

Please be sure to follow me on Twitter

@BensonTechPride

Please be sure to go to the BHS Website at www.bensonhs.net for school information as it becomes relevant.

Athletics

Please be sure to download our Trivory App for up to the minute dates and game times regarding athletics.

Mark Your Calendars

Picture Retakes
When: Tuesday
November 9th
Where: BHS
Auditorium
Time: During Lunch

November 8th 2021

Parent Teacher Conferences

Benson Tech Families,

Parent Teacher Conferences will be held <u>virtually</u> and will be prescheduled for time slots on November 22nd and November 23rd. Conferences are intended to offer support to struggling students who have a C or less in that class to ensure those most in need have access to teachers with limited availability.

- Conferences will be in ten (10) minute slots per teacher through a Zoom link you will receive in an email confirmation from myconferencetime.com, the online scheduling system Benson Tech will use to schedule and coordinate all conferences.
- Priority scheduling has begun for students with IEPs
 (Individualized Education Plans) or receiving English Language
 Learner services, or those that are struggling in 2 or more classes.
 Those students' families will be contacted by the school to directly arrange conference slots.
- Open scheduling for all students and teachers will begin on <u>Saturday November 13th</u>.
 Here is a link to the central hub for information, directions on scheduling, and general assistance for conferences this year: https://docs.google.com/document/ d/1dRhjYzmZHQaVzBBJc85jOac9MZ0GH4rDOCLXLdwG0k0/edit? usp=sharing

Spanish- EspañolRussian- РусскийVietnamese- TiếngViệtChinese- 中文

Sara Callies (she/her/hers)
Vice Principal
503-916-5100

This Week's School Schedule

Parents/Guardians please note that this week will be a shortened week for our students.

- Monday November 8th will be a regular "A" Day with periods 1-4
- Tuesday November 9th will be a regular "B" Day with periods 5-8
- Wednesday November 10th will be an All 8 Period Day with periods 1 thru 8 happening on this day.
- Thursday November 11th there will be "No School" as it's recognition of Veterans Day.

• Friday November 12th there will be "No School for Students" as it will be a District Wide Professional Development Day for our school staff. Please be sure to plan accordingly for this week. Thank You **Principal Wilson**

A Message from the Benson Tech Boosters

Benson Tech supporters, please help us provide snacks and/or a meal to teachers that will be on campus for Virtual Parent-Teacher Conferences later this month. You can sign-up to drop off snacks at the VOLUNTEER link on the BTB webpage https://bensontechboosters.org, or Venmo funds to @KarenPetersNM for use in purchasing snacks and food. Thank you for supporting our teachers during these long days of connecting with our Benson families!

Go Tech!
Benson TechBoosters
bensontechboosters@gmail.com
www.bensontechboosters.org
A tax-exempt, 501(c)(3) Organization

Math Tutoring Now Available

Parents/Guardians please note that if your student needs support in Math that Benson Tech will now be offering Math support. Please click on the link below for specific details.

https://docs.google.com/document/d/1PjOOK-t7JZ-MgGb3ZDNC4g8R0RXfCbX3myGct73PIUI/edit?usp=sharing *BHS Math Department*

Pre-Order of Yearbooks

It's time to pre-order a yearbook! A yearbook is the perfect way to commemorate your high schooler's experience! Pre-order your yearbook now starting at \$45 by using the link below.

https://pps.schoolpay.com/pay/for/Benson----Yearbook-for-2021----2022/Sel3EZE For questions please contact lke Prahl at iprahl@pps.net

Ike Prahl

Yearbook Advisor

A Message from Benson's Athletic Director Mat Clark

Benson High School Swim Team Information/Update Meeting

Date: Tuesday November 9th 2021

Location: Benson Tech Library

Time: During Lunch

Any student who is wanting to have the swim team come back to Benson Tech needs to plan on attending this meeting.

Mat Clark Athletic Director Benson High School--PPS/PIL 503-916-5100

Eastside Snowboard Team Registration

Registration is now open Oct 29–Nov 14th. Visit our site for more info: eastsidesnowboardteam.com. Fill out our contact form here.

Kirsten Finstad
Team Advisor
Eastside Snowboard Team
Metro League / OISA
eastsidesnowboardteam.com

917.687.5458

A Message from Benson's Attendance Coordinator Montreal Granville

Black Boys Empowerment Group

Starts: Nov 11th

Every Wednesday: 11:39am-12:14pm during lunch

Meeting location: Library

Lunch will be provided

What: This group is designed to empower our black boys to be confident and to reimagine who they can become and live a limitless life.

We will have workshops on *study habits*, *note-taking*, dealing with *peer pressure*, and self-care.

In addition, we have guest speakers and returning students to empower our students. All activities are with the goal of empowering our boys.

Sign up any day @ Montreal Granville Office Located at B50 The sign-up sheet will be on the office window.

Email me if you have any questions: Mgranville@pps.net

Or call me at 971-413-3134

Space limited: First come first served

A Message from the Benson Tech Counselors

Hey Benson Techsters: Do you speak, read, and write fluently in another language and need world language credit? The STAMP test is a world language assessment in which native speakers can earn up to four (4) world language credits. STAMP test registration is now open. Please come down to the counseling department to register.

Dates and times are on the PPS STAMP website https://www.pps.net/Page/2338

Christy Wheeler
School Counselor
Students with last name P-Z
She/Her
503-916-5100
Benson Polytechnic High School

Benson Polytechnic High School at Marshall Campus 3905 SE 91st Ave Portland, OR 97266

https://bensonhs.net/

https://sites.google.com/pps.net/bensontechcounseling/home

A Message from the Benson Tech Counselors

Parents/Guardians,

Last Spring, the Benson Tech Counseling Department began having discussions with Benson teachers about integrating topics around race into their everyday work with students. As a result of this work, during the month of November, all of our English teachers will be having different grade levels reading chapters of "How to Be An Anti Racist" by Ibram X. Kendi.

By reading this book we are hoping to accomplish the following:

- a) Facilitate an open, honest dialogue about race amongst students and staff
- b) Help to teach foundational concepts and vocabulary about race
- c) Bring about a healthier and safer Benson Tech community

We know this topic can be really difficult to discuss, especially for our BIPOC students and families. We want to let you know there are supports. We have staff who are offering a safe space for our BIPOC students (Boys Empowerment Group, Diversity and Asian American clubs). Also, the Counseling Department and the Wellness Center are available to meet with students individually.

Lastly, we would love for you to join our staff and students in reading this book. There are copies available at Multnomah County Library. If you have any questions/concerns, please feel free to contact your counselor. Thank you for supporting this important discussion.

The Benson Tech Counseling Team

Amy Henry (Students Last Name A-Gq)

Peg Schoettle (Students Last Name (Gr-O)

Christy Wheeler (Students Last Name P-Z)

A Message from the Benson Tech Counselors

A Message from Kathleen Reid (College Counselor/AVID Coordinator)

Here is a link to the College Newsletter: https://www.smore.com/fx801

Kathleen Reid (she/her)
College Counselor/AVID Coordinator
Benson Polytechnic High School
Benson College Info Webpage
kreid@pps.net

971-238-8322

Set up an appointment with me **HERE**

A Message from Benson's Youth Transition Coordinator Kia Swain

Good news! We are now accepting applications for the

2021 <u>PWA Future of Nursing Mentor Program</u>, a free virtual after-school program opportunity that will help students prepare for college and career.

What: Four-week virtual nursing mentor program

When: Nov-Dec. Four Tuesdays from 4-5:30 p.m. (11/9, 11/16, 11/30, 12/7)

Where: Virtual

Partners include: Kaiser Permanente, OHSU, UP School of Nursing, Legacy Health,

Oregon Nurses Association. Who: Sophomores and juniors.

Deadline: Applications open now. Easy Google form. Apply no later than Tuesday,

Oct. 19, 2021

<u>Here is a link</u> to more information and <u>our online student application</u>. **Attached** is a student flyer.

Selection criteria: Given high demand, priority consideration will be given to students from partner districts who can attend all four sessions and who briefly explain their interest in participating. Additional consideration will be given for students from underrepresented populations. **Students with disabilities are strongly encouraged to apply!**

Mrs. Kia Swain

A Message from Jacob Guth Regarding TAG Nominations

If parents want to nominate their student for TAG, they should email me and I will send them the nomination form to get the process started. The deadline for TAG nomination is December 3rd. Thanks!

Jake Guth (he/him)
TAG Coordinator
Benson Polytechnic High School
jguth1@pps.net
(503) 916-5100

A Message from Christina Thompson Regarding Bike Safety

Please click on the link below to access some great information regarding utilizing bikes in order to get to Benson Tech at the Marshall Campus.

https://docs.google.com/document/d/1rSkA5jprSAKqGXdvQ-EheCw17C0QDhlivySQNfK9Bzs/edit?usp=sharing

Christina Thompson

A Message from Jacob Dean Patterson from Benson's KBPS Radio Station

The PPS radio station is looking for our next sportscasting stars! The AM 1450 KBPS radio sportscasting program provides PPS students the opportunity to broadcast live PIL basketball and football games on AM 1450 and http://kbps.am - No previous broadcast experience is necessary. Any PPS high school student is eligible. Students wanting more info should email KBPS Instructor Jacob Patterson - jacpatterson@pps.net - or stop by Room C-20. More info online at KBPS.am and click on "Sports".

Jacob Dean Patterson (he/him)
KBPS Radio Instructor
Communications Design Academy
Benson Polytechnic High School
3905 SE 91st Ave Portland, OR 97266
(503) 916-5100 ex.86320
jacpatterson@pps.net

<u>http://kbps.am</u>

A Message from Caroline Bleckmann/Benson's Social Worker & Wellness Center Coordinator

Wellness Center resources to help with COVID-19

COVID relief for youth in Foster Care

PGE Bill help

NW Natural Bill help

Pacific Power

Benson Drug and Alcohol counselor Ashley Cohen

<u>Culturally specific (Latine/x & Black) Drug and Alcohol services/support</u>

Sincerely,

Caroline Bleckmann, LCSW, She/her

School Social worker, Benson Polytechnic High School

For all meeting requests click here or use google calendar for PPS employees

Benson Wellness Center

Cell/Non-urgent texting: 503-729-3486

Monday-Friday, 8-4:00

How can the School Social Worker help me?

Outside of office hours, if you or your loved one is experiencing a mental health crisis, please call the Multnomah County Crisis line at 503-988-4888.

Check out the Youth Resource App!

A Message from Nutrition Services

New for the 2021-22 School Year

All PPS students eat breakfast and lunch for FREE. Students will receive 1 breakfast and 1 lunch per day. Menu information, along with allergy and carbohydrate counts can be found at www.pps.net/nutrition

Benson is a CEP school for the 2021-22 school year and we are not allowed to process lunch applications for CEP sites because all students enrolled at CEP sites automatically qualify for free meals and are eligible for a letter they can use for discounts such as sports fee waivers, bus passes, etc without an application. If a family has students at other schools that are NOT CEP or if your student transfers to a NON-CEP school you can apply here: https://www.schoolcafe.com/pps, if you want a copy of a letter for your Benson students you can request one here: mealbenefits@pps.net.

Households financially impacted by the Coronavirus (COVID-19) may be able to qualify for The Supplemental Nutrition Assistance Program (SNAP). SNAP offers

food benefits to eligible, low-income individuals and families. Find out if you are eligible and how to apply for food benefits by clicking here. For more information or support, please contact the Nutrition Services department at 503-916-3399 or nutritionservices@pps.net **PPS Nutrition Services**