

Please be sure to follow me on Twitter

@BensonTechPride

Please be sure to go to the BHS Website at www.bensonhs.net for school information as it becomes relevant.

Athletics

Please be sure to download our Trivory App for up to the minute dates and game times regarding athletics.

January 3rd 2022

BHS Families,

I hope that you and all of your loved ones had a chance to enjoy the two-week winter break and are now focused on closing out the first semester of the school year. I know that there are going to be many questions regarding COVID-19 and the current uptick of the Omicron virus and with that being said please note that I am attaching the District message from our Deputy Superintendent Shawn Bird who sent out a message to all PPS families earlier Sunday evening. Hopefully many of your questions can be answered from Mr. Bird's message to the community. If you still have clarifying questions please don't hesitate to email me at cwilson@pps.net and I will try my best to answer your questions to the best of my ability.

Thanks and Welcome Back!!

A Message From Benson's Social Media Coordinator Joshua Reddy

Hey Tech family, senior photos and quotes are due January 21st, 2022, senior quotes must be school appropriate and you can submit your photos by using this link https://forms.gle/rjcSN4RTu2usi349A please email jreddy1201@student.pps.net if you have any questions or any problems submitting photos and quotes.

Joshua Reddy (he/him)
Social Media Coordinator
jreddy1201@student.pps.net

A Message from Benson's Athletic Director Mat Clark

For all PIL/PPS Events you are required to provide the following when you arrive:

--Proof of Vaccination (12 and Up)

OR

- --Proof of Negative COVID Test within 72 hours of the attending (12 and Up)
 AND
- --A ID that matches with the name on the vaccination card/negative test
- -- Masks are required at all times unless actively eating or drinking

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Mat Clark Athletic Director Benson High School--PPS/PIL 503-916-5100

A Message from Benson's Career Coordinator Miranda Ryan

Career Corner Communication SENIORS-Personal Learning Requirements:

This is a reminder to get your Personal Learning Requirements in as soon as possible.

- My Plan Response is due by January 28, 2022
- Resumes are due February 18, 2022
- Career Learning Reflections 1 and 2 are due by March 18, 2022

Please go<u>here</u> to learn more about each requirement and how to submit it. If you have any questions, feel free to make an appointment (virtual or in-person) with Mrs. Ryan<u>here</u> or stop by the career center. The center is open Monday through Friday from 8:00-4:30.

Career Learning Opportunities:

Enterprise Academy:

This is a program where students can network with local CEOs and business leaders, learn leadership and team collaboration skills, as well as add to their resumes.

When and Where?

This weekend-long event starts ON FRIDAY MARCH 4TH, 2022, AND ENDS ON SUNDAY MARCH 6TH, 2022 at CAMP KURATLI (24751 OR-224, BORING, OR 97009). Transportation to and from Camp Kuratli will be provided.

WHAT'S IN IT FOR ME?

Over the course of one weekend, you will work in a team with other local high school students to:

- Create a product
- Get advice from local business leaders
- Write a business plan

Learn how to pitch your plan and product

HOW TO REGISTER?

Go to this link to register NOW! https://bit.ly/EnterpriseAc-2022

DEADLINE TO REGISTER?

THE DEADLINE FOR APPLICATIONS IS JANUARY 30, 2022.

A Message from Benson's Career Coordinator Miranda Ryan

ZAP Program:

Paid internship at the **Oregon Zoo.** The ZAP program, Zoo Animal Presenters, is a three-year internship for youth ages **15-16** with a focus on recruiting teens of color and marginalized teens. ZAP members create and provide programming on zoo grounds for community-based organizations, explore zoo careers through informational sessions and job shadows, explore local natural areas, and learn about animals, the outdoors, and conservation.

The ZAP program provides training and mentoring with a positive youth development approach. This is a great opportunity for youth who have an interest in conservation, working with children and/or animals. We are especially looking for the youth of color and bilingual applicants.

ALL applications are due by January 25th, 2022 at 5 pm Applications can be mailed to the zoo, scanned, and emailed or youth can complete an online application using these links.

ZAP Program Application bit.ly/ZAPApp2022
Reference https://bit.ly/ZAPRef2022

Paid Internship

PSU Eagles Program and Scholarship: EAGLES Scholarships are open to first-time freshmen students who meet the following criteria: A 3.0 GPA (GPA of 2.75-2.99 may be considered under certain circumstances)

PELL Grant eligible/low income Committed to majoring in one of the STEM studies areas

Aspire for a career in environmental science, management, or engineering Apply <u>HERE</u>

Contact Information:

Miranda Ryan

Work Cell: 503-312-2774

Modernization Update

If you would like to see pictures of the Modernization Project happening on the Benson Tech Campus on 12th street please click on the link below.

https://www.flickr.com/photos/41430185@N08/sets/72157720108908045/

Dan Malone

VP, Modernization

Benson Polytechnic HS at Marshall Campus

Math Tutoring Now Available

Parents/Guardians please note that if your student needs support in Math that Benson Tech will now be offering Math support. Please click on the link below for specific details.

https://docs.google.com/document/d/1PjOOK-t7JZ-MgGb3ZDNC4g8R0RXfCbX3myGct73PIUI/edit?usp=sharing

BHS Math Department

AP Tutor Support

Here is a support video - a <u>quick overview of Tutor.Com</u> for students & families. This is a free, personal tutoring 24/7 service in all AP classes with experienced, professional tutors!

Tara Harding

TOSA for AP at PPS

A Message from Benson's Kia Swain

Hello Benson Tech Students and Families,

If your student receives Special Education Services, you may be interested in attending a virtual conference to learn about resources, supports and services to assist your child transition out of high school.

Please check out the information below and review the attached flyer for further information. If you have any questions, please let me know.

Save the Date!

Join us for the Transition to Adulthood Virtual Conference! January 29th from 8:30am to 1:30pm.

More information and registration coming soon!

Mrs. Kia Swain
Youth Transition Program
Career/Transition Coordinator
Benson & Roosevelt High School
Work Cell- 971-413-9588

A Message from Kathleen Reid (College Counselor/AVID Coordinator)

Benson Students and Families,

Please click <u>HERE</u> for a copy of the most recent College Newsletter which includes up-to-date information on college applications, visits, financial aid, and scholarships.

Kathleen Reid (she/her)

College Counselor/AVID Coordinator/School Counselor

Benson Tech High School/Jefferson High School

Benson College Info Webpage

kreid@pps.net

971-238-8322

BENSON STUDENTS set up an appointment with me HERE

A Message from the Benson Tech Counselors

Hey Benson Techsters: Do you speak, read, and write fluently in another language and need world language credit? The STAMP test is a world language assessment in which native speakers can earn up to four (4) world language credits. STAMP test registration is now open. Please come down to the counseling department to register.

Dates and times are on the PPS STAMP website https://www.pps.net/Page/2338

Christy Wheeler School Counselor Students with last name P-Z She/Her 503-916-5100

https://bensonhs.net/

https://sites.google.com/pps.net/bensontechcounseling/home

Pre-Order of Yearbooks

It's time to pre-order a yearbook! A yearbook is the perfect way to commemorate your high schooler's experience! Pre-order your yearbook now starting at \$45 by using the link below.

https://pps.schoolpay.com/pay/for/Benson----Yearbook-for-2021----2022/Sel3EZE For questions please contact lke Prahl at iprahl@pps.net

Ike Prahl

Yearbook Advisor

A Message from Caroline Bleckmann/Benson's Social Worker & Wellness Center Coordinator

Wellness Center resources to help with COVID-19

COVID relief for youth in Foster Care

PGE Bill help

NW Natural Bill help

Pacific Power

Benson Drug and Alcohol counselor Ashley Cohen

<u>Culturally specific (Latine/x & Black) Drug and Alcohol services/support</u>

Sincerely,

Caroline Bleckmann, LCSW, She/her

School Social worker, Benson Polytechnic High School

For all meeting requests click here or use google calendar for PPS employees

Benson Wellness Center

Cell/Non-urgent texting: 503-729-3486

Monday-Friday, 8-4:00

How can the School Social Worker help me?

Outside of office hours, if you or your loved one is experiencing a mental health crisis, please call the Multnomah County Crisis line at 503-988-4888.

Check out the Youth Resource App!

A Message from Nutrition Services

New for the 2021-22 School Year

All PPS students eat breakfast and lunch for FREE. Students will receive 1 breakfast and 1 lunch per day. Menu information, along with allergy and carbohydrate counts can be found at www.pps.net/nutrition

Benson is a CEP school for the 2021-22 school year and we are not allowed to process lunch applications for CEP sites because all students enrolled at CEP sites automatically qualify for free meals and are eligible for a letter they can use for discounts such as sports fee waivers, bus passes, etc without an application. If a family has students at other schools that are NOT CEP or if your student transfers to a NON-CEP school you can apply here: https://www.schoolcafe.com/pps, if you want a copy of a letter for your Benson students you can request one here: mealbenefits@pps.net.

Households financially impacted by the Coronavirus (COVID-19) may be able to qualify for The Supplemental Nutrition Assistance Program (SNAP). SNAP offers

food benefits to eligible, low-income individuals and families. Find out if you are eligible and how to apply for food benefits by clicking here. For more information or support, please contact the Nutrition Services department at 503-916-3399 or nutritionservices@pps.net **PPS Nutrition Services**