruling" the Beavers. This resulted in Benson Softball's first varsity win since March 27, 2017. What a fantastic beginning to a renewed and revived Benson Softball program.

Keep on an eye on this team.

Micah Williams wins NATIONAL Indoor Track Title:

Junior sprinter Micah Williams exploits are well known. As a sophomore, Williams won the 100m and 200m OSAA 6A sprint championships. He then made the US Junior Olympic Team and anchored the Gold Medal winning 4x100 team for Team USA.

On Sunday, Williams added to his impressive resume by winning the 60m Indoor NATIONAL Title running a 6.60 60m final.

Williams 6.60 time is good for THIRD. ALL. TIME. Amongst high school sprinters. He was named Track Athlete of the Event.

Williams and the Benson Boys' and Girls' Track teams will begin spring competition on Wednesday, March 20 in a dual meet at Grant High School.

Benson Athletics Cont.

Benson Golf is Back:

Benson teacher Monty Catabay heads the Benson Golf team which is making its debut after not competing the last several years. Benson looks forward to growing its program as it begins the 2019 Golf Season. Welcome back, Benson Golf.

Benson Dance Team Off to Nationals:

On Friday, the Benson Dance Team competed in the 2018-19 OSAA State Dance Competition at the Memorial Coliseum.

Now, the Dance Team is representing Benson Tech at Nationals in Anaheim, California this weekend.

***Please note that Golf will be released at *1:45PM*instead of the 2:45pm listed on the attached PDF calendar.**

Go Tech!

Scott Archer

Athletic Director

Benson High School

503.916.5100 x 77108

A Message from Benson's Digital Media Program

Benson's Yearbook staff has been working hard to capture the spirit of the 2018-19 school year! If you're interested in ordering the Benson Yearbook, please stop by the bookkeeper's office to place your order. The cost is \$50 this year.

Thank you,

Benson Yearbook Staff

Kristen Henderson

Digital Media Production

A Message from the AVID/College Coordinator Sherree Thomas-Coleman

College Visits/Events

4/04 Spring Family Financial Aid Night (5:00-7:00 PM)

4/25 Spring College and Career Fair for Juniors and Sophomores (5:30-8:00 PM)

Financial Aid Workshops

If you have not applied for financial aid (grants) for college yet and need assistance, please plan to attend one of the workshops below. Get one-to-one help with FAFSA/ORSAA, the Oregon Promise, and more.

- 3/21 (Counseling Center during flex)

Testing

Official ACT Test **June 8th** (Deadline to register May 3rd): To register visit: <http://www.act.org/content/act/en/products-and-services/the-act/registration.html>

Official SAT Test **May 4th** (Deadline to register April 5th): To register visit: <https://collegereadiness.collegeboard.org/sat/register/dates-deadlines>

Note: ACT scores are expected to return within 5-8 weeks. Students who provided an active email address and bubbled correctly should receive their scores via email within 4-6 weeks.

Test Prep

SAT preparation workshops:

Oregon Episcopal School is hosting SAT Test Prep classes for the March 9, May 4, and June 1 SAT exams. To register, please follow this [LINK](#).

More Information from our AVID/College Coordinator Sherree Thomas-Coleman

ACT vs SAT: Which test is right for you?

To learn more visit: <https://www.princetonreview.com/college/sat-act>

For *free* test prep resources visit the Khan Academy website at <https://www.khanacademy.org/sat>, Multnomah County Library website at <https://multcolib.org/resource/learningexpress-library> and/or [Number2.com](http://www.number2.com/) website at <http://www.number2.com/>

Smarter Balanced Assessment (SBA) Schedule

ELPA: Starting mid-February

English Language Arts: April 10th

Math: May 2nd

Science: May 20th - 21st

Get College and Scholarship Information on Your Phone!

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Text the following:

To: 81010

Message: @urcollege

Need \$\$\$ or college?

For more information on college visits, scholarships and more, visit our website: BPHS College News at <https://sites.google.com/apps4pps.net/bphsco>

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