

Please be sure to follow me on Twitter

@BensonTechPride

Please be sure to go to the BHS Website at www.bensonhs.net for school information as it becomes relevant.

Parents/Guardians
please be sure to
download the Trivory
App for up to date
information regarding
Benson Tech. This is a
great communication
tool for Benson Tech
and we highly
encourage all
parents/guardians to
stay connected with
the school by
downloading the app.
https://trivory.com/

Principal Wilson

March 14th 2022

HOSA State Leadership Conference

Oregon HOSA State Leadership Conference was held on March 10 - 12th, 2022 in Portland, OR. Students from various high schools competed in health science related events, both individual and in teams. Students who attended the Oregon HOSA Conference worked very hard to prepare. Please congratulate Jackeyln Mercado for winning 3rd place in Medical Spelling and Clio Tzetos and Violet Meyers for winning 1st place for CPR/First

Aid. Jackelyn, Clio, and Violet are eligible to compete in their event at the HOSA International Leadership Conference which will be held in Nashville, Tennessee in June.

Irynne Padua Health Science Instructor Asian Cultural Club Advisor HOSA Advisor

Women's Basketball

Congratulations to the Benson Tech women's basketball team for taking 4th place in the state tournament this past weekend at the Chiles Center. The Lady Techsters had a fantastic season and we look forward to watching them play again in the Chiles Center next Spring.

Benson Tech Athletics

Garden Club Meeting

Garden Club will meet Monday at 3:45. Meet in the courtyard garden. If it's raining, meet in room C-6. Come dig in the dirt and help design the spring garden. Let's grow food for everyone! *Willow Weir-Mayorga*

AP Tutor Support

Here is a support video - a <u>quick overview of Tutor.Com</u> for students & families. This is a free, personal tutoring 24/7 service in all AP classes with experienced, professional tutors!

Tara Harding
TOSA for AP at PPS

A Message from the Benson Tech Boosters

Hello Benson Tech fans!

Our teams have just come off an incredible season!

The **Lady Techsters Basketball team** placed 4th in state, despite a late season injury. They had a 23-5 (16-0 league) record with a ridiculously competitive schedule. With only 3 seniors graduating, and full JV and JV2 teams, we can look forward to more excitement in the future for these ladies!

The **Techsters Men's Basketball team** went to state, with a 14-11 (9-7 league) record. They even made the news with their story:

https://www.kptv.com/2022/02/28/benson-polytechnic-senior-described-true-leader-boys-basketball-team/.

This great momentum with full JV and Frosh teams also projects an exciting future!

The **Wrestling team** had more State Qualifiers than in decades under a new coaching team:

Simon Shulevitz (12) won district at 126lbs

Bryan Yanase (12) qualified at 138lbs

Dennis Jacob (11) qualified at 152lbs

Eamon Folkerth (12) qualified at 170lbs

Angel Werner (10) qualified at 235lbs

The Benson TechBoosters hope to also build on this great momentum, and are hoping YOU can join us at our monthly meeting this Thursday night.

Benson TechBoosters is the inclusive community of parents, alumni and friends that support ALL aspects of life at Benson Tech.

We need new faces to help us organize events and support our Benson Tech community as opportunities start to open up again over the next few months, including:

- Teacher Appreciation week
- Senior Athlete recognition event
- Ready, Set, Go Tech! athletics fundraiser

Please join us to hear what we're up and how we could use your help THIS Thursday (St Patty's Day) 7-8PM from the link on our website:

www.bensontechboosters.org

If you are having trouble getting into the link, please text me at 503-784-5108. Lisa Yanase

Go Tech!
Benson TechBoosters
Building Community
bensontechboosters@gmail.com

A Message from Kathleen Reid (College Counselor/AVID Coordinator)

Please check out Benson's <u>College Newsletter</u> which is full of information on upcoming events, scholarships, and other information related to college and planning for life after Benson.

Kathleen Reid (she/her)
College Counselor/AVID Coordinator
Benson Tech High School
Benson College Info Webpage

Call/Text 971-238-8322

Set up an appointment with me <u>HERE</u>

A Message from Benson's Yearbook Advisor Ike Prahl

Dear Parents and Students,

If you have not yet placed an order for the Yearbook, you may still do so while supplies last. Now that the pre-order window is closed, the Yearbook will be \$50.00. The order form is found here: https://forms.gle/UwH5K6G7fnmimP5x5

Please submit your senior photo and quote to: https://docs.google.com/forms/d/e/1FAIpQLScCLpJNiy_hV-h_kZMF5Vbz0UQYVSQF0FutPh2KEYD8Byr6HA/viewform? vc=0&c=0&w=1&flr=0 by January 21st. If you do not want to have a custom senior picture your school portrait will be used, but it is asked that you still submit a quote.

Ike Prahl Yearbook Advisor

Math Tutoring Now Available

Parents/Guardians please note that if your student needs support in Math that Benson Tech will now be offering Math support. Please click on the link below for specific details.

https://docs.google.com/document/d/1PjOOK-t7JZ-MgGb3ZDNC4g8R0RXfCbX3myGct73PIUI/edit?usp=sharing

BHS Math Department

A Message from Benson's Athletic Director

ATTENTION STUDENTS AND PARENTS...Registration for Spring Sports at Benson is currently ongoing right now. Spring Sports includes Track, Baseball, Softball, Golf and Tennis.

Go to <u>bensonathletics.net</u> and click on "registration" at the top of the page so you can get registered, fees paid, and cleared. When doing this you will need to upload a copy of your current physical. Spring sports starts on Monday February 28th! Go Tech!

Mat Clark
BHS Athletic Director

Attention All Benson Students! VERSELANDIA IS COMING!

Interested in performing your original poetry?

Compete against other poets from around the district to win recognition and prizes.

Come to our first meeting on March 16 during flex in the Library.

Need more information contact:

Ms. Bruer in Room C-7 or Ibruer@pps.net

Mr. Larson in the Library or clarson2@pps.net

Free Urgent Dental Clinics

Please see the attached flyer to learn about free dental care for families who do not have dental insurance.

Patty Locke BHS School Nurse

A Message from the Benson Tech Boosters

Looking for volunteer opportunities?

You can find current volunteer opportunities on our Benson TechBoosters
website. We're gearing up for spring season concessions, so watch for additional opportunities!

Also, stay tuned for the upcoming **Ready, Set, Go Tech!** fundraiser as well as **Teacher Appreciation Week**. Details to follow in the near future.

As always, please reach out with any questions.

Go Tech!

-Benson TechBoosters

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Elizabeth O'Malley

Testing Announcements

For all Juniors please note that SAT testing will be April 13th, 2022. The test will be here at Benson Tech on the Marshall Campus. If you plan on taking the test here at Benson Tech you do not need to do anything. All registration will be handled through the school and is automatic for all Juniors.

If your student would like to know what's on the test they can review the information on the link here college board What's on the test.

And if they would like to do some prep for the test please note that Khan academy has test prep for the SAT here Khan Academy SAT test prep

Please feel free to email me if you have any questions about the SAT test.

Jessica Murchison

She/Her/Hers

Interim Instructional Specialist

Teacher & Testing Coordinator

503-916-5100

imurchis@pps.net

A Message from Benson's Kia Swain Special Education Transition Coordinator

Each below opportunity can support HS students with disabilities. You do not need to be on an IEP or 504 plan to participate.

Also, each below opportunity is a paid.

Climate Justice Digital StoryTelling- Full Virtual Cohort on Tuesdays 1/25- 3/15

This cohort will focus on Developing Stories through Digital media: Stories about Us, Our Communities, Our love of the environment, and Our love of Justice. We use ALL WE CAN SAVE, Design as Protest, Trauma Informed Care, Black Space
Manifesto and Critical Race Theory as our foundations. Projects are youth determined, and youth developed, focusing on multimedia storytelling. Participants will learn about Audio, Video and Graphics as tools to share climate justice stories.

Digital StoryTelling Details:

When: Tuesdays 4-6pm in January - February 1/25, 2/1, 2/8, 2/15, 2/22, 3/1,

3/8 & 3/15

Where: ZOOM Room

Who: BIPoC and LGBTQ+ centered youth ages 14-20

Compensation: Students receive a stipend of \$250 for 8 sessions

APPLY For Digital Storytelling BY 1/15/2022

Mrs. Kia Swain
Youth Transition Program
Career/Transition Coordinator
Benson & Roosevelt High School
Work Cell- 971-413-9588

A Message from Benson's Kia Swain Special Education Transition Coordinator

\$5,000 Scholarship for Someone on the Autism Spectrum to Further Their Education

Submissions Now Open! Deadline 3/25/22

https://johnscrazysocks.com/pages/autism-can-do-scholarship

The winner of the 2022 Autism Can Do Scholarship will not only receive the \$5,000 grant but John's Crazy Socks will create the winning sock design and sell it in our online store!

Online Social Group? Autism Society of Oregon

o March 19th @ 1:00 pm - 2:30 pm

O The group meets on the 3rd Saturday of each month from 1:00 - 2:30 pm and is designed to support autistic teens with communication, perspective taking, and social skills in a fun and engaging Zoom environment. The Teen + Parent group is led by Danitza Galvan, who has a master's degree in Early Intervention/Special Education and who is the parent of a teen on the autism spectrum.

Registration link:

https://autismsocietyoregon.org/event/parent-teen-online-social-group-meeting-online/2022-03-19/

INFORMATIONAL RESOURCE - Traveling can be difficult. NEW – A SENSORY ROOM @ The Portland International Airport (PDX).

https://www.flypdx.com/Accessibility

https://www.pdxmonthly.com/travel-and-outdoors/2022/01/pdx-airport-sensory-room-autism-anxiety

A Message from Benson's Career Coordinator Miranda Ryan

SENIORS-Personal Learning Requirements:

This is a reminder to get your Personal Learning Requirements in as soon as possible.

- My Plan Response was due by January 28th, 2022 (submit Here)
- Resumes were due February 18th, 2022 (Submit Here)
- Do you need help writing your resume? Sign-up for one of these workshops using the following link: https://bit.ly/Resume-2022
- Workshops take place on Apr 13th, 2022,
- Career Learning Reflections 1 and 2 are due by March 18th, 2022
- Check the newsletter for career events or Trivory to fulfill the event requirement. After the event, fill out the CRLE Form (CRLE Form Here)
- Please go <u>here</u> to learn more about each requirement and how to submit it. If you have any questions, feel free to make an appointment (virtual or in-person) with Mrs. Ryan <u>here</u> or stop by the career center. The center is open Monday through Friday from 8:00-4:30.

A Message to our Seniors from Career Coordinator Miranda Ryan

Seniors please be sure to download Benson's new Communication App Trivory. Trivory is Benson's latest communication tool that will have the most recent graduation and school information at your fingertips. Please click on the link and download the app today. Parents can also download the Trivory App as well for up to date information regarding Benson Tech.

https://trivory.com/

Contact Information:

Miranda Ryan

Work Cell: 503-312-2774

mryan1@pps.net