



Please be sure to follow me on Twitter

@BensonTechPride

Please be sure to go to the BHS Website at www.bensonhs.net for school information as it becomes relevant.

Athletics

Please be sure to download our Trivory App for up to the minute dates and game times regarding athletics.

Black Student Union (BSU)

Will be holding it's first meeting on Wednesday December 15th during lunch in Room A-27.

Come meet the new advisor for the 2021-22 school year.

December 13th 2021

Tech Enterprise Open For Merchandise Sales

Tech Enterprises will be open for Benson merchandise sales one more time before Winter Break. Come buy your Benson Tech gear with cash, credit/debt card or Benson Bucks.

Thursday 12/16--during Flex in room C-44

We also print custom orders (about 2-5 week turn around time depending on size of the order). Email C-Mo at cmontalbin@pps.net with any inquiries.

Cheyenne Montalbin

(pronouns: they/them)

Tech Geometry & Tech Algebra

Benson Polytechnic High School

PSAT Update - Scores Are Ready

If your sophomore or junior took the PSAT test in October then your PSAT scores are now available.

Some students may have added their emails to their information on the testing form. If they did then they should have received an email that their scores are available to look at.

If you or your student have not done so already, you will need to create an account through CollegeBoard to access your scores along with test performance details. You can log in or create an account here. [CollegeBoard website](https://collegeboard.org)

Jessica Murchison

She/Her/Hers

Interim Instructional Specialist

Teacher & Testing Coordinator

503-916-5100

jmurchis@pps.net

Benson Tech Wrestling

During the weekend of December 3rd and 4th our small band of wrestlers made a huge impact on the mats. On Friday at the Battle for the Capital, Keyanna Brown placed 2nd and Angel Werner placed 4th. Then on Saturday both Keyanna and Angel placed 2nd at the Tyrone Woods Tournament collecting enough team points for a team finish of 7th place out of 20 teams! Also on Saturday at the Tyrone Woods Tournament, the boy's team battled their way through a 26 team tournament with Bryan Yanase finishing 14th, Jacob Dennis placing 8th, and Eamon Folkerth placing 7th in brackets with over 32 wrestlers. Great start to the season.

Rustin Marchello

Harrison Park School K-8 PE/Health Instructor

Co-Head Wrestling Coach Benson Polytechnic High School

Bensontechwrestling.com

No activity I know is more of a confidence builder and at the same time more 'humility training' than wrestling.

Congressman James Leach

A Message From Benson's Social Media Coordinator Joshua Reddy

Hey Tech family, senior photos and quotes are due January 14th, 2022, senior quotes must be school appropriate and you can submit your photos by using this link <https://forms.gle/rjcSN4RTu2usi349A> please email jreddy1201@student.pps.net if you have any questions or any problems submitting photos and quotes.

Joshua Reddy (he/him)

Social Media Coordinator

jreddy1201@student.pps.net

Modernization Update

If you would like to see pictures of the Modernization Project happening on the Benson Tech Campus on 12th street please click on the link below.

<https://www.flickr.com/photos/41430185@N08/sets/72157720108908045/>

Dan Malone

VP, Modernization

Benson Polytechnic HS at Marshall Campus

Math Tutoring Now Available

Parents/Guardians please note that if your student needs support in Math that Benson Tech will now be offering Math support. Please click on the link below for specific details.

<https://docs.google.com/document/d/1PjOOK-t7JZ-MgGb3ZDNC4g8R0RXfCbX3myGct73PIUI/edit?usp=sharing>

BHS Math Department

AP Tutor Support

Here is a support video - a [quick overview of Tutor.Com](#) for students & families. This is a free, personal tutoring 24/7 service in all AP classes with experienced, professional tutors!

Tara Harding

TOSA for AP at PPS

A Message from Benson's Kia Swain

Hello Benson Tech Students and Families,

If your student receives Special Education Services, you may be interested in attending a virtual conference to learn about resources, supports and services to assist your child transition out of high school.

Please check out the information below and review the attached flyer for further information. If you have any questions, please let me know.

Save the Date!

Join us for the Transition to Adulthood Virtual Conference! January 29th
from 8:30am to 1:30pm.

More information and registration coming soon!

Mrs. Kia Swain

Youth Transition Program

Career/Transition Coordinator

Benson & Roosevelt High School

Work Cell- 971-413-9588

A Message from the Benson Tech Counselors

Hey Benson Techsters: Do you speak, read, and write fluently in another language and need world language credit? The STAMP test is a world language assessment in which native speakers can earn up to four (4) world language credits. STAMP test registration is now open. Please come down to the counseling department to register.

Dates and times are on the PPS STAMP website <https://www.pps.net/Page/2338>

Christy Wheeler

School Counselor

Students with last name P-Z

She/Her

503-916-5100

<https://bensonhs.net/>

<https://sites.google.com/pps.net/bensontechcounseling/home>

Pre-Order of Yearbooks

It's time to pre-order a yearbook! A yearbook is the perfect way to commemorate your high schooler's experience! Pre-order your yearbook now starting at \$45 by using the link below.

<https://pps.schoolpay.com/pay/for/Benson----Yearbook-for-2021----2022/Sel3EZE>

For questions please contact Ike Prahl at iprahl@pps.net

Ike Prahl

Yearbook Advisor

A Message from Benson's Student Attendance Coordinator Montreal Granville

Parents/Guardians please help me recognize the students below for the most improved attendance here at Benson Tech for the 1st quarter of the school year.

Ruby Goodman, Henry Wilkins, Manuel Castillo, DaeHyeop Jang, Eleanie Carreto, Tatianna Solomon and Heriberto Cervanles-Juarez.

A Message from Kathleen Reid (College Counselor/AVID Coordinator)

Benson Students and Families,

Please click [HERE](#) for a copy of the most recent College Newsletter which includes up-to-date information on college applications, visits, financial aid, and scholarships.

Kathleen Reid (she/her)

College Counselor/AVID Coordinator/School Counselor

[Benson Tech High School/Jefferson High School](#)

[Benson College Info Webpage](#)

kreid@pps.net

971-238-8322

BENSON STUDENTS set up an appointment with me [HERE](#)

**A Message from Caroline Bleckmann/Benson's Social Worker & Wellness Center
Coordinator**

Greetings Benson Tech Community:

Once again, we are collecting Fred Meyer gift cards to share with Benson Tech families who need help over the holidays. As you may know, teens are often overlooked in holiday giving. So many of our students are doing the most: helping pay bills, taking care of younger siblings, and sometimes even going without necessities so youngers and elders will have enough. Families are so grateful for this help. You're really making a difference!

- **What:** Fred Meyer gift cards in any amount; please write how much the cards are for
- **Mail:** Caroline Bleckmann, LCSW, % Benson Polytechnic High School
3905 SE 91st Ave, Portland, OR 97266 **OR**
 - **Drop off/send with your child:** Leave with Norma, Eva, RoiSan or Shana in the front office
 - **WHEN:** Deadline is Tuesday, December 14th

Questions? cbleckmann@pps.net or 503-729-3486 (texting is fine)

[Caroline Bleckmann, LCSW](#), She/her

School Social worker, Benson Polytechnic High School

For all meeting requests [click here](#) or use google calendar for PPS employees

[Benson Wellness Center](#)

Cell/Non-urgent texting: 503-729-3486

Monday-Friday, 8-4:00

[How can the School Social Worker help me?](#)

Outside of office hours, if you or your loved one is experiencing a mental health crisis, please call the Multnomah County Crisis line at 503-988-4888.

[Check out the Youth Resource App!](#)

**A Message from Caroline Bleckmann/Benson's Social Worker & Wellness Center
Coordinator**

Wellness Center resources to help with COVID-19

[COVID relief for youth in Foster Care](#)

[PGE Bill help](#)

[NW Natural Bill help](#)

[Pacific Power](#)

[Benson Drug and Alcohol counselor Ashley Cohen](#)

[Culturally specific \(Latine/x & Black\) Drug and Alcohol services/support](#)

Sincerely,

[Caroline Bleckmann, LCSW](#), She/her

School Social worker, Benson Polytechnic High School

For all meeting requests [click here](#) or use google calendar for PPS employees

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A Message from Nutrition Services

New for the 2021-22 School Year

All PPS students eat breakfast and lunch for FREE. Students will receive 1 breakfast and 1 lunch per day. Menu information, along with allergy and carbohydrate counts can be found at www.pps.net/nutrition

Benson is a CEP school for the 2021-22 school year and we are not allowed to process lunch applications for CEP sites because all students enrolled at CEP sites automatically qualify for free meals and are eligible for a letter they can use for discounts such as sports fee waivers, bus passes, etc without an application. If a family has students at other schools that are NOT CEP or if your student transfers to a NON-CEP school you can apply here: <https://www.schoolcafe.com/pps>, if you want a copy of a letter for your Benson students you can request one here: mealbenefits@pps.net.

Households financially impacted by the Coronavirus (COVID-19) may be able to qualify for The Supplemental Nutrition Assistance Program (SNAP). SNAP offers food benefits to eligible, low-income individuals and families. Find out if you are eligible and how to apply for food benefits by clicking [here](#). For more information or support, please contact the Nutrition Services department at [503-916-3399](tel:503-916-3399) or nutritionservices@pps.net

PPS Nutrition Services