

Please be sure to follow me on Twitter @BensonTechPride

Please be sure to go to the BHS Website at www.bensonhs.net for school information as it becomes relevant.

Athletics

Please be sure to download our Trivory App for up to the minute dates and game times regarding athletics.

December 6th 2021

Tech Enterprise Open For Merchandise Sales

Tech Enterprises will be open for Benson merchandise sales two more times before Winter Break. Come buy your Benson Tech gear with cash, credit/debt card or Benson Bucks.

Friday 12/10--after school in the main hall Thursday 12/16--during Flex in room C-44

We also print custom orders (about 2-5 week turn around time depending on size of the order). Email C-Mo at <u>cmontalbin@pps.net</u> with any inquiries. Cheyenne Montalbin (pronouns: they/them) Tech Geometry & Tech Algebra Benson Polytechnic High School

The New CTE Annex Is Now Open For Business

Starting Monday December 6th, the CTE Annex is open for business!!!. Although not completely finished, this space is ready to welcome the Automotive, Construction and Tech Geo classes. Many thanks to Cedar Mill Construction and the slew of subcontractors who have worked hard to make this building a reality since ground was broken in April. Items that still are on the to be finished list includes the bike parking complex and the permanent dust collection are the major projects. Thanks too to the PPS Office of School Modernization for their efforts to make this building happen for our students and staff. Jamie Hurd, Mark Kline, Bryce Gardner, Devin Graham from OSM as well as Project Manager Robert Joule put in the extra effort to get this structure up and running despite the supply chain issues that befell many industries over the past year. Dan Malone VP, Modernization Benson Polytechnic HS at Marshall Campus

A Message From Bensons Social Media Coordinator Joshua Reddy

Hey Tech family, senior photos and quotes are due January 14th, 2022, senior quotes must be school appropriate and you can submit your photos by using this link <u>https://forms.gle/rjcSN4RTu2usi349A</u> please email <u>jreddy1201@student.pps.net</u> if you have any questions or any problems submitting photos and quotes.

Joshua Reddy (he/him) Social Media Coordinator jreddy1201@student.pps.net

Modernization Update

If you would like to see pictures of the Modernization Project happening on the Benson Tech Campus on 12th street please click on the link below. <u>https://www.flickr.com/photos/41430185@N08/sets/72157720108908045/</u> Dan Malone VP, Modernization Benson Polytechnic HS at Marshall Campus

Math Tutoring Now Available

Parents/Guardians please note that if your student needs support in Math that Benson Tech will now be offering Math support. Please click on the link below for specific details. https://docs.google.com/document/d/1PjOOK-t7JZ-

MgGb3ZDNC4g8R0RXfCbX3myGct73PIUI/edit?usp=sharing BHS Math Department

AP Tutor Support

Here is a support video - a <u>quick overview of Tutor.Com</u> for students & families. This is a free, personal tutoring 24/7 service in all AP classes with experienced, professional tutors! *Tara Harding TOSA for AP at PPS*

A Message from Benson's Kia Swain

Hello Benson Tech Students and Families,

If your student receives Special Education Services, you may be interested in attending a virtual conference to learn about resources, supports and services to assist your child transition out of high school.

Please check out the information below and review the attached flyer for further information. If you have any questions, please let me know.

Save the Date!

Join us for the Transition to Adulthood Virtual Conference! January 29th from 8:30am to 1:30pm. More information and registration coming soon!

Mrs. Kia Swain Youth Transition Program Career/Transition Coordinator Benson & Roosevelt High School Work Cell- 971-413-9588

More Information from Benson's Kia Swain

Hello Benson Seniors and Family Members~

The Youth Transition Program has coordinated a very special event for Seniors that receive Special Education Services. This informational event has been designed for HS Seniors with varying disabilities (ie. thinking and learning differences). Please read on...

1. Are you someone that may need assistance with applying for Portland Community College (PCC)?

2. Are you a HS Senior with an Individualized Education Plan (IEP) or 504 plan?

3. Would you like to know how to access and get started with the disability resource center at PCC?

4. Would you like to know or better understand accommodations that you can receive at PCC? How can you get started with the Disability Resource Center?

5. Would you like to know more about PCC Future Connect, certificate and trade programs? (Standard & Modified diplomas)

If the answer to any of the above questions is YES, Please click the Google link below to register.

This event is for students and parent/guardians.

Our two final sessions will be December 7th and 9th, 6-8pm. This is a virtual event. Google meets link will be sent via email upon registration.

<u>https://docs.google.com/forms/d/</u> e/1FAIpQLScUks8LSVoLfiSi4zdryJtlug7WDfZ737F6iP3OTtwGonKaVw/viewform? usp=sf_li

A Message from the Benson Tech Counselors

Hey Benson Techsters: Do you speak, read, and write fluently in another language and need world language credit? The STAMP test is a world language assessment in which native speakers can earn up to four (4) world language credits. STAMP test registration is now open. Please come down to the counseling department to register.

Dates and times are on the PPS STAMP website https://www.pps.net/Page/2338

Christy Wheeler School Counselor Students with last name P-Z She/Her 503-916-5100 <u>https://bensonhs.net/</u> <u>https://sites.google.com/pps.net/bensontechcounseling/home</u>

Pre-Order of Yearbooks

It's time to pre-order a yearbook! A yearbook is the perfect way to commemorate your high schooler's experience! Pre-order your yearbook now starting at \$45 by using the link below.

https://pps.schoolpay.com/pay/for/Benson----Yearbook-for-2021----2022/Sel3EZE For questions please contact Ike Prahl at <u>iprahl@pps.net</u> Ike Prahl Yearbook Advisor

A Message from Benson's Student Attendance Coordinator Montreal Granville

Parents/Guardians please help me recognize the students below for the most improved attendance here at Benson tech for the 1st quarter of the school year.

- 1. Nashi'ya Jones
- 2. Ben Cassidy
- 3. Joseph Martinez
- 4. Nick Van Dee

A Message from Kathleen Reid (College Counselor/AVID Coordinator)

Benson Students and Families,

Please click <u>HERE</u> for a copy of the most recent College Newsletter which includes up-to-date information on college applications, visits, financial aid, and scholarships.

Kathleen Reid (she/her)

College Counselor/AVID Coordinator/School Counselor

Benson Tech High School/Jefferson High School

Benson College Info Webpage kreid@pps.net 971-238-8322 BENSON STUDENTS set up an appointment with me <u>HERE</u>

A Message from Benson Tech Counselor Amy Henry

We are thrilled to announce that **Luke Balmer** received a full four-year scholarship to **Vanderbilt University** through the QuestBridge National College Match. Congratulations!

Amy Henry (she/her) Benson Polytechnic High School at Marshall Campus Working with Students with the Last Names A-Gq 503-916-5100 x86434

<u>A Message from Caroline Bleckmann/Benson's Social Worker & Wellness Center</u> <u>Coordinator</u>

Greetings Benson Tech Community:

Once again, we are collecting Fred Meyer gift cards to share with Benson Tech families who need help over the holidays. As you may know, teens are often overlooked in holiday giving. So many of our students are doing the most: helping pay bills, taking care of younger siblings, and sometimes even going without necessities so youngers and elders will have enough. Families are so grateful for this help. You're really making a difference!

- What: Fred Meyer gift cards in any amount; please write how much the cards are for
- Mail: Caroline Bleckmann, LCSW, % Benson Polytechnic High School 3905 SE 91st Ave, Portland, OR 97266 **OR**
 - **Drop off/send with your child:** Leave with Norma, Eva, RoiSan or Shana in the front office
 - WHEN: Deadline is Tuesday, December 14th

Questions? cbleckmann@pps.net or 503-729-3486 (texting is fine)

Caroline Bleckmann, LCSW, She/her

School Social worker, Benson Polytechnic High School

For all meeting requests <u>click here</u> or use google calendar for PPS employees

Benson Wellness Center

Cell/Non-urgent texting: 503-729-3486 Monday-Friday, 8-4:00 How can the School Social Worker help me?

Outside of office hours, if you or your loved one is experiencing a mental health crisis, please call the Multnomah County Crisis line at 503-988-4888. Check out the Youth Resource App!

<u>A Message from Caroline Bleckmann/Benson's Social Worker & Wellness Center</u> <u>Coordinator</u>

Wellness Center resources to help with COVID-19

COVID relief for youth in Foster Care PGE Bill help NW Natural Bill help Pacific Power Benson Drug and Alcohol counselor Ashley Cohen Culturally specific (Latine/x & Black) Drug and Alcohol services/support

Sincerely, <u>Caroline Bleckmann, LCSW</u>, She/her School Social worker, Benson Polytechnic High School

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A Message from Benson's Career Coordinator Miranda Ryan

Paid Internship:

PSU Eagles Program and Scholarship: EAGLES Scholarships are open to firt-time freshmen students who meet the following criteria:

A 3.0 GPA (GPA of 2.75-2.99 may be considered under certain circumstances) PELL Grant eligible/low income Committed to majoring in one of the STEM studies areas Aspire for a career in environmental science, management, or engineering

Career Opportunities

December 8, 2021- 9:00- 10:30 PPS EMERGENCY SERVICES CAREER FOCUS EVENT!

Learn about a variety of emergency services careers, the job outlook for Oregon and nationally, salary ranges, etc. Learn about different kinds of emergencies that can happen in our local area from most common to unique, and how multiple agencies work together to serve citizens.

- Hear from professionals who will share their career story and interesting details of their job such as skills, education, physical requirements, general duties, and more!
- Have fun participating in interactive activities while exploring skills that will help you prepare yourself for a successful future!

Pre-Registration is Required. The deadline to submit your Registration is **Monday, December 6th, 2021.** You will be notified by December 7, 2021, of your acceptance into this event. **Go to this link to register NOW**!: <u>http://bit.ly/ESCFE-R</u>

Monday, December 9th, 2021 12:25pm-1:55pm - Technology Careers

Learn about the Tech industry job outlook (both in Oregon and Nationwide), salary ranges, and range of careers. Hear from professionals who will share their individual career pathway

Have fun participating in interactive activities while exploring skills that will help you prepare yourself for a successful future!

Pre-Registration is Required. The deadline to submit your Registration is **Monday, December 6th**, **2021.** You will be notified by December 7th, 2021 of your acceptance into this event. Go to this link to register NOW!: <u>https://bit.ly/Tech-R</u>

Wednesday, December 15th-10:30-11:30 HIPAA (Health Insurance Portability and Accountability Act) TRAINING

Learn how to assure health insurance portability by eliminating job-lock due to pre-existing medical conditions. Hear from Patient Care professionals how to reduce healthcare fraud and abuse, and enforce standards for health information.

Learn how health care professionals guarantee the security and privacy of health information.

At the end of the training, participants will be given the opportunity to take a quiz to earn a certificate. Pre-registration is required. The deadline to submit your registration is **December 12th**, **2021**. You will be notified by December 13th, 2021 of your acceptance into this event. Go to this link to register NOW!: <u>http://bit.ly/HIPAA-R</u> For more career information go to the Career Newsletter: <u>HERE</u>

Contact Information:

Miranda Ryan Career Coordinator Work Cell: 503-312-2774 or Office: 503-916-5100 X: 86281 Schedule a Meeting: <u>http://bit.ly/BHS_careercalendar</u> Career Website: <u>http://bit.ly/bensoncareers</u>

A Message from Nutrition Services

New for the 2021-22 School Year

All PPS students eat breakfast and lunch for FREE. Students will receive 1 breakfast and 1 lunch per day. Menu information, along with allergy and carbohydrate counts can be found at <u>www.pps.net/nutrition</u>

Benson is a CEP school for the 2021-22 school year and we are not allowed to process lunch applications for CEP sites because all students enrolled at CEP sites automatically qualify for free meals and are eligible for a letter they can use for discounts such as sports fee waivers, bus passes, etc without an application. If a family has students at other schools that are NOT CEP or if your student transfers to a NON-CEP school you can apply here: <u>https://www.schoolcafe.com/pps</u>, if you want a copy of a letter for your Benson students you can request one here: <u>mealbenefits@pps.net</u>.

Households financially impacted by the Coronavirus (COVID-19) may be able to qualify for The Supplemental Nutrition Assistance Program (SNAP). SNAP offers food benefits to eligible, low-income individuals and families. Find out if you are eligible and how to apply for food benefits by clicking <u>here</u>. For more information or support, please contact the Nutrition Services department at <u>503-916-3399</u> or <u>nutritionservices@pps.net</u>

PPS Nutrition Services