

Please be sure to follow me on Twitter @BensonTechPride

Please be sure to go to the BHS Website at www.bensonhs.net for school information as it becomes relevant.

## **Athletics**

Please be sure to download our Trivory App for up to the minute dates and game times regarding athletics.

### November 22nd 2021

### Parent Teacher Conferences

Benson Tech Families,

Parent Teacher Conferences are being held virtually on November 22nd and 23rd. If you have not already scheduled a conference or are having a hard time accessing conferences please go to our Launch Page:<u>https://docs.google.com/document/</u> <u>d/1dRhjYzmZHQaVzBBJc85jOac9MZ0GH4rDOCLXLdwG0k0/edit?</u> <u>usp=sharing</u>

Need Help? Virtual live assistance is available <u>here</u> on November 22nd and November 23rd.

Interpretation assistance is available <u>here</u> on November 22nd and November 23rd.

Conferences will be in ten (10) minute slots per teacher through a Zoom link you will receive in an email confirmation from <u>myconferencetime.com</u>, the online scheduling system Benson Tech will use to schedule and coordinate all conferences.

Sara Callies (she/her/hers) Vice Principal 503-916-5100

If you would like to see pictures of the Modernization Project happening on the Benson Tech Campus on 12th street please click on the link below.

https://www.flickr.com/photos/41430185@N08/ sets/72157720108908045/

Dan Malone VP, Modernization Benson Polytechnic HS at Marshall Campus

### A Message from the Benson Tech Counselors

Seniors Applying to Private School: If you are applying to a private school and need a Counselor recommendation letter, we need the Counselor recommendation survey completed by December 1st. Instructions on how to complete this in Maia are located on the Benson website: <u>https://sites.google.com/apps4pps.net/</u> <u>bphscollegenews/maia-learning</u>

After you have completed this survey, please email your Counselor to let them know it is completed.

Amy Henry (she/her) Counselor Benson Polytechnic High School at Marshall Campus Working with Students with the Last Names A-Gq 503-916-5100 x86434

Hey Benson Techsters: Do you speak, read, and write fluently in another language and need world language credit? The STAMP test is a world language assessment in which native speakers can earn up to four (4) world language credits. STAMP test registration is now open. Please come down to the counseling department to register.

Dates and times are on the PPS STAMP website <a href="https://www.pps.net/Page/2338">https://www.pps.net/Page/2338</a>

Christy Wheeler School Counselor Students with last name P-Z She/Her 503-916-5100 <u>https://bensonhs.net/</u> <u>https://sites.google.com/pps.net/bensontechcounseling/home</u>

### Math Tutoring Now Available

Parents/Guardians please note that if your student needs support in Math that Benson Tech will now be offering Math support. Please click on the link below for specific details. https://docs.google.com/document/d/1PjOOK-t7JZ-MgGb3ZDNC4g8R0RXfCbX3myGct73PIUI/edit?usp=sharing **BHS Math Department** 

### **Pre-Order of Yearbooks**

It's time to pre-order a yearbook! A yearbook is the perfect way to commemorate your high schooler's experience! Pre-order your yearbook now starting at \$45 by using the link below.

https://pps.schoolpay.com/pay/for/Benson----Yearbook-for-2021----2022/Sel3EZE For questions please contact Ike Prahl at <u>iprahl@pps.net</u> Ike Prahl Yearbook Advisor

# A Message from Benson's Career Coordinator Miranda Ryan

### **Paid Internship:**

**PSU Eagles Program and Scholarship**: EAGLES Scholarships are open to firt-time freshmen students who meet the following criteria:

A 3.0 GPA (GPA of 2.75-2.99 may be considered under certain circumstances) PELL Grant eligible/low income Committed to majoring in one of the STEM studies areas Aspire for a career in environmental science, management, or engineering

### **Career Opportunities**

**Wednesday, December 1** from 1:00pm-1:45pm: Post-Secondary Presentation-PCC Civil & Construction Engineering Technology.pcc

Are you seeking a career where you play a pivotal role in designing and building important projects? Consider Civil and Construction Engineering Technology (CCET) at PCC. You will learn how to be an integral team member to build safe roads, design better structures, and provide clean water to create a better future for your community. The CCET program offers a great return on your tuition investment with a stable, well-paying career path with local job opportunities that build our community. Connected Careers-Civil Engineering, Construction, Business. Google Link: <a href="https://meet.google.com/mzx-egzn-jed">https://meet.google.com/mzx-egzn-jed</a>

### December 8, 2021- 9:00- 10:30 PPS EMERGENCY SERVICES CAREER FOCUS EVENT!

Learn about a variety of emergency services careers, the job outlook for Oregon and nationally, salary ranges, etc. Learn about different kinds of emergencies that can happen in our local area from most common to unique, and how multiple

agencies work together to serve citizens.

Hear from professionals who will share their career story and interesting details of their job such as skills, education, physical requirements, general duties, and more!

Have fun participating in interactive activities while exploring skills that will help you prepare yourself for a successful future!

**Pre-Registration is Required.** The deadline to submit your Registration is **Monday, December 6th**, **2021.** You will be notified by December 7, 2021, of your acceptance into this event. **Go to this link to register NOW!:** <u>http://bit.ly/ESCFE-R</u>

#### Monday, December 9th, 2021 12:25pm-1:55pm - Technology Careers

Learn about the Tech industry job outlook (both in Oregon and Nationwide), salary ranges, and range of careers. Hear from professionals who will share their individual career pathway

Have fun participating in interactive activities while exploring skills that will help you prepare yourself for a successful future! Pre-Registration is Required. The deadline to submit your Registration is **Monday, December 6th**, **2021**. You will be notified by December 7th, 2021 of your acceptance into this event. Go to this link to register NOW!: <u>https://bit.ly/</u><u>Tech-R</u>

#### Wednesday, December 15th-10:30-11:30 HIPAA (Health Insurance Portability and Accountability Act) TRAINING

Learn how to assure health insurance portability by eliminating job-lock due to pre-existing medical conditions. Hear from Patient Care professionals how to reduce healthcare fraud and abuse, and enforce standards for health information. Learn how health care professionals guarantee the security and privacy of health information.

At the end of the training, participants will be given the opportunity to take a quiz to earn a certificate.

Pre-registration is required. The deadline to submit your registration is **December 12th**, **2021**. You will be notified by December 13th, 2021 of your acceptance into this event. Go to this link to register NOW!: <u>http://bit.ly/HIPAA-R</u> For more career information go to the Career Newsletter: <u>HERE</u>

**Contact Information:** 

Miranda Ryan Career Coordinator Work Cell: 503-312-2774 or Office: 503-916-5100 X: 86281 Schedule a Meeting: <u>http://bit.ly/BHS\_careercalendar</u> Career Website: <u>http://bit.ly/bensoncareers</u>

## A Message from Kathleen Reid (College Counselor/AVID Coordinator)

Here's the College Newsletter link: <u>https://www.smore.com/fx801</u>

Kathleen Reid (she/her) College Counselor/AVID Coordinator/School Counselor **Benson Tech High School/Jefferson High School** <u>Benson College Info Webpage</u> <u>kreid@pps.net</u> 971-238-8322

BENSON STUDENTS set up an appointment with me HERE

JEFFERSON STUDENTS set up an appointment with me HERE

## A Message from Christina Thompson Regarding Bike Safety

Please click on the link below to access some great information regarding utilizing bikes in order to get to Benson Tech at the Marshall Campus.

https://docs.google.com/document/d/1rSkA5jprSAKqGXdvQ-EheCw17C0QDhlivySQNfK9Bzs/edit?usp=sharing

### Christina Thompson

### A Message from Jacob Dean Patterson from Benson's KBPS Radio Station

The PPS radio station is looking for our next sportscasting stars! The AM 1450 KBPS radio sportscasting program provides PPS students the opportunity to broadcast live PIL basketball and football games on AM 1450 and <u>http://kbps.am</u> - No previous broadcast experience is necessary. Any PPS high school student is eligible. Students wanting more info should email KBPS Instructor Jacob Patterson - <u>jacpatterson@pps.net</u> - or stop by Room C-20. More info online at KBPS.am and click on "Sports".

Jacob Dean Patterson (he/him) KBPS Radio Instructor

### <u>A Message from Caroline Bleckmann/Benson's Social Worker & Wellness Center</u> <u>Coordinator</u>

### Wellness Center resources to help with COVID-19

COVID relief for youth in Foster Care PGE Bill help NW Natural Bill help Pacific Power Benson Drug and Alcohol counselor Ashley Cohen Culturally specific (Latine/x & Black) Drug and Alcohol services/support

Sincerely, <u>Caroline Bleckmann, LCSW</u>, She/her School Social worker, Benson Polytechnic High School

For all meeting requests click here or use google calendar for PPS employees

Benson Wellness Center Cell/Non-urgent texting: 503-729-3486 Monday-Friday, 8-4:00

How can the School Social Worker help me?

Outside of office hours, if you or your loved one is experiencing a mental health crisis, please call the Multnomah County Crisis line at 503-988-4888. Check out the Youth Resource App!

### A Message from Nutrition Services

### New for the 2021-22 School Year

All PPS students eat breakfast and lunch for FREE. Students will receive 1 breakfast and 1 lunch per day. Menu information, along with allergy and carbohydrate counts can be found at <u>www.pps.net/nutrition</u>

Benson is a CEP school for the 2021-22 school year and we are not allowed to process lunch applications for CEP sites because all students enrolled at CEP sites automatically qualify for free meals and are eligible for a letter they can use for discounts such as sports fee waivers, bus passes, etc without an application. If a family has students at other schools that are NOT CEP or if your student transfers to a NON-CEP school you can apply here: <u>https://www.schoolcafe.com/pps</u>, if you want a copy of a letter for your Benson students you can request one here: <u>mealbenefits@pps.net</u>.

Households financially impacted by the Coronavirus (COVID-19) may be able to qualify for The Supplemental Nutrition Assistance Program (SNAP). SNAP offers food benefits to eligible, low-income individuals and families. Find out if you are eligible and how to apply for food benefits by clicking <u>here</u>. For more information or support, please contact the Nutrition Services department at <u>503-916-3399</u> or <u>nutritionservices@pps.net</u>

### **PPS Nutrition Services**