

Please be sure to follow me on Twitter

@BensonTechPride

Please be sure to go to the BHS Website at www.bensonhs.net for school information as it becomes relevant.

#### **Athletics**

Please be sure to download our Trivory App for up to the minute dates and game times regarding athletics.

#### **Mark Your Calendars**

Picture Retakes
When: Tuesday
November 9th
Where: BHS
Auditorium
Time: During Lunch

#### November 1st 2021

#### **Parent Teacher Conferences**

Benson Tech Families,

Parent Teacher Conferences will be held <u>virtually</u> and will be prescheduled for time slots on November 22nd and November 23rd. Conferences are intended to offer support to struggling students who have a C or less in that class to ensure those most in need have access to teachers with limited availability.

- Conferences will be in ten (10) minute slots per teacher through a Zoom link you will receive in an email confirmation from <a href="myconferencetime.com">myconferencetime.com</a>, the online scheduling system Benson Tech will use to schedule and coordinate all conferences.
- Priority scheduling has begun for students with IEPs
  (Individualized Education Plans) or receiving English Language
  Learner services, or those that are struggling in 2 or more classes.
  Those students' families will be contacted by the school to directly arrange conference slots.
- Open scheduling for all students and teachers will begin on <u>Saturday November 13th</u>.
   Here is a link to the central hub for information, directions on scheduling, and general assistance for conferences this year: <a href="https://docs.google.com/document/">https://docs.google.com/document/</a>
   d/1dRhjYzmZHQaVzBBJc85jOac9MZ0GH4rDOCLXLdwG0k0/edit? usp=sharing

Spanish- EspañolRussian- РусскийVietnamese- TiếngViệtChinese- 中文

Sara Callies (she/her/hers)
Vice Principal
503-916-5100

#### A Message from the School/Attendance Secretary

Parents/Guardians,

Please note that on Monday, November 1st, parents who have not completed the Yearly Verification Process will NOT be able to access their ParentVUE account. If you are having difficulty completing this process, please reach out to Norma Lawson at 503-916-5100 Extension 86403 for assistance. Thank you.

Norma L. Lawson

School/Attendance Secretary

#### **Eastside Snowboard Team Registration**

Registration is now open Oct 29–Nov 14th. Visit our site for more info: <u>eastsidesnowboardteam.com</u>. Fill out our contact form <u>here</u>.

#### Join us in person:

#### Wednesday, November 3rd - 7:00pm-8:00pm

At Cleveland HS — Outside in the breezeway on Franklin Street – please wear a mask.

In person meeting is not mandatory but is open to anyone turning in their signedin Providence form, paying by check, or wanting to ask questions. Advisor, coaches ad parents will be there.

Kirsten Finstad
Team Advisor
Eastside Snowboard Team
Metro League / OISA
eastsidesnowboardteam.com
917.687.5458

#### A Message from Benson's AP Coordinator Ilsa Bruer

For AP students and families regarding AP Exam Registration.

The deadline to register and pay for AP exams is <u>Thursday, November 4th.</u> Please check out <u>this link</u> for resources, or contact Ilsa Bruer (<u>ibruer@pps.net</u>), or your AP teacher for more information, questions or help.

Additionally, please be sure you check out **Tutor.Com!** This is a **FREE individual online tutoring with trained tutors!** PPS is partnering with Tutor.com to provide: 1:1 individual tutoring sessions via chat or voice after school and even on weekends. This support is available 24 hours a day, 7 days a week for AP & IB students. Students can create a free account through your Canvas Course **Ilsa Bruer** 

BHS AP Coordinator/ELA Instructor

#### **Math Tutoring Now Available**

Parents/Guardians please note that if your student needs support in Math that Benson Tech will now be offering Math support. Please click on the link below for specific details.

https://docs.google.com/document/d/1PjOOK-t7JZ-MgGb3ZDNC4g8R0RXfCbX3myGct73PIUI/edit?usp=sharing *BHS Math Department* 

#### **Pre-Order of Yearbooks**

It's time to pre-order a yearbook! A yearbook is the perfect way to commemorate your high schooler's experience! Pre-order your yearbook now starting at \$45. Please contact iprahl@pps.net

#### **A Message from the Benson Tech Counselors**

Parents/Guardians,

Last Spring, the Benson Tech Counseling Department began having discussions with Benson teachers about integrating topics around race into their everyday work with students. As a result of this work, during the month of November, all of our English teachers will be having different grade levels reading chapters of "How to Be An Anti Racist" by Ibram X. Kendi.

By reading this book we are hoping to accomplish the following:

- a) Facilitate an open, honest dialogue about race amongst students and staff
- b) Help to teach foundational concepts and vocabulary about race
- c) Bring about a healthier and safer Benson Tech community

We know this topic can be really difficult to discuss, especially for our BIPOC students and families. We want to let you know there are supports. We have staff who are offering a safe space for our BIPOC students (Boys Empowerment Group, Diversity and Asian American clubs). Also, the Counseling Department and the Wellness Center are available to meet with students individually.

Lastly, we would love for you to join our staff and students in reading this book. There are copies available at Multnomah County Library. If you have any questions/concerns, please feel free to contact your counselor. Thank you for supporting this important discussion.

The Benson Tech Counseling Team

Amy Henry (Students Last Name A-Gq)

Peg Schoettle (Students Last Name (Gr-O)

Christy Wheeler (Students Last Name P-Z)

#### **A Message from the Benson Tech Counselors**

#### A Message from Kathleen Reid (College Counselor/AVID Coordinator)

Here is a link to the College Newsletter: <a href="https://www.smore.com/fx801">https://www.smore.com/fx801</a>

Kathleen Reid (she/her)
College Counselor/AVID Coordinator
Benson Polytechnic High School
Benson College Info Webpage
kreid@pps.net

971-238-8322

Set up an appointment with me **HERE** 

#### A Message from Benson's Youth Transition Coordinator Kia Swain

Good news! We are now accepting applications for the

2021 <u>PWA Future of Nursing Mentor Program</u>, a free virtual after-school program opportunity that will help students prepare for college and career.

What: Four-week virtual nursing mentor program

When: Nov-Dec. Four Tuesdays from 4-5:30 p.m. (11/9, 11/16, 11/30, 12/7)

Where: Virtual

Partners include: Kaiser Permanente, OHSU, UP School of Nursing, Legacy Health,

Oregon Nurses Association.

Who: Sophomores and juniors.

Deadline: Applications open now. Easy Google form. Apply no later than Tuesday,

Oct. 19, 2021

<u>Here is a link</u> to more information and <u>our online student application</u>. **Attached** is a student flyer.

**Selection criteria:** Given high demand, priority consideration will be given to students from partner districts who can attend all four sessions and who briefly explain their interest in participating. Additional consideration will be given for students from underrepresented populations. **Students with disabilities are strongly encouraged to apply!** 

Mrs. Kia Swain

#### A Message from Benson's Attendance Coordinator Montreal Granville

### Black Boys Empowerment Group

**Starts: Nov 11th** 

**Every Wednesday: 11:39-12:14 pm during lunch** 

**Meeting location: Library** 

#### Lunch will be provided

What: This group is designed to empower our black boys to be confident and to reimagine who they can become and live a limitless life.

We will have workshops on *study habits*, *note-taking*, dealing with *peer pressure*, and self-care.

In addition, we have guest speakers and returning students to empower our students. All activities are with the goal of empowering our boys.

Sign up any day @ Montreal Granville Office Located at B50 The sign-up sheet will be on the office window.

Email me if you have any questions: Mgranville@pps.net

Or call me at 971-413-3134

Space limited: First come first served

#### A Message from Jacob Guth Regarding TAG Nominations

If parents want to nominate their student for TAG, they should email me and I will send them the nomination form to get the process started. The deadline for TAG nomination is December 3rd. Thanks!

Jake Guth (he/him)
TAG Coordinator
Benson Polytechnic High School
jguth1@pps.net
(503) 916-5100

#### A Message from Christina Thompson Regarding Bike Safety

Please click on the link below to access some great information regarding utilizing bikes in order to get to Benson Tech at the Marshall Campus.

https://docs.google.com/document/d/1rSkA5jprSAKqGXdvQ-EheCw17C0QDhlivySQNfK9Bzs/edit?usp=sharing

Christina Thompson

#### A Message from Jacob Dean Patterson from Benson's KBPS Radio Station

The PPS radio station is looking for our next sportscasting stars! The AM 1450 KBPS radio sportscasting program provides PPS students the opportunity to broadcast live PIL basketball and football games on AM 1450 and <a href="http://kbps.am">http://kbps.am</a> - No previous broadcast experience is necessary. Any PPS high school student is eligible. Students wanting more info should email KBPS Instructor Jacob Patterson - <a href="mailto:jacpatterson@pps.net">jacpatterson@pps.net</a> - or stop by Room C-20. More info online at KBPS.am and click on "Sports".

Jacob Dean Patterson (he/him)
KBPS Radio Instructor
Communications Design Academy
Benson Polytechnic High School
3905 SE 91st Ave Portland, OR 97266
(503) 916-5100 ex.86320
jacpatterson@pps.net

http://kbps.am

## A Message from Caroline Bleckmann/Benson's Social Worker & Wellness Center Coordinator

#### Wellness Center resources to help with COVID-19

COVID relief for youth in Foster Care

PGE Bill help

**NW Natural Bill help** 

**Pacific Power** 

Benson Drug and Alcohol counselor Ashley Cohen

<u>Culturally specific (Latine/x & Black) Drug and Alcohol services/support</u>

Sincerely,

Caroline Bleckmann, LCSW, She/her

School Social worker, Benson Polytechnic High School

For all meeting requests click here or use google calendar for PPS employees

**Benson Wellness Center** 

Cell/Non-urgent texting: 503-729-3486

Monday-Friday, 8-4:00

How can the School Social Worker help me?

Outside of office hours, if you or your loved one is experiencing a mental health crisis, please call the Multnomah County Crisis line at 503-988-4888.

**Check out the Youth Resource App!** 

#### **A Message from Nutrition Services**

#### New for the 2021-22 School Year

All PPS students eat breakfast and lunch for FREE. Students will receive 1 breakfast and 1 lunch per day. Menu information, along with allergy and carbohydrate counts can be found at www.pps.net/nutrition

Benson is a CEP school for the 2021-22 school year and we are not allowed to process lunch applications for CEP sites because all students enrolled at CEP sites automatically qualify for free meals and are eligible for a letter they can use for discounts such as sports fee waivers, bus passes, etc without an application. If a family has students at other schools that are NOT CEP or if your student transfers to a NON-CEP school you can apply here: https://www.schoolcafe.com/pps, if you want a copy of a letter for your Benson students you can request one here: mealbenefits@pps.net.

Households financially impacted by the Coronavirus (COVID-19) may be able to qualify for The Supplemental Nutrition Assistance Program (SNAP). SNAP offers

# food benefits to eligible, low-income individuals and families. Find out if you are eligible and how to apply for food benefits by clicking here. For more information or support, please contact the Nutrition Services department at 503-916-3399 or nutritionservices@pps.net **PPS Nutrition Services**