



***Please be sure to follow me on Twitter @BensonTechPride***

***Please be sure to go to the BHS Website at [www.bensonhs.net](http://www.bensonhs.net) for school information as it becomes relevant.***

### **Athletics**

***Please be sure to download our Trivory App for up to the minute dates and game times regarding athletics.***

**October 11th 2021**

### **A Message From Jessica Murchison/Benson's Testing Coordinator**

This is a reminder that **PSAT testing is Wednesday, October 13th.**

**All sophomores and juniors that signed up need to check in **by 8:15am.** Students will check-in at the main entrance in the front of the building by the office.**

**Once timed testing has begun, students will not be allowed to enter the test.**

**Students will not be allowed to have backpacks, bags, cell phones, smartwatches, electronics, food, or drink (including water) in the testing room.**

**Please leave these items at home if possible.**

**These items will be collected at school if they are brought with students.**

There will be a bag check in the auditorium and cell phones or smartwatches will be collected by the proctor before testing can begin. Any students that still have their cell phones or smartwatches at any time during the test, including breaks, will be asked to leave the testing room and their test will be invalidated.

There will be breakfast and lunch available for students in the cafeteria. Breakfast from 8-8:30am and from 12-1 after the test for students to grab and go.

**Students should bring with them a calculator and 2 #2 pencils. Calculator must not be wired or able to connect to wifi/bluetooth.** We will have extras for students that don't have them or forget to bring them.

Students that are not participating in PSAT testing will be participating in ***Tools for Your Future*** Virtually.

Please note that Wednesday, October 13th is neither an A or B day, and this week only, Thursday the 14th is an A day and Friday the 15th is a B day.

*Jessica Murchison*

She/Her/Hers

Teacher & Testing Coordinator

546 NE 12th Ave. Portland, OR 97232

503-916-5100

[jmurchis@pps.net](mailto:jmurchis@pps.net)

## Students Not Participating in the PSAT on Wednesday October 13th

### Tools to Build Your Future 10/13/2021

Students not participating in PSAT are participating in Tools to Build Your Future. There are several career and college professional workshops to join. We have our Tools to Build Your Future website updated. From the website you can access *session information* viewable to students and families. **Registration [IS NOW LIVE!](#) Students can [register HERE](#).**

### A Message Regarding the BHS Construction Update

The construction project is moving ahead at full speed. On the Marshall campus, we are getting to the end of the construction of the CTE Annex which will house the Automotive, Construction and Tech Geo programs. There is lots going on inside the building as craftsmen work to complete the electrical, plumbing and sheet rock installation is still underway.

In recent days on the BPHS campus on 12th street, Andersen Construction has completed the removal of the Auto building as well as made progress on taking down the interior walls of the main building. In the coming weeks, the old Band Room, Teen Clinic and the entire Science Wing will find itself in a dumpster heading to the landfill. You can watch some of this action take place courtesy of the destructo cam (it will become the constructo cam after this part is taken out) that Andersen put up on the BPHS campus. You can find this camera at:

<https://webcampub.multivista.com/index.cfm?fuseaction=aPublicWebcam.page&WebcamPublicPageUID=1E44F7CD-FA2E-4489-B5BC-4D67EDCD2A47>

Enjoy the journey with us.

Dan Malone  
VP, Modernization  
Benson Polytechnic HS at Marshall Campus

## A Message from the Benson Tech Counselors

The Benson Tech School Counselors have been visiting the freshmen English classes to talk about social/emotional supports and academic planning. If you would like to see the presentation, it is located in your freshmen student's Canvas account under Advisory.

***Amy Henry (she/her)***

***Counselor***

***Benson Polytechnic High School at Marshall Campus***

***Working with Students with the Last Names A-Gq***

***503-916-5100 x86434***

## A Message from Kathleen Reid (College Counselor/AVID Coordinator)

Here is a link to the College Newsletter: <https://www.smores.com/fx801>

***Kathleen Reid (she/her)***

***College Counselor/AVID Coordinator***

***Benson Polytechnic High School***

***[Benson College Info Webpage](#)***

***[kreid@pps.net](mailto:kreid@pps.net)***

***971-238-8322***

***Set up an appointment with me [HERE](#)***

## **A Message from the Benson Tech Dance Team Coach BeverLee Tuyub**

The Technique, Benson's Dance team is looking for new members for this school year. We welcome new members with any level of experience.

This is a great year to join our dance family. Generally we perform at games, school assemblies, community events, and competitions. We practice on Tuesday and Thursday's. We will be posting tryout dates soon for the first week of October. You will need to complete your family ID in order to audition.

You can find details on our Instagram page : [Bensondanceteam](#) Or email us for more information

Let us know you're interested In joining and we will continue to update you with information!

[Bensondanceteam@gmail.com](mailto:Bensondanceteam@gmail.com)

***BeverLee Tuyub***

## **A Message from the Eastside Snowboard Team**

INFO NIGHT — Eastside Snowboard Team

Wednesday October 13th — 7-8pm

Cleveland High School

Outside in the breezeway on Franklin St.

Wear a mask!

[www.eastsidesnowboardteam.com](http://www.eastsidesnowboardteam.com)

Thank you!

Kirsten Finstad

Team Advisor

Eastside Snowboard Team

Metro League / OISA

917.687.5458

## Black Boys Empowerment Group

Starts: Nov 11th

Wednesday: 11:39-12:14 pm during lunch

Meeting location: Library

Lunch will be provided

What: This group is designed to empower our black boys to be confident and to re-imagine who they can become and live a limitless life.

We will have workshops on *study habits, note-taking, dealing with peer pressure, and self-care.*

In addition, we have guest speakers and returning students to empower our students. All activities are with the goal of empowering our boys.

Sign up any day @ Montreal Granville Office Located at B50

The sign-up sheet will be on the office window.

Email me if you have any questions: [Mgranville@pps.net](mailto:Mgranville@pps.net)

Or call me at 971-413-3134

Space limited: First come first served

**A Message from Caroline Bleckmann/Benson's Social Worker & Wellness Center  
Coordinator**

Hello, Tech community!

Here are some new building and community resources available:

[COVID relief for youth in Foster Care](#)

[PGE Bill help](#)

[NW Natural Bill help](#)

[Pacific Power](#)

[Benson Drug and Alcohol counselor Ashley Cohen](#)

[Culturally specific \(Latine/x & Black\) Drug and Alcohol services/support](#)

Sincerely,

[Caroline Bleckmann, LCSW](#), She/her

School Social worker, Benson Polytechnic High School

**For all meeting requests [click here](#) or use google calendar for PPS employees**

[Benson Wellness Center](#)

Cell/Non-urgent texting: 503-729-3486

**Monday-Friday, 8-4:00**

[How can the School Social Worker help me?](#)

**Outside of office hours, if you or your loved one is experiencing a mental health crisis, please call the Multnomah County Crisis line at 503-988-4888.**

[Check out the Youth Resource App!](#)

### **A Message from Jacob Guth Regarding TAG Nominations**

If parents want to nominate their student for TAG, they should email me and I will send them the nomination form to get the process started. The deadline for TAG nomination is December 3rd. Thanks!

***Jake Guth (he/him)***

***TAG Coordinator***

***Benson Polytechnic High School***

***[jguth1@pps.net](mailto:jguth1@pps.net)***

***(503) 916-5100***

### **A Message from Christina Thompson Regarding Bike Safety**

Please click on the link below to access some great information regarding utilizing bikes in order to get to Benson Tech at the Marshall Campus.

<https://docs.google.com/document/d/1rSkA5jprSAKqGXdvQ-EheCw17C0QDhlivySQNfK9Bzs/edit?usp=sharing>

***Christina Thompson***

### **A Message from Jacob Dean Patterson from Benson's KBPS Radio Station**

The PPS radio station is looking for our next sportscasting stars! The AM 1450 KBPS radio sportscasting program provides PPS students the opportunity to broadcast live PIL basketball and football games on AM 1450 and <http://kbps.am> - No previous broadcast experience is necessary. Any PPS high school student is eligible. Students wanting more info should email KBPS Instructor Jacob Patterson - [jacpatterson@pps.net](mailto:jacpatterson@pps.net) - or stop by Room C-20. More info online at KBPS.am and click on "Sports".

***Jacob Dean Patterson (he/him)***

***KBPS Radio Instructor***

***Communications Design Academy***

***Benson Polytechnic High School***

***3905 SE 91st Ave Portland, OR 97266***

***(503) 916-5100 ex.86320***

***[jacpatterson@pps.net](mailto:jacpatterson@pps.net)***

***<http://kbps.am>***

## **A Message from the Benson Tech Track and Field Coach**

Starting October 4th, the Benson track and field coaching staff will be offering off-season training for any interested athletes. All sports are welcome. Workouts will be held every Monday, Wednesday and Thursday from 3:45 to 5:00. Meet on the track and come dressed to workout.

***Coach Jay Miles***

## **A Message from Nutrition Services**

### **New for the 2021-22 School Year**

All PPS students eat breakfast and lunch for FREE. Students will receive 1 breakfast and 1 lunch per day. Menu information, along with allergy and carbohydrate counts can be found at [www.pps.net/nutrition](http://www.pps.net/nutrition)

Benson is a CEP school for the 2021-22 school year and we are not allowed to process lunch applications for CEP sites because all students enrolled at CEP sites automatically qualify for free meals and are eligible for a letter they can use for discounts such as sports fee waivers, bus passes, etc without an application. If a family has students at other schools that are NOT CEP or if your student transfers to a NON-CEP school you can apply here: <https://www.schoolcafe.com/pps>, if you want a copy of a letter for your Benson students you can request one here: [mealbenefits@pps.net](mailto:mealbenefits@pps.net).

Households financially impacted by the Coronavirus (COVID-19) may be able to qualify for The Supplemental Nutrition Assistance Program (SNAP). SNAP offers food benefits to eligible, low-income individuals and families. Find out if you are eligible and how to apply for food benefits by clicking [here](#). For more information or support, please contact the Nutrition Services department at [503-916-3399](tel:503-916-3399) or [nutritionservices@pps.net](mailto:nutritionservices@pps.net)

***PPS Nutrition Services***



## A Message from Benson's Career Coordinator Miranda Ryan

### Career Opportunities:

#### **YOUTH OPPORTUNITY DESIGN APPROACH**

Multnomah County Library is planning to redesign and expand Albina and North Portland libraries. You have the opportunity to help design these new libraries that represent you and your community.

Working with library staff, LEVER Architecture and Noll & Tam Architects, you will be a part of virtual and in-person workshops, go on field trips, use design thinking, develop design skills and have a fun time.

Interested in being part of the YODA Program? Great! Please apply by Friday, **October 15, 2021** at [tinyurl.com/YODA2021](https://tinyurl.com/YODA2021)

#### **Manufacturing Month Zoom Link**

<https://us02web.zoom.us/j/83038686016?pwd=UXZlOG5kMGpJOUFWU1dMV1d4RlpoUT09>

**Sign up a class** – <https://bit.ly/MFGClassSignUp2021>

For more Career Information, go to the Career Newsletter: <https://docs.google.com/document/d/1uug6CMEvSFg4waC6sUi4oTvNPYPjZ4A3L3WpXxTDVFW/edit?usp=sharing>

## A Message from Benson's Career Coordinator Miranda Ryan

**ChickTech** has recently received a grant to train 20 Portland-area women and non-binary individuals in videography/video editing. This opportunity is 100% free and begins in late October—you can learn more about the program [here](#).

This would be a fantastic opportunity for anyone who:

- is looking to build creative/technical skills for a career in videography
- is passionate about telling stories through video
- wants to build their network of supportive women & non-binary folks in tech
- finds traditional tech/creative educational opportunities financially inaccessible

**Adventist Student Healthcare Leaders (SHL) Program** is back! Their new Fall cohort will **start on October 26th** and will run for 8 weeks in the after-school hours. SHL program is designed to provide an opportunity for high school-age young people to learn more about the many **different career opportunities available in healthcare**. Students will see in real life what it takes to be a medical leader – whether as a doctor, nurse, administrator, technician, or support person. Evening meals will be provided and all students accepted will receive uniforms and supplies.

Basic Eligibility Requirements. Applicants must:

be a high school student (preference given to sophomores and juniors)

be fully vaccinated against COVID-19

submit a complete application (including application, video or written essay, proof of COVID-19 vaccination, and recommendation)

commit to the full program which includes attending all classes and graduation

SHL is now accepting applications for Fall Session 2021. To apply students can go to their website [www.StudentHealthcareLeaders.com](http://www.StudentHealthcareLeaders.com) or scan the QR code in the attached flier.