

Please be sure to follow me on Twitter

@BensonTechPride

Please be sure to go to the BHS Website at www.bensonhs.net for school information as it becomes relevant.

Athletics

Please be sure to download our Trivory App for up to the minute dates and game times regarding athletics.

September 27th 2021

Benson's Virtual Back to School Night

Thursday, September 30th 6:30-8pm

This year our Back to School Night will be held virtually. Please look for an email from your teachers regarding their contact information. Families can check-in about general class information with teachers that night through live virtual meeting links. Teachers will have electronic resources to share about their class content and expectations. Families may also be able to ask questions of counselors, college and career support staff and others. We look forward to seeing you then.

Benson Tech Admin Team

A Message From Jessica Murchison/Benson's Testing Coordinator

Juniors that signed up for the PSAT and all sophomores. Follow the link for guides and practice for the PSAT.

https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10/practice/full-length-practice-tests

Please note Juniors. The original email to sign up for the PSATs had a deadline of September 19th the google form to sign up is now closed. If you did not sign up and still wish to, please email Jessica Murchison to see if there are still spots available.

Jessica Murchison
She/Her/Hers
Teacher & Testing Coordinator
Benson Polytechnic High School
546 NE 12th Ave. Portland, OR 97232
503-916-5100
jmurchis@pps.net

A Message from Jacob Guth Regarding TAG Nominations

If parents want to nominate their student for TAG, they should email me and I will send them the nomination form to get the process started. The deadline for TAG nomination is December 3rd. Thanks!

Jake Guth (he/him)
TAG Coordinator
Benson Polytechnic High School
jguth1@pps.net
(503) 916-5100

A Message from Christina Thompson Regarding Bike Safety

Please click on the link below to access some great information regarding utilizing bikes in order to get to Benson Tech at the Marshall Campus.

https://docs.google.com/document/d/1rSkA5jprSAKqGXdvQ-EheCw17C0QDhlivySQNfK9Bzs/edit?usp=sharing

Christina Thompson

A Message from Jacob Dean Patterson from Benson's KBPS Radio Station

The PPS radio station is looking for our next sportscasting stars! The AM 1450 KBPS radio sportscasting program provides PPS students the opportunity to broadcast live PIL basketball and football games on AM 1450 and http://kbps.am - No previous broadcast experience is necessary. Any PPS high school student is eligible. Students wanting more info should email KBPS Instructor Jacob Patterson - jacpatterson@pps.net - or stop by Room C-20. More info online at KBPS.am and click on "Sports".

Jacob Dean Patterson (he/him)
KBPS Radio Instructor
Communications Design Academy
Benson Polytechnic High School
3905 SE 91st Ave Portland, OR 97266
(503) 916-5100 ex.86320
iacpatterson@pps.net

<u>jacpatterson@pps.net</u> http://kbps.am

A Message from the Benson Tech Dance Team Coach BeverLee Tuyub

The Technique, Benson's Dance team is looking for new members for this school year. We welcome new members with any level of experience.

This is a great year to join our dance family. Generally we perform at games, school assemblies, community events, and competitions. We practice on Tuesday and Thursday's. We will be posting tryout dates soon for the first week of October. You will need to complete your family ID in order to audition. You can find details on our Instagram page: Bensondanceteam Or email us for more information

Let us know you're interested In joining and we will continue to update you with information!

Bensondanceteam@gmail.com

BeverLee Tuyub

A Message from Kathleen Reid (College Counselor/AVID Coordinator)

Here is a link to the College Newsletter: https://www.smore.com/fx801

Kathleen Reid (she/her)
College Counselor/AVID Coordinator
Benson Polytechnic High School
Benson College Info Webpage
kreid@pps.net

971-238-8322

Set up an appointment with me **HERE**

A Message from the Benson Tech Track and Field Coach

Starting October 4th, the Benson track and field coaching staff will be offering offseason training for any interested athletes. All sports are welcome. Workouts will be held every Monday, Wednesday and Thursday from 3:45 to 5:00. Meet on the track and come dressed to workout.

Coach Jay Miles

A Message from Nutrition Services

New for the 2021-22 School Year

All PPS students eat breakfast and lunch for FREE. Students will receive 1 breakfast and 1 lunch per day. Menu information, along with allergy and carbohydrate counts can be found at www.pps.net/nutrition

Benson is a CEP school for the 2021-22 school year and we are not allowed to process lunch applications for CEP sites because all students enrolled at CEP sites automatically qualify for free meals and are eligible for a letter they can use for discounts such as sports fee waivers, bus passes, etc without an application. If a family has students at other schools that are NOT CEP or if your student transfers to a NON-CEP school you can apply here: https://www.schoolcafe.com/pps, if you want a copy of a letter for your Benson students you can request one here: mealbenefits@pps.net.

Households financially impacted by the Coronavirus (COVID-19) may be able to qualify for The Supplemental Nutrition Assistance Program (SNAP). SNAP offers food benefits to eligible, low-income individuals and families. Find out if you are eligible and how to apply for food benefits by clicking here. For more information or support, please contact the Nutrition Services department at 503-916-2399 or nutritionservices@pps.net

PPS Nutrition Services

A Message from the Career Coordinator

Career Opportunities:

YSYV Details: APPLY FOR YSYV Fall 2021- Tuesdays 9/28-11/16

When: Tuesdays 4-6 pm in September- November (9/28, 10/5, 10/12, 10/19,

10/26, 11/2, 11/9, 11/16)

PUBLIC EVENT: Your Street Your Voice Vital Voices: Leadership in CLIMATE

JUSTICE 11/16

Where: ZOOM ROOM

Who: BIPOC and LGBTQ+ centered youth ages 14-20

Compensation: Students receive a stipend of \$250 for 8 virtual sessions

Instructors: Jackie Santa Lucia and Guests

Updated YSYV Syllabus

EmpowHER Details: APPLY FOR EMPOWHER Fall 2021- Wednesdays 9/29-11/17

When: Wednesdays 4-6pm in September- November (9/29, 10/6, 10/13,

10/20, 10/27, 11/3, 11/10, 11/17)

PUBLIC EVENT: Vital Voices: Leadership in CLIMATE JUSTICE 11/17

Where: ZOOM ROOM

Who: Women/femme/nb identifying individuals ages 14-20, BIPOC and

LGBTQ+ centered

Compensation: Students receive a stipend of \$250 for 8 virtual sessions

Instructors: Jackie Santa Lucia and Guests

Updated EmpowHER Syllabus

Student Health Advocates: for youth who are interested in participating in a statewide leadership group that promotes school-based health services by uplifting youth voices. OSBHA is searching for statewide youth (14-22 years old) to become members of the Student Health Advocates team! Student Health Advocates promote the value of school-based health services across the state of Oregon and provide a voice for the health of their peers and community.

Application and more information can be found $\frac{\text{here}}{\text{lo}}$ (deadline for application: 10/1).

A Message from the Career Coordinator Continued

Target at Hayden Island (16 and up): <u>target.com/careers</u>: You will hear back within 24-48 hours. If you pass the review after the initial application, you will be prompted to record a video interview for submission and then we call to complete job offers.

Target also offers free tuition for employees

Go to the Career Newsletter for more opportunities: https://docs.google.com/document/d/1V2NF6qKwimhIELAevOTtCGeNiQH2p7X_wPVn1WCtyoo/edit?
usp=sharing

Contact the Career Coordinator for more information:

Miranda Ryan

Career Coordinator

Benson Polytechnic High School

Work Cell: 503-312-2774 or Office: 503-916-5100 X: 86281

Schedule a Meeting: http://bit.ly/BHS_careercalendar

Career Website: http://bit.ly/bensoncareers

An Updated Message Regarding Outdoor School

Thank you for supporting your high school student in registering for Outdoor School this fall! We are excited to work with them and are ever appreciative of your role in their participation. We want to pass along an update about the fall Outdoor School program, as we have been working hard to plan logistics and programming that align with the most current health & safety guidelines from Multnomah county.

Our Outdoor School plan for this fall had included inviting high school student leaders to spend a full week overnight on one of our ODS sites and have 6th grade students come to sites for day programming. The most recent guidance from the Multnomah County Health department (as of 9/9/21) does not allow overnight Outdoor School or field trips to happen this fall and so we are shifting to meet this guidance. This will mean that both Student Leaders and 6th graders will be participating in day programming only.

The Outdoor School team is working on the details of the day program plans. We anticipate Student Leaders attending a Sunday training (ODS site or MESD) and visiting schools on weekdays with Instructors and Site Supervisors as part of the Education Team. As we fine-tune these plans you and your high school student will receive more details.

We are keeping our registration link open all fall in hopes to get enough student leaders to participate. The link to sign up is <u>signup.4ods.org</u> if you are willing to make announcements in the daily bulletin or hang posters please let me know.

We will be sending a google document link for student leaders to pick a week and other preferences very soon. They will also receive a packet of forms for them to get their teachers, counselor and parent signatures, before they can participate.

The dates for the fall are:

Week 1- Oct. 3-8

Week 2- Oct 10-15

Week 3- Oct. 17-22

Week 4- Oct 24-29

Week 5- Oct. 31-Nov 5

Week 6-Nov 7-12

Week 7 A Nov 14-17

We are currently developing an FAQ for families of Student Leaders and will be sharing that with you soon, and until then please reach out to us with any questions to outdoorschool@mesd.k12.or.us or call 503-257-1600.

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Kitty Boryer Student Services MESD Outdoor School PO Box 301039 Portland OR 97294-9039